

PE/CIF Athletics Credit Policy



2017-18

Goals

- Address inequity and inconsistency in 8th period and 6th period sports
- Improve supervision and safety of students
- Incorporate off season athletic participation
- Evaluate Health unit requirement

Gathered input from stakeholders

Parents

Coaches

PE teachers

Athletic Director

Site and District Administration

Similar and neighboring schools

Rio Hondo League partner schools.

What will the athletes experience?

Students who try out and make a team will be registered to a 6th period PE class.

We will attempt to have all tryouts for sports occur during the summer so students and counselors can confirm their schedule of classes for the year.

When the season officially starts, students will be moved from the PE class roster to coach's roster.

In season experience for athletes

Students will attend practice as scheduled by coach during season.

Students may have 6th period release during season.

When season has completed, students will return to PE class to complete the semester and receive 5 units of PE.

PE class experience for athletes

Students will meet four times per week, each day period 6 is in session.

Students will have one or more days dedicated to a study hall, where they will be able to work in a supervised learning environment.

Groups will take a 4-week Health class.

Grade?

The final PE grade each semester will be determined through communication between the PE teacher and coaches, resulting in a combination of sport and PE class performance.

How many in 6th period?

We anticipate 5 PE/Athletic classes and 1 study hall each day.

This includes the Football, Basketball and Wrestling teams.

We have confirmed our facilities can support these classes.

Health requirement

Athletes will have the opportunity to complete the Health requirement in PE class with an improved 4 week class taught by a credentialed teacher.

Even dual sport athletes will have a full month off-season time and be enrolled in the PE class where the Health curriculum will be taught.

How will we implement this program?

Gradually

These changes will be in effect starting from the incoming 9th graders, Class of 2021.

Classes of 2018, 2019 and 2020 will be held to the current policies throughout their years at LCHS.

How will this be communicated to students and parents?

This policy was communicated to parents via email by LCHS administration at the end of 1st semester.

It will be included as part of the registration reference materials that students and parents will use to select classes for academic year 2017-18.

It will also be shared with students during the counselor led, class-based registration meetings.

In conclusion, we will:

- ✓ Reduce inequity and inconsistency in 8th period and 6th period sports
- ✓ Improve supervision and safety of students
- ✓ Incorporate off season athletic participation
- ✓ Deliver upgraded Health course content

Questions?