



# Late Start Schedule Review and Recommendation

Governing Board - May 8, 2018  
Jim Cartnal, Student Services



# Challenge Success - Later Start Schedule



STUDENTS' SCHEDULE  
& USE OF TIME



PROJECT & PROBLEM-BASED  
LEARNING



ALTERNATIVE & AUTHENTIC  
ASSESSMENT



CLIMATE OF CARE



EDUCATION FOR THE  
WHOLE COMMUNITY

# Student's Schedule Use of Time

- Modified block schedule
- STEP/Homeroom
- Late Start Schedule
- Semester Ends before Winter Break
- No Summer Assignments
- Student for a Day Experience



STUDENTS' SCHEDULE  
& USE OF TIME

# Late Start Oversight Committee

- LCAP Goal 3C - Create an oversight committee to monitor the progress and outcomes resulting from the LCHS 7-12 8:30 a.m. school start time initiative.
- Comprised of 7-12 Faculty, Parents, Students, Administrators
- Met February - March, 2018
- A Key Challenge Success Initiative

# Continue Late Start Schedule

- The Late Start Oversight Committee recommends that the Late Start Schedule Continue Moving Forward
- Key Student Groups Experienced Challenges that Can Be Resolved in 2018-19
  - Softball
  - Wrestling
  - Girls' Water Polo
  - Students with Early Drop Off

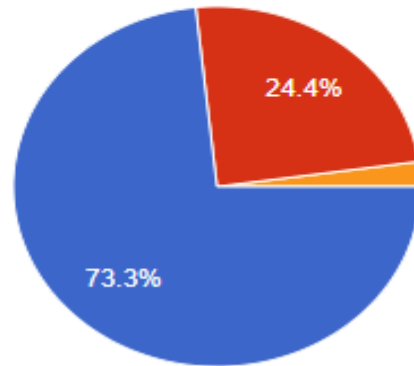
# Outreach - Students, Parents, and Staff to Listen and Learn about Late Start

- IRC Visitations to Conduct Student Interviews
- Sport Teams Visitations
- PTSA Presentations on Challenge Success
- Surveys:
  - 7/8 and 9-12 Faculty - November 2017
  - 7-12 Support Staff - November 2017
  - 7/8 and 9-12 Students - September 2017/February 2018
  - 7/8 and 9-12 Parents - September 2017/March 2018

# 9-12 Faculty Perspective - November 2017

Are you satisfied with the later start schedule?

45 responses

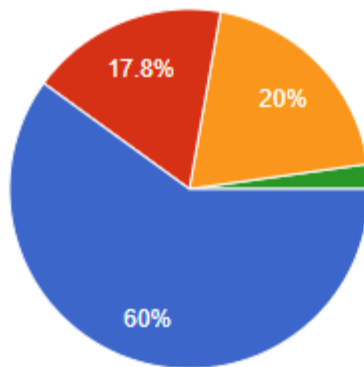


- Yes
- No
- It does not matter to me, as I am fine with either the 7:45 am or 8:30 am start time.

# 9-12 Faculty Perceptions - November 2017

I believe that starting school at 8:30 am is ....

45 responses



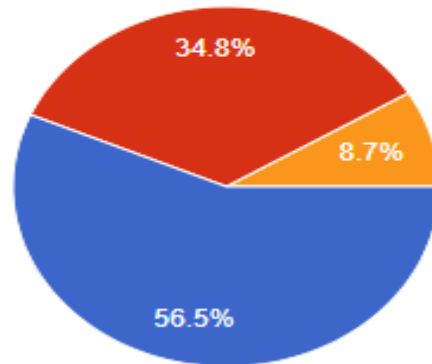
- beneficial for teachers.
- not beneficial for teachers.
- neither helpful or harmful.
- It has its positives and negatives. I feel more alert and prepared each morning, but I often don't leave until 4:30 or 5 which doesn't allow for as much extracurricular time for myself.



# 7/8 Faculty Perspective - November 2017

Are you satisfied with the later start schedule?

23 responses



● Yes

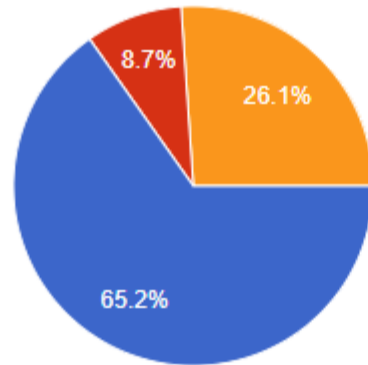
● No

● It does not matter to me, as I am fine with either the 7:45 am or 8:30 am start time.

# 7/8 Faculty Perceptions - November 2017

I believe that starting school at 8:30 am is....

23 responses

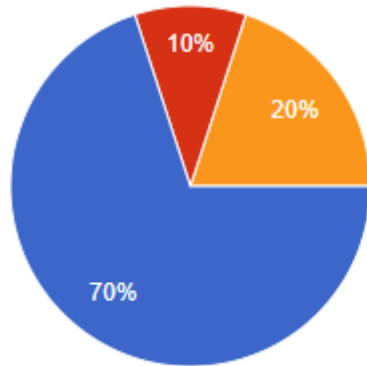


- beneficial for students.
- not beneficial for students.
- neither helpful or harmful.

# 7-12 Support Staff Perceptions - November 2017

I believe that starting school at 8:30 am is....

10 responses

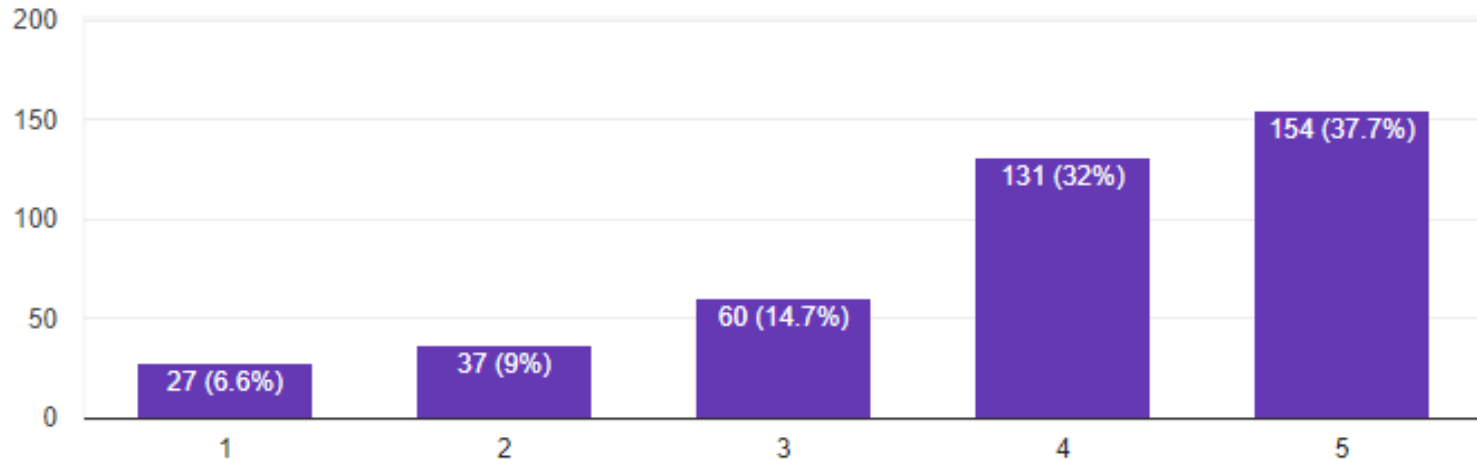


- beneficial for students.
- not beneficial for students.
- neither helpful or harmful.

# 9-12 Student Responses - October 2017

How satisfied are you with the later start schedule?

409 responses



# 9-12 Student Responses - February 2018

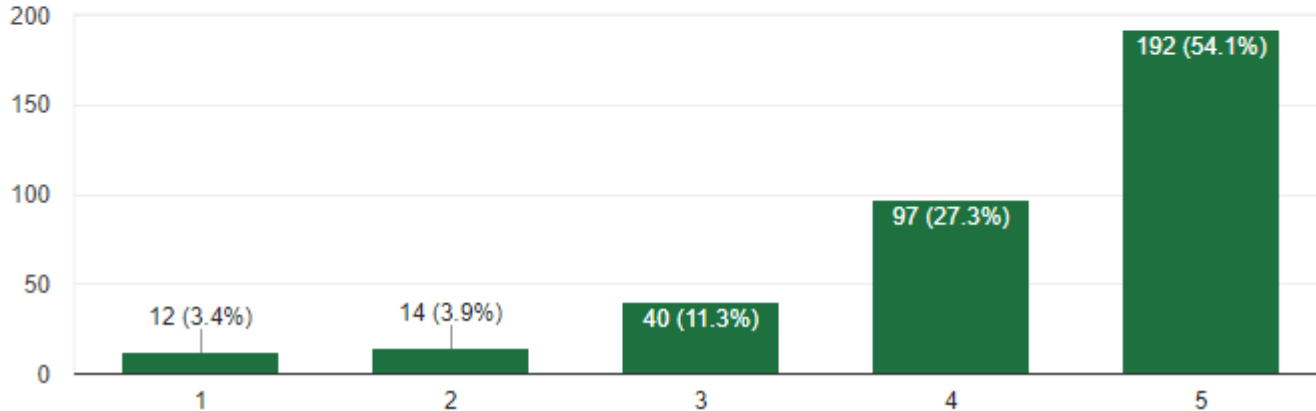
QUESTIONS

RESPONSES

355

How satisfied are you with the later start schedule?

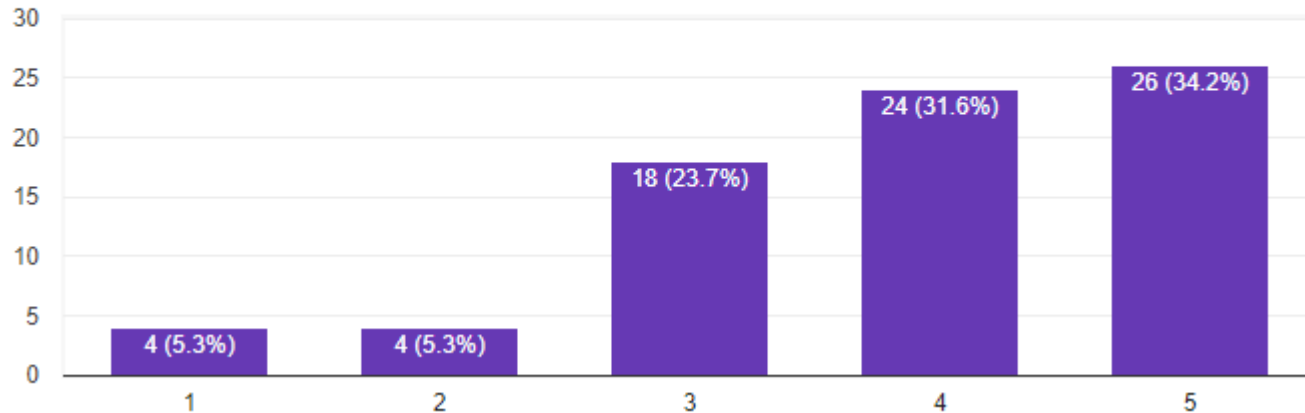
355 responses



# 7-8 Student Perceptions - October 2017

How satisfied are you with the later start schedule?

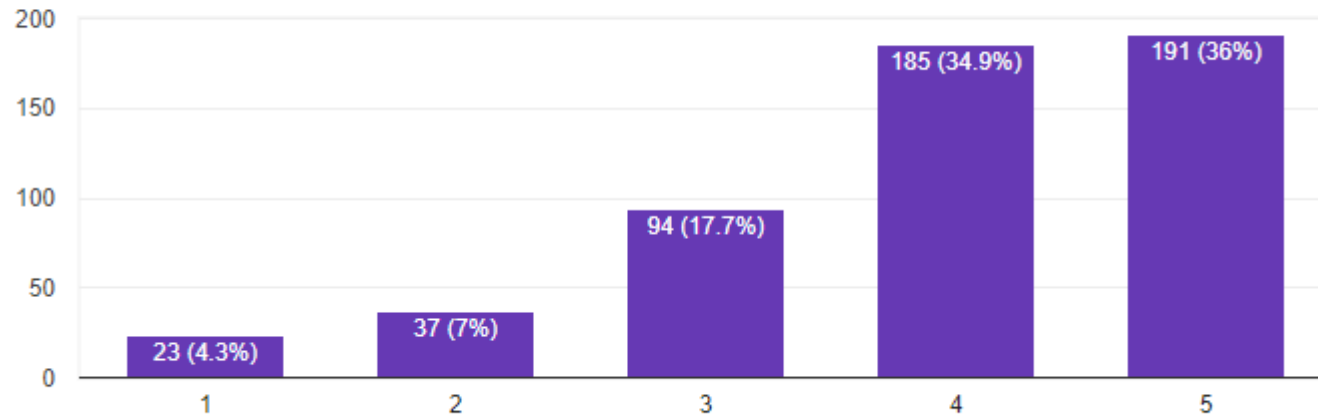
76 responses



# 7-8 Student Perceptions - January 2018

How satisfied are you with the later start schedule?

530 responses



# 9-12 Parent Responses - March 2018

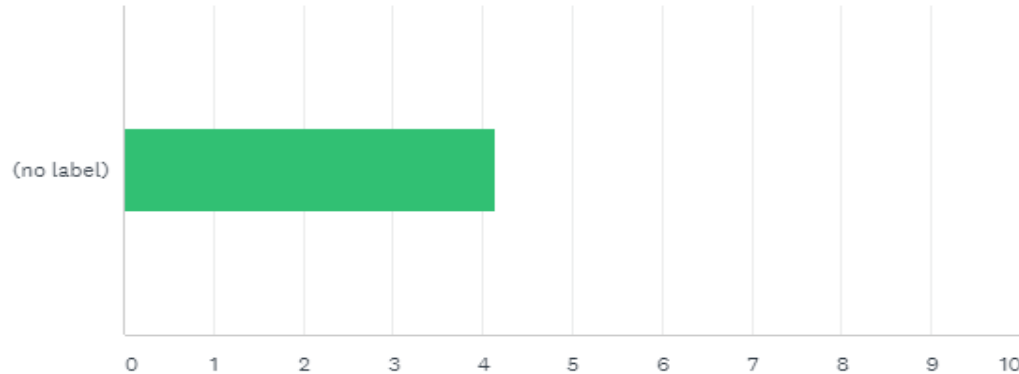
Q1

Customize

Export ▼

How satisfied are you with the current 8:30 am later start schedule?

Answered: 367 Skipped: 2



▼	VERY UNSATISFIED ▼	UNSATISFIED ▼	NEITHER SATISFIED OR UNSATISFIED ▼	SATISFIED ▼	VERY SATISFIED ▼	TOTAL ▼	WEIGHTED AVERAGE ▼
▼ (no label)	11.99% 44	5.18% 19	3.81% 14	14.44% 53	64.58% 237	367	4.14



# 9-12 Parent Survey - March 2018

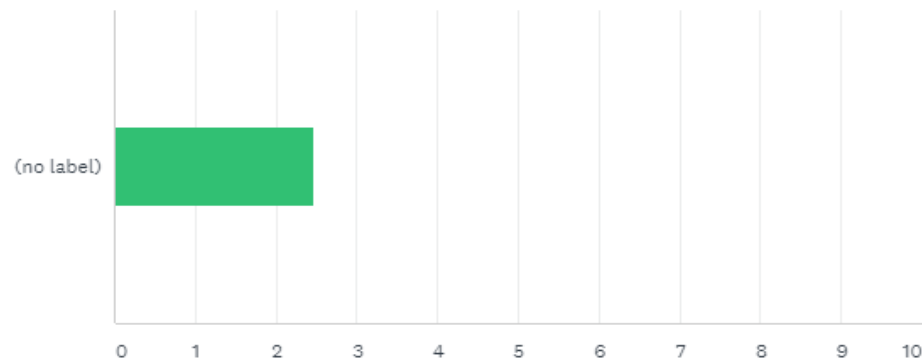
Q2

Customize

Export ▼

How satisfied were you with last year's 7:45 am school start schedule?

Answered: 367 Skipped: 2

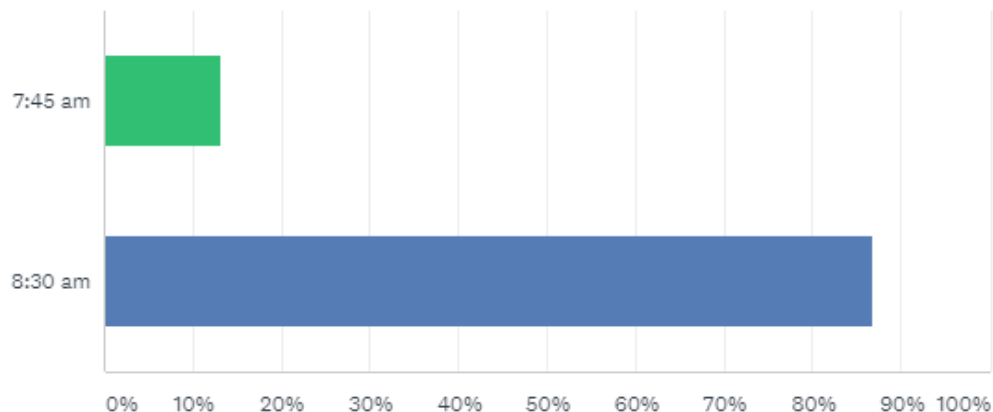


	VERY UNSATISFIED	UNSATISFIED	NEITHER SATISFIED OR UNSATISFIED	SATISFIED	VERY SATISFIED	N/A - AS MY STUDENT WAS NOT AT THIS SCHOOL LAST YEAR.	TOTAL	WEIGHTED AVERAGE
(no label)	22.62% 83	36.78% 135	18.53% 68	10.90% 40	8.99% 33	2.18% 8	367	2.46

# 9-12 Parent Survey - March 2018

For the 2018-19 school year, I recommend school starts at

Answered: 367 Skipped: 2

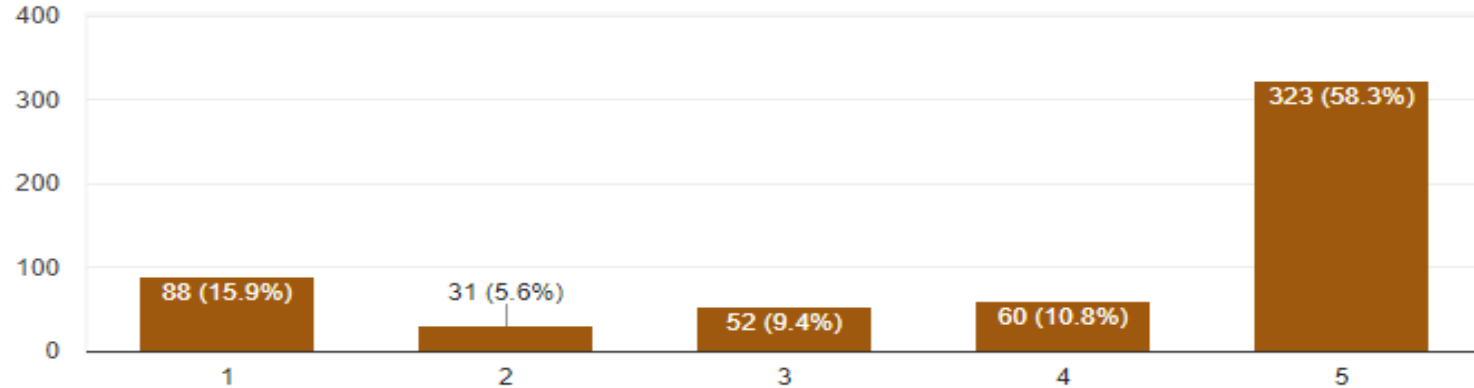


ANSWER CHOICES	RESPONSES	
7:45 am	13.08%	48
8:30 am	86.92%	319
TOTAL		367

# 9-12 Parent Responses - September 2017

How satisfied are you with the later start schedule?

554 responses



# 7/8 Parent Survey - March 2018

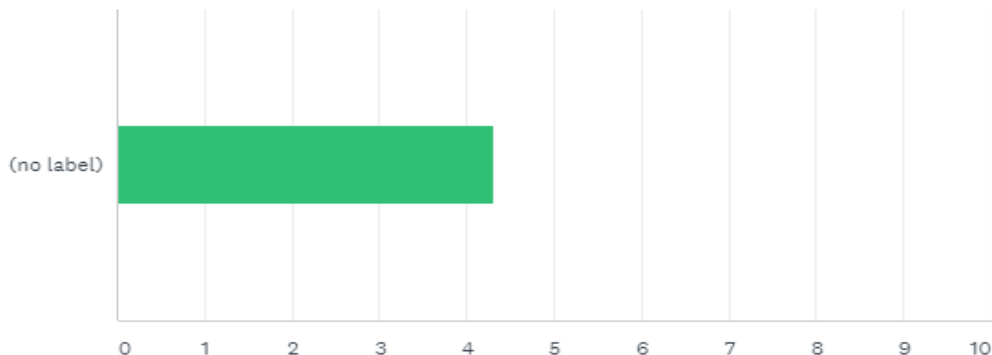
Q1

Customize

Export ▼

How satisfied are you with the current 8:30 am later start schedule?

Answered: 288   Skipped: 0



▼	VERY UNSATISFIED ▼	UNSATISFIED ▼	NEITHER SATISFIED OR UNSATISFIED ▼	SATISFIED ▼	VERY SATISFIED ▼	TOTAL ▼	WEIGHTED AVERAGE ▼
▼ (no label)	9.03% 26	5.21% 15	2.78% 8	13.19% 38	69.79% 201	288	4.30

# 7/8 Parent Survey - March 2018

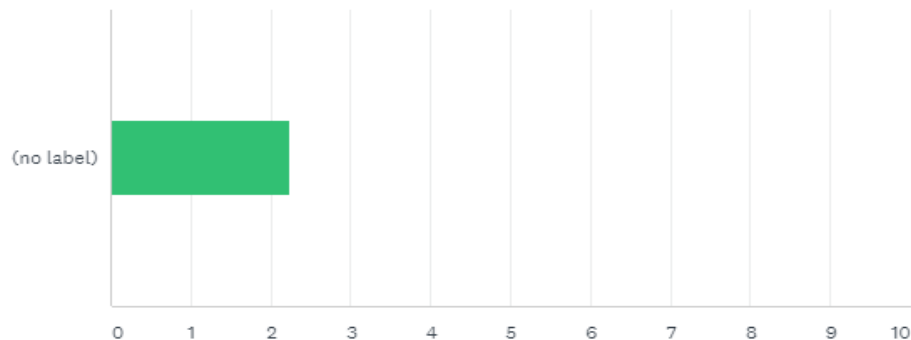
Q2

Customize

Export ▼

How satisfied were you with last year's 7:45 am school start schedule?

Answered: 288 Skipped: 0

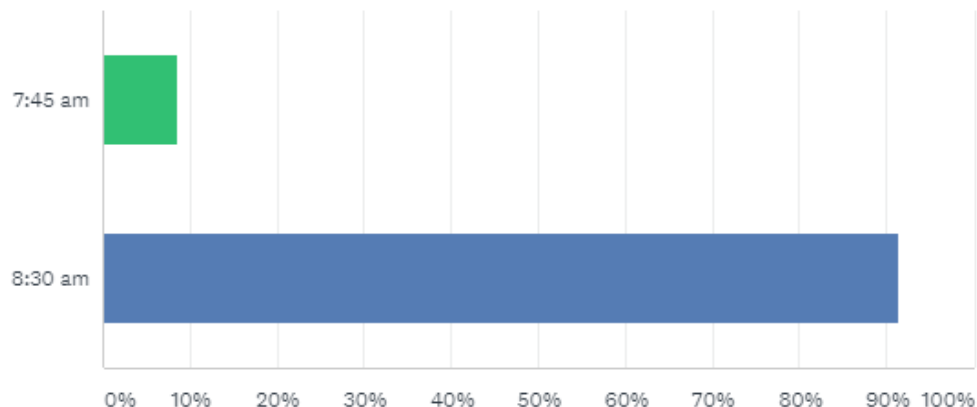


▼	VERY UNSATISFIED ▼	UNSATISFIED ▼	NEITHER SATISFIED OR UNSATISFIED ▼	SATISFIED ▼	VERY SATISFIED ▼	N/A - AS MY STUDENT WAS NOT AT THIS SCHOOL LAST YEAR. ▼	TOTAL ▼	WEIGHTED AVERAGE ▼
▼ (no label)	25.35% 73	26.39% 76	15.97% 46	7.99% 23	4.17% 12	20.14% 58	288	2.24

# 7/8 Parent Survey - March 2018

For the 2018-19 school year, I recommend school starts at

Answered: 289 Skipped: 0

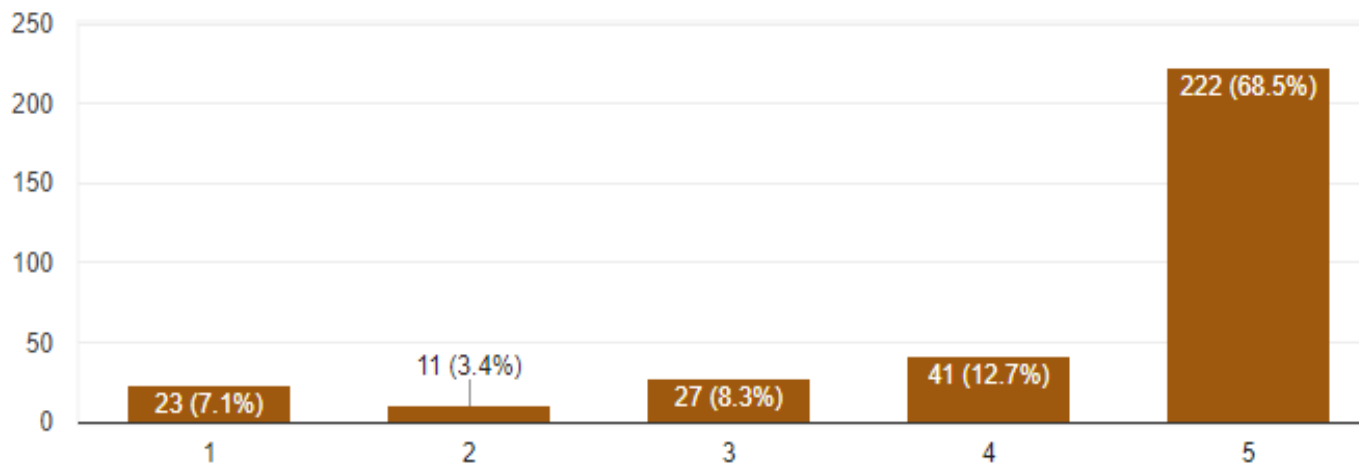


ANSWER CHOICES	RESPONSES	
▼ 7:45 am	8.65%	25
▼ 8:30 am	91.35%	264
TOTAL		289

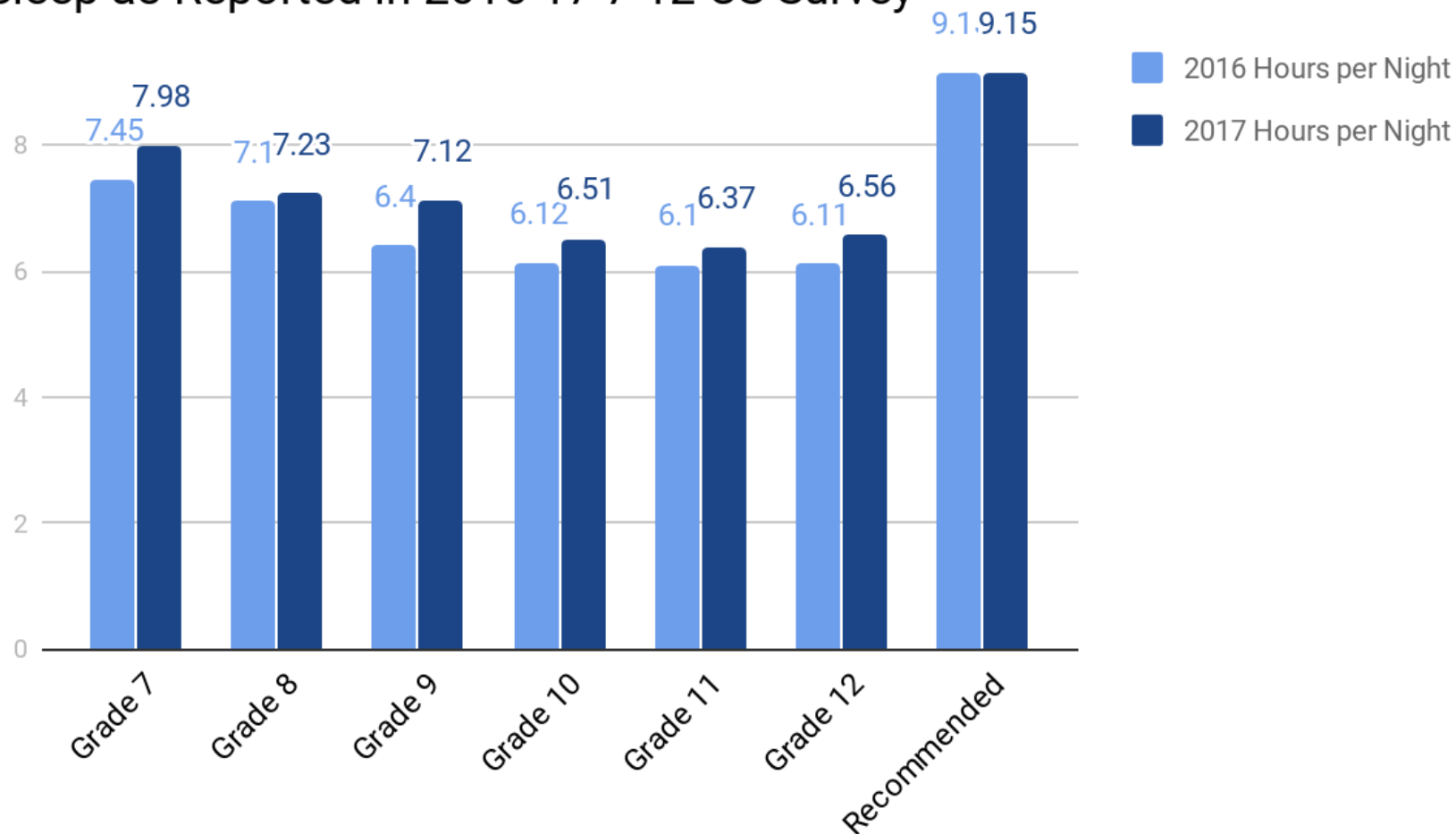
# 7/8 Parent Feedback - September 2017

How satisfied are you with the later start schedule?

324 responses

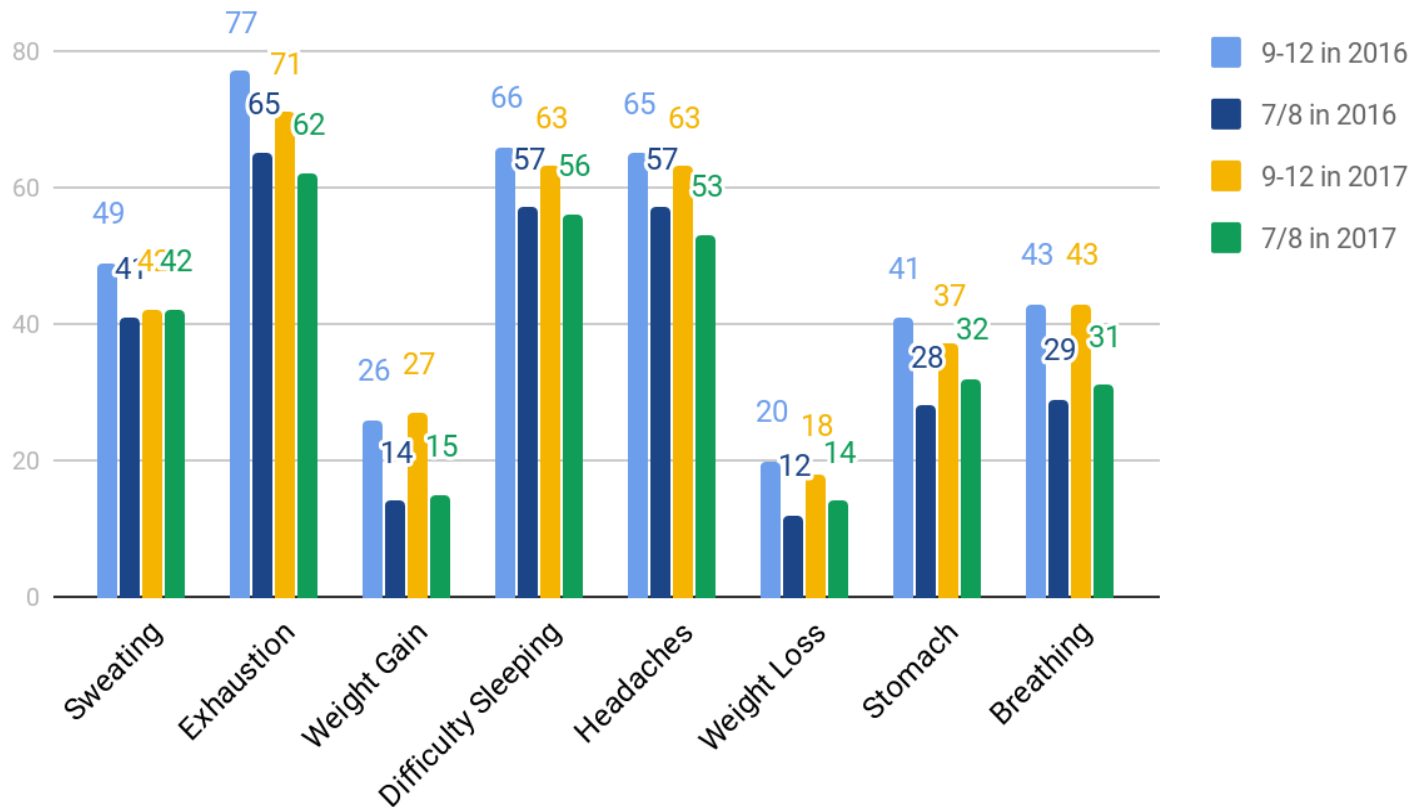


## Sleep as Reported in 2016-17 7-12 CS Survey

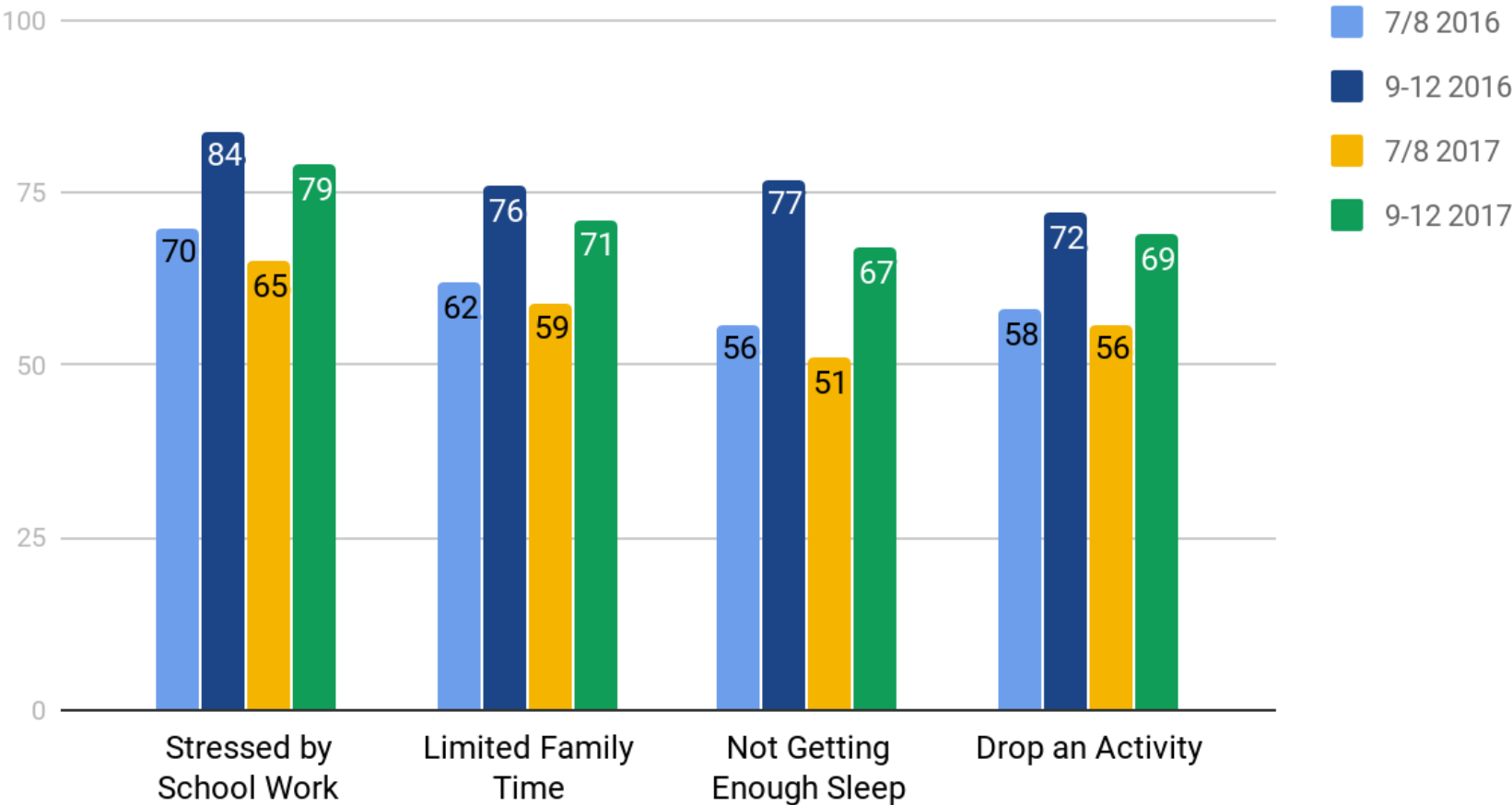




## 2016-17 LCHS CS Survey Results - Student Health and Well-Being



# Student School Stress and Academic Worries



# Continue Late Start Schedule

- The Late Start Oversight Committee recommends that the Late Start Schedule Continue Moving Forward
- Key Student Groups Experienced Challenges that Can Be Resolved in 2018-19
  - Softball
  - Wrestling
  - Girls' Water Polo
  - Students with Early Drop Off