

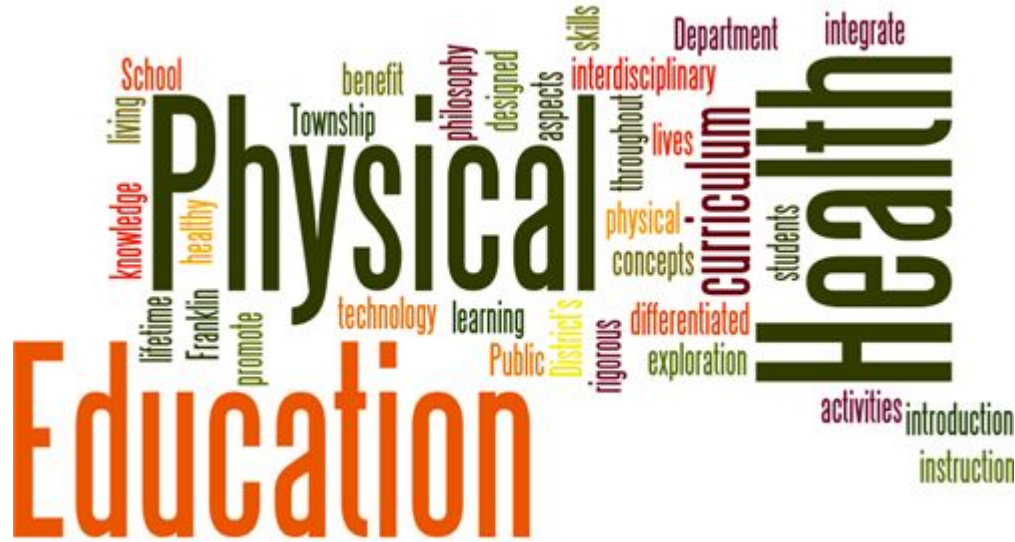
# **Sexual Health Curriculum Parent Education**

Alicia Heneghan, Director of Curriculum and Instruction  
Julienne Nakano, SMFC Physical and Health Education TOSA



# Education Code

2015 CA Healthy Youth Act - Comprehensive Sexual Health Education for schools



# Instructional Materials & Training

**7th grade** - implementation began in 2015 *Teen Talk*

**5th grade** - implementation began in 2016 *Puberty Talk*

## Teacher support

- Training on all materials
- New teacher training
- Parent workshops



# Parent Workshops 2018

## 5th grade

Adult workshop - overview of *Puberty Talk* curriculum with Julianne Nakano

- 140 participants (February 1st)

Adult/child interactive workshop - “Puberty Talk” *Health Connected* trainer

- 120 participants (February 20th)

## 7th grade

Adult workshop - overview of *Teen Talk* curriculum with Julianne Nakano (March 1st)

Adult workshop - “Teen Talk” *Health Connected* trainer (March 29th)

# What teachers and parents say about *Puberty Talk* curriculum and workshops

*“...it takes the “scary” out of puberty. Also, the students are empowered by knowledge of their bodies and what’s going on with them”.*

5<sup>th</sup> gr teacher, Foster City Elementary

*I think it (curriculum) is awesome!! It promotes discussion and openness not only in the classroom environment, but it really helps open the lines of communication at home which is crucial.*

*-5th grade teacher Beresford Elementary*

*“I think how babies are made is the best!!!” -5th grader*

*“It lets me know what is happening to my body” -5th grader*

*“Overall, I love the curriculum as it covers the mandatory topics that are important to kids. I am glad that our district is implementing these lessons”.*

*-Brewer Island Parent*

**Questions?**