



# Late Start Schedule Review and Recommendation

Governing Board - May 8, 2018  
Jim Cartnal, Student Services



# Challenge Success - Later Start Schedule



STUDENTS' SCHEDULE  
& USE OF TIME



PROJECT & PROBLEM-BASED  
LEARNING



ALTERNATIVE & AUTHENTIC  
ASSESSMENT



CLIMATE OF CARE



EDUCATION FOR THE  
WHOLE COMMUNITY

# Student's Schedule Use of Time

- Modified block schedule
- STEP/Homeroom
- Late Start Schedule
- Semester Ends before Winter Break
- No Summer Assignments
- Student for a Day Experience



STUDENTS' SCHEDULE  
& USE OF TIME

# Late Start Oversight Committee

- LCAP Goal 3C - Create an oversight committee to monitor the progress and outcomes resulting from the LCHS 7-12 8:30 a.m. school start time initiative.
- Comprised of 7-12 Faculty, Parents, Students, Administrators
- Met February - March, 2018
- A Key Challenge Success Initiative

# Continue Late Start Schedule

- The Late Start Oversight Committee recommends that the Late Start Schedule Continue Moving Forward
- Key Student Groups Experienced Challenges that Can Be Resolved in 2018-19
  - Softball
  - Wrestling
  - Girls' Water Polo
  - Students with Early Drop Off

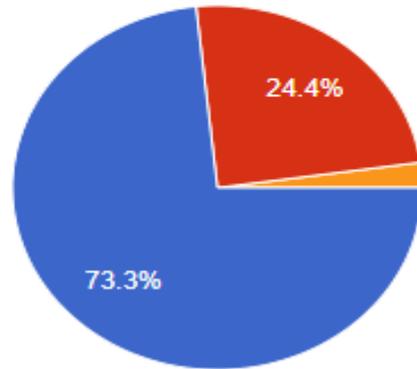
# Outreach - Students, Parents, and Staff to Listen and Learn about Late Start

- IRC Visitations to Conduct Student Interviews
- Sport Teams Visitations
- PTSA Presentations on Challenge Success
- Surveys:
  - 7/8 and 9-12 Faculty - November 2017
  - 7-12 Support Staff - November 2017
  - 7/8 and 9-12 Students - September 2017/February 2018
  - 7/8 and 9-12 Parents - September 2017/March 2018

# 9-12 Faculty Perspective - November 2017

Are you satisfied with the later start schedule?

45 responses

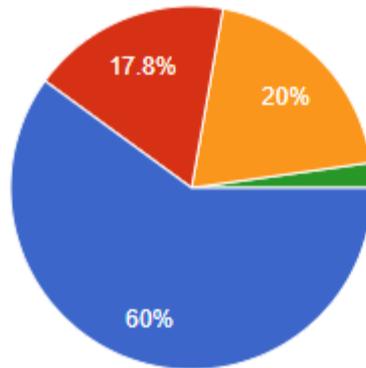


- Yes
- No
- It does not matter to me, as I am fine with either the 7:45 am or 8:30 am start time.

# 9-12 Faculty Perceptions - November 2017

I believe that starting school at 8:30 am is ....

45 responses

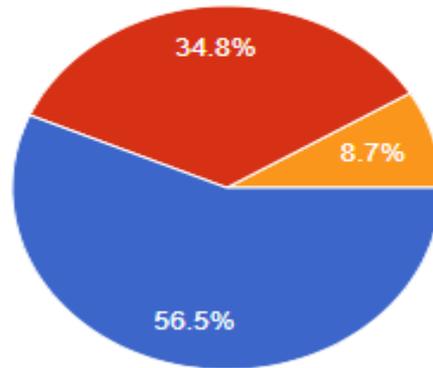


- beneficial for teachers.
- not beneficial for teachers.
- neither helpful or harmful.
- It has its positives and negatives. I feel more alert and prepared each morning, but I often don't leave until 4:30 or 5 which doesn't allow for as much extracurricular time for myself.

# 7/8 Faculty Perspective - November 2017

Are you satisfied with the later start schedule?

23 responses

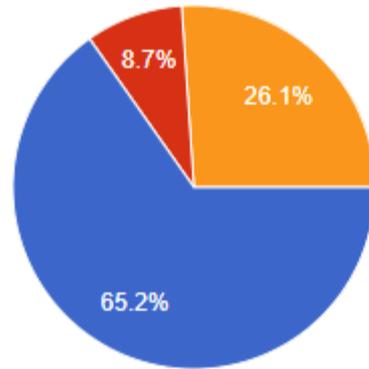


- Yes
- No
- It does not matter to me, as I am fine with either the 7:45 am or 8:30 am start time.

# 7/8 Faculty Perceptions - November 2017

I believe that starting school at 8:30 am is....

23 responses

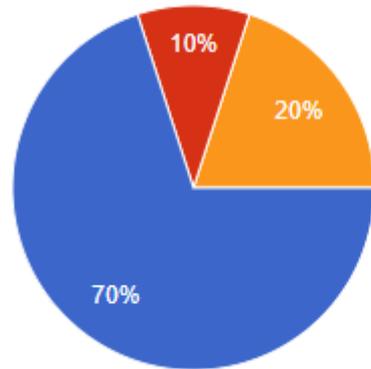


- beneficial for students.
- not beneficial for students.
- neither helpful or harmful.

# 7-12 Support Staff Perceptions - November 2017

I believe that starting school at 8:30 am is....

10 responses

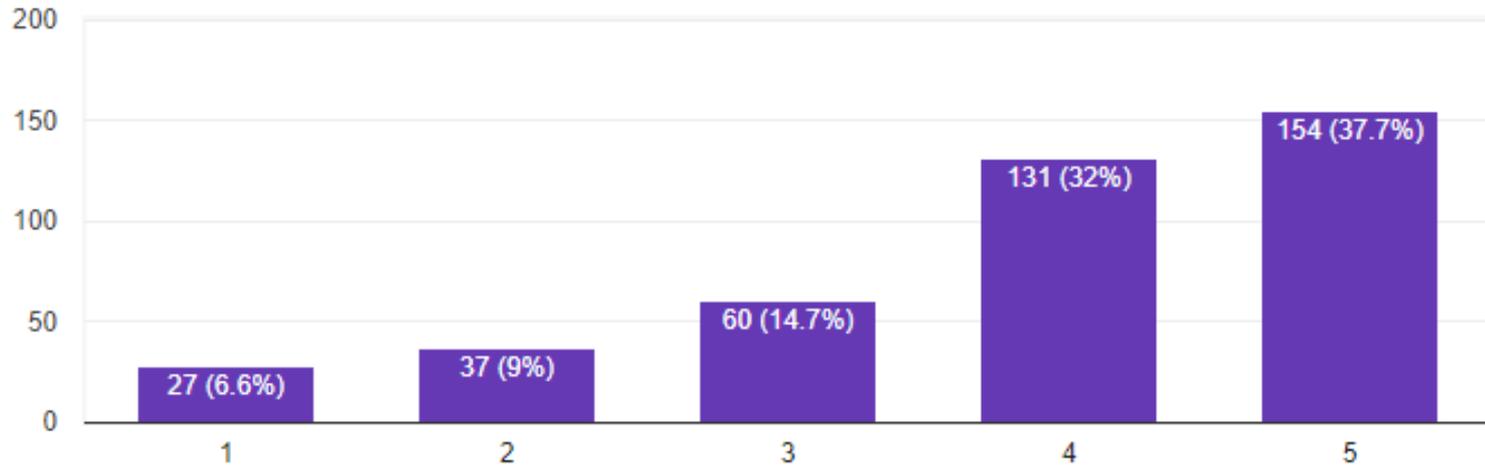


- beneficial for students.
- not beneficial for students.
- neither helpful or harmful.

# 9-12 Student Responses - October 2017

How satisfied are you with the later start schedule?

409 responses



# 9-12 Student Responses - February 2018

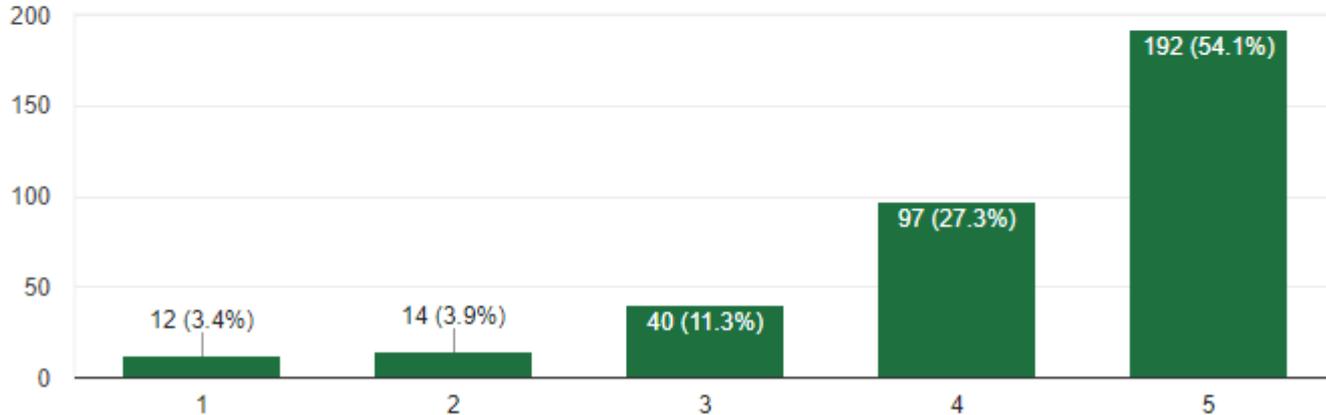
QUESTIONS

RESPONSES

355

How satisfied are you with the later start schedule?

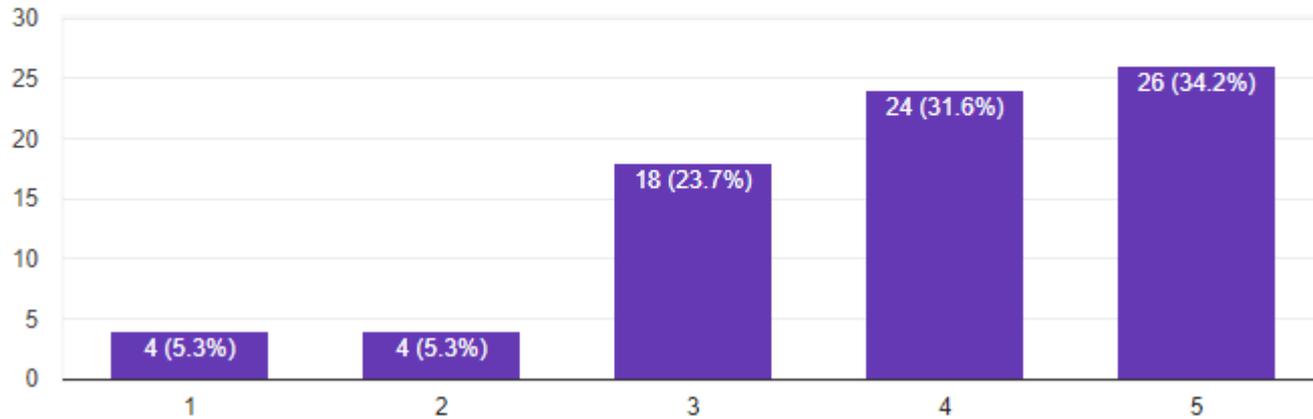
355 responses



# 7-8 Student Perceptions - October 2017

How satisfied are you with the later start schedule?

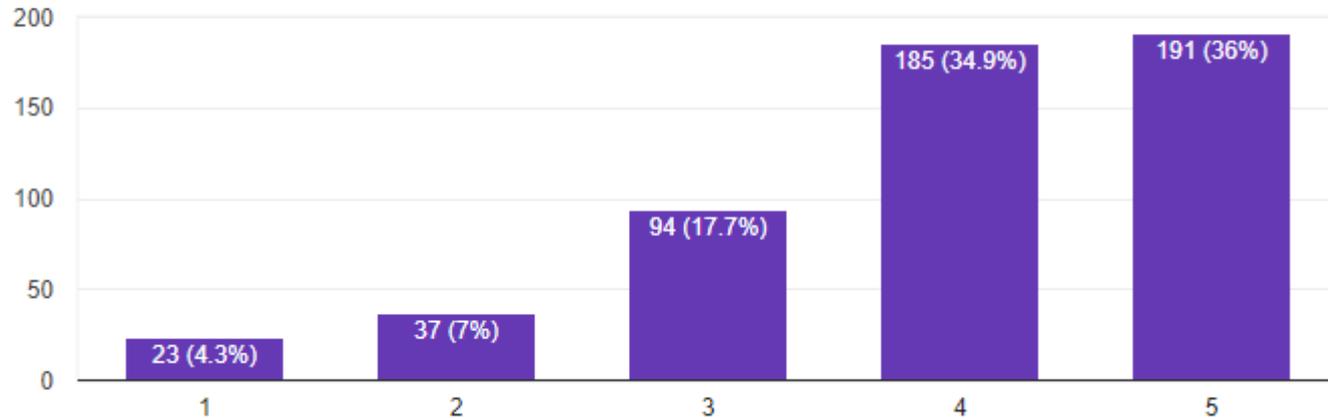
76 responses



# 7-8 Student Perceptions - January 2018

How satisfied are you with the later start schedule?

530 responses



# 9-12 Parent Responses - March 2018

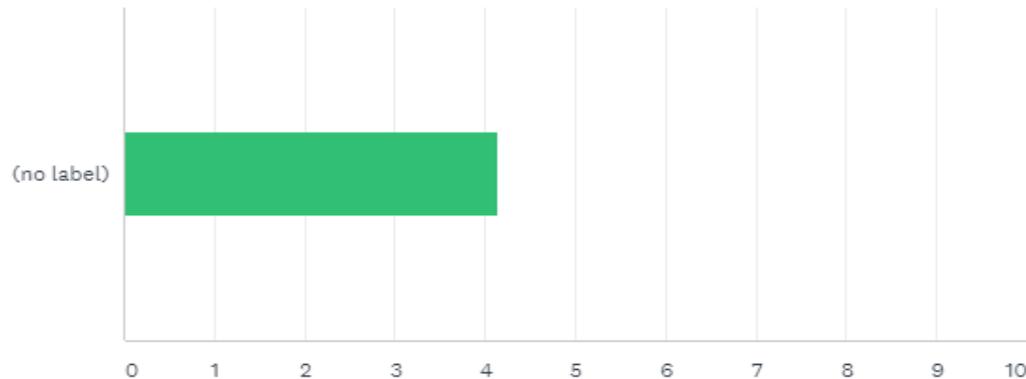
Q1

Customize

Export ▼

How satisfied are you with the current 8:30 am later start schedule?

Answered: 367 Skipped: 2



|            | VERY UNSATISFIED | UNSATISFIED | NEITHER SATISFIED OR UNSATISFIED | SATISFIED    | VERY SATISFIED | TOTAL | WEIGHTED AVERAGE |
|------------|------------------|-------------|----------------------------------|--------------|----------------|-------|------------------|
| (no label) | 11.99%<br>44     | 5.18%<br>19 | 3.81%<br>14                      | 14.44%<br>53 | 64.58%<br>237  | 367   | 4.14             |

# 9-12 Parent Survey - March 2018

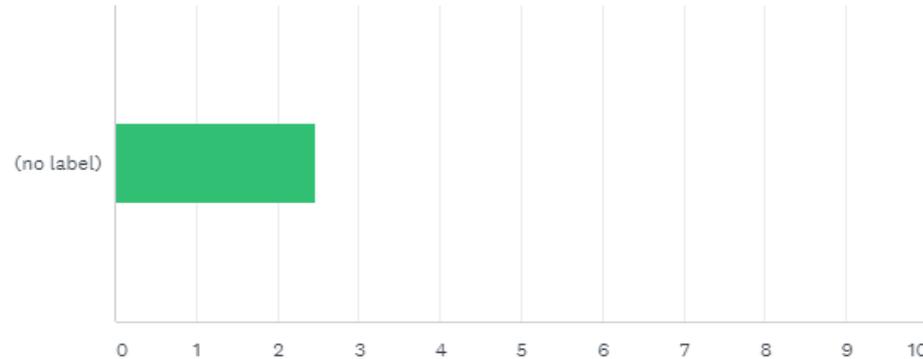
Q2

Customize

Export ▼

How satisfied were you with last year's 7:45 am school start schedule?

Answered: 367 Skipped: 2

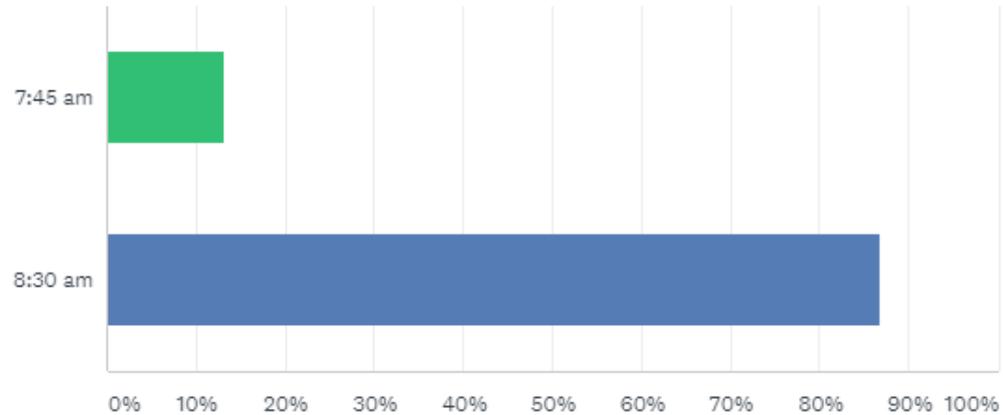


|            | VERY UNSATISFIED | UNSATISFIED   | NEITHER SATISFIED OR UNSATISFIED | SATISFIED    | VERY SATISFIED | N/A - AS MY STUDENT WAS NOT AT THIS SCHOOL LAST YEAR. | TOTAL | WEIGHTED AVERAGE |
|------------|------------------|---------------|----------------------------------|--------------|----------------|---|-------|------------------|
| (no label) | 22.62%<br>83     | 36.78%<br>135 | 18.53%<br>68                     | 10.90%<br>40 | 8.99%<br>33    | 2.18%<br>8  | 367   | 2.46             |

# 9-12 Parent Survey - March 2018

For the 2018-19 school year, I recommend school starts at

Answered: 367 Skipped: 2

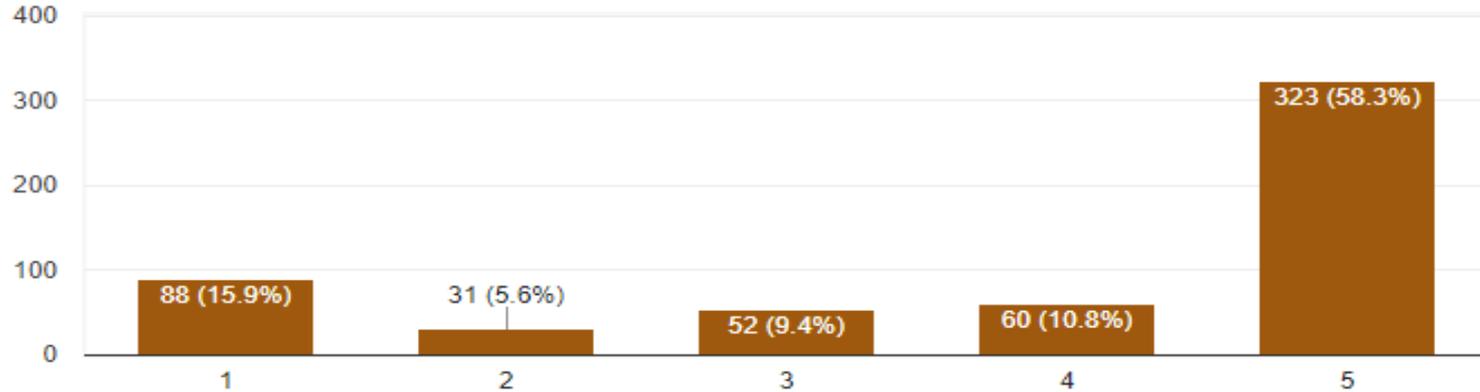


| ANSWER CHOICES | RESPONSES  |
|----------------|------------|
| 7:45 am        | 13.08% 48  |
| 8:30 am        | 86.92% 319 |
| TOTAL          | 367        |

# 9-12 Parent Responses - September 2017

How satisfied are you with the later start schedule?

554 responses



# 7/8 Parent Survey - March 2018

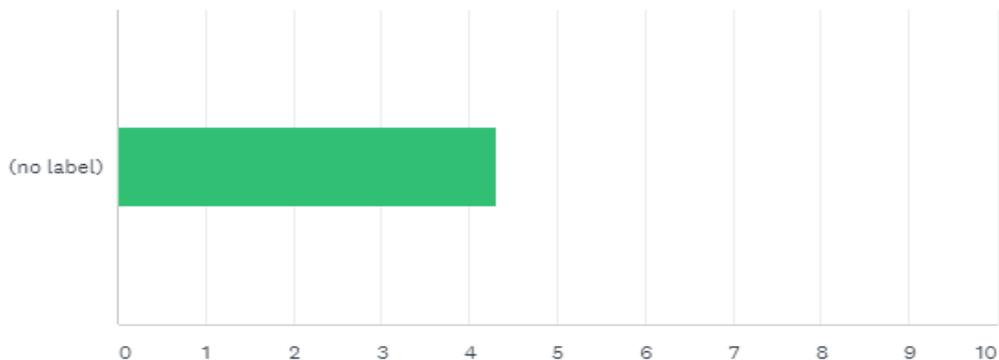
Q1

Customize

Export ▾

How satisfied are you with the current 8:30 am later start schedule?

Answered: 288 Skipped: 0



|            | VERY UNSATISFIED | UNSATISFIED | NEITHER SATISFIED OR UNSATISFIED | SATISFIED    | VERY SATISFIED | TOTAL | WEIGHTED AVERAGE |
|------------|------------------|-------------|----------------------------------|--------------|----------------|-------|------------------|
| (no label) | 9.03%<br>26      | 5.21%<br>15 | 2.78%<br>8                       | 13.19%<br>38 | 69.79%<br>201  | 288   | 4.30             |

# 7/8 Parent Survey - March 2018

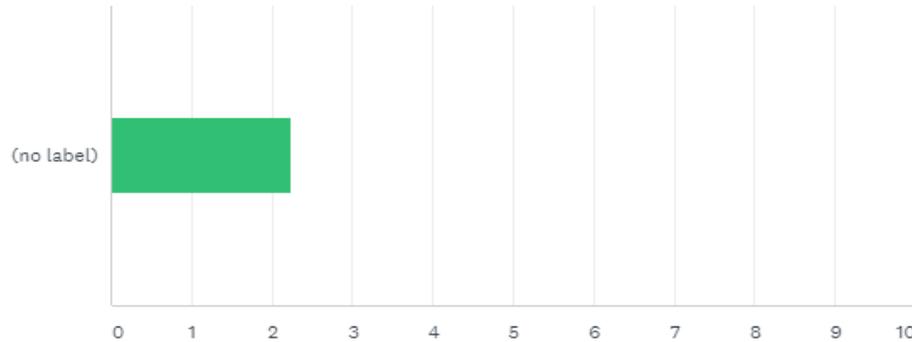
Q2

Customize

Export ▼

How satisfied were you with last year's 7:45 am school start schedule?

Answered: 288 Skipped: 0

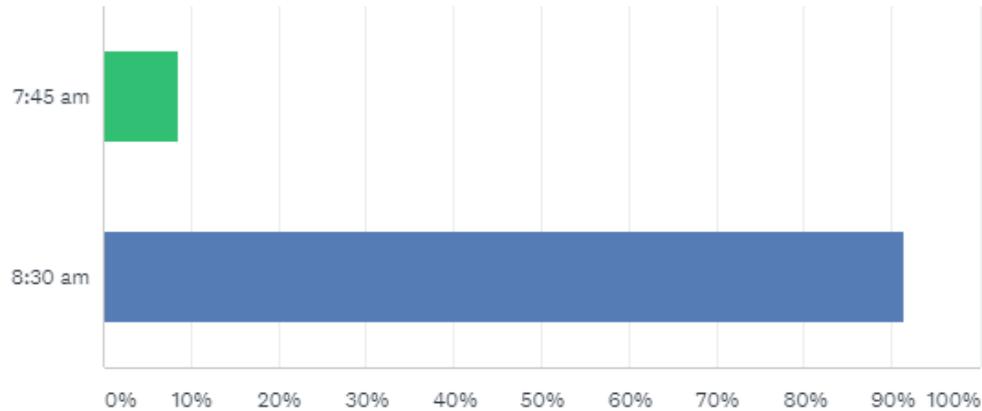


|            | VERY UNSATISFIED | UNSATISFIED  | NEITHER SATISFIED OR UNSATISFIED | SATISFIED   | VERY SATISFIED | N/A - AS MY STUDENT WAS NOT AT THIS SCHOOL LAST YEAR. | TOTAL | WEIGHTED AVERAGE |
|------------|------------------|--------------|----------------------------------|-------------|----------------|---|-------|------------------|
| (no label) | 25.35%<br>73     | 26.39%<br>76 | 15.97%<br>46                     | 7.99%<br>23 | 4.17%<br>12    | 20.14%<br>58  | 288   | 2.24             |

# 7/8 Parent Survey - March 2018

For the 2018-19 school year, I recommend school starts at

Answered: 289 Skipped: 0

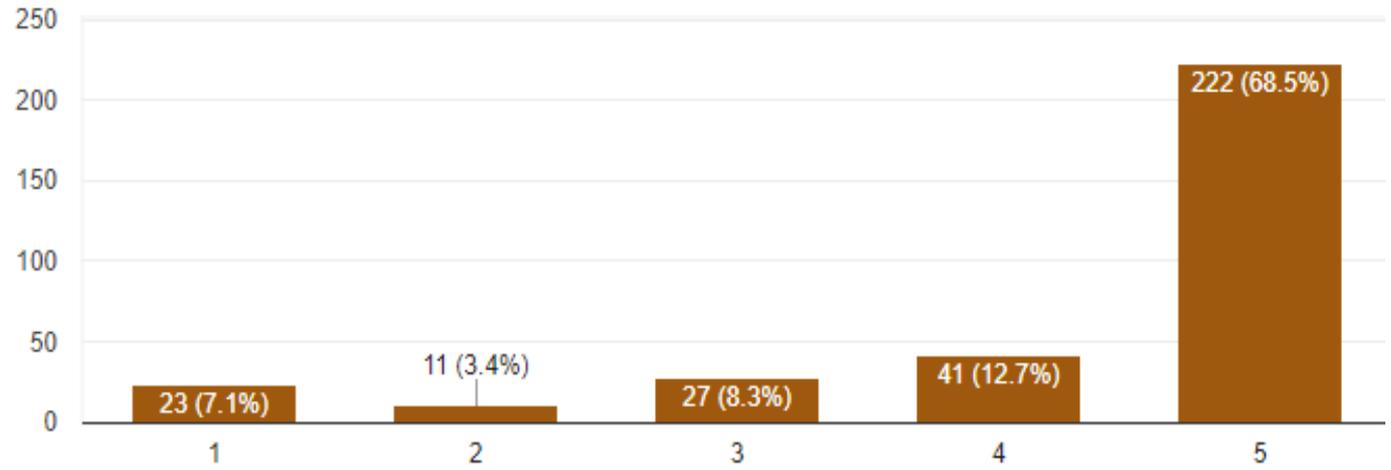


| ANSWER CHOICES | RESPONSES  |
|----------------|------------|
| 7:45 am        | 8.65% 25   |
| 8:30 am        | 91.35% 264 |
| <b>TOTAL</b>   | <b>289</b> |

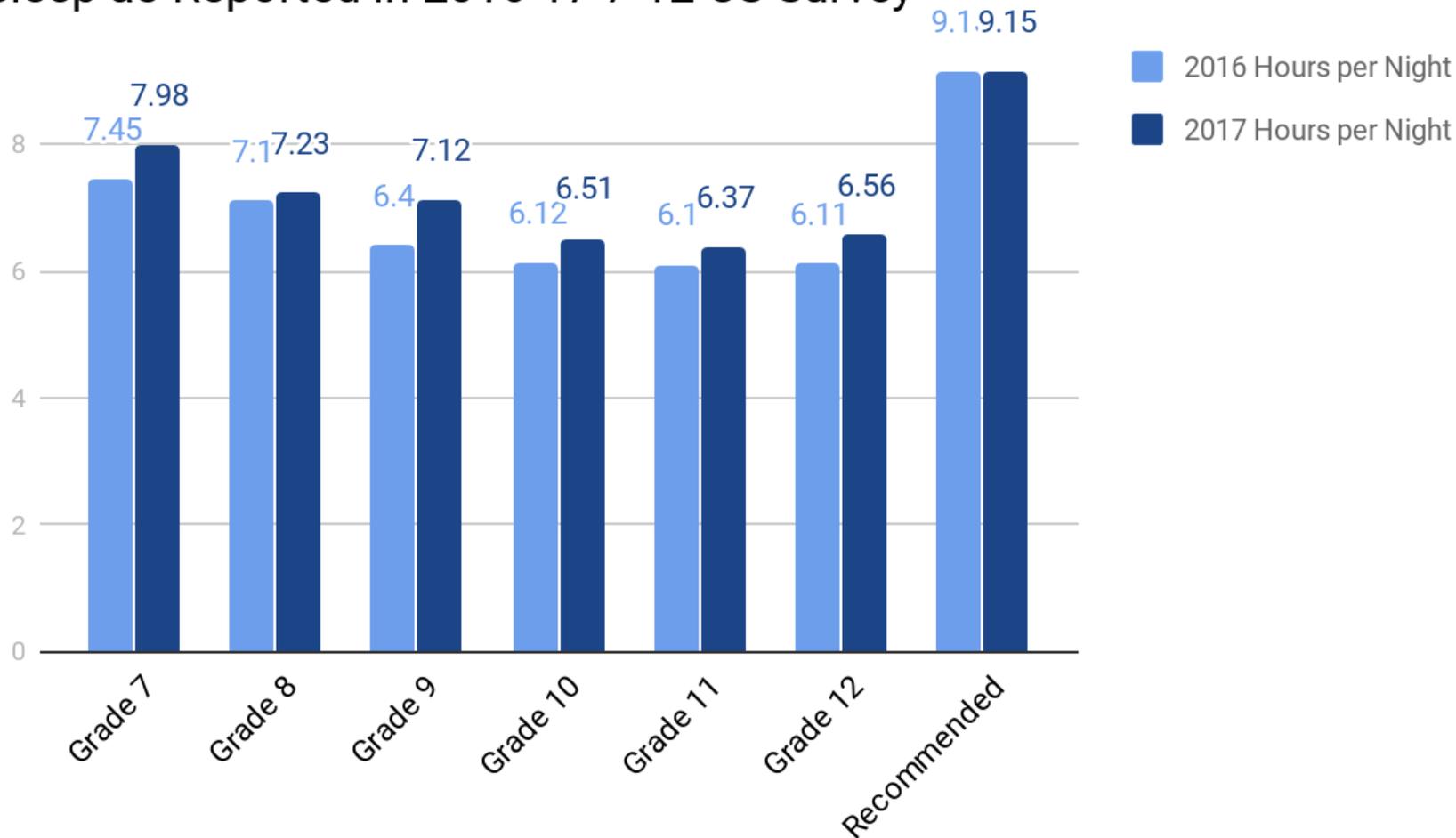
# 7/8 Parent Feedback - September 2017

How satisfied are you with the later start schedule?

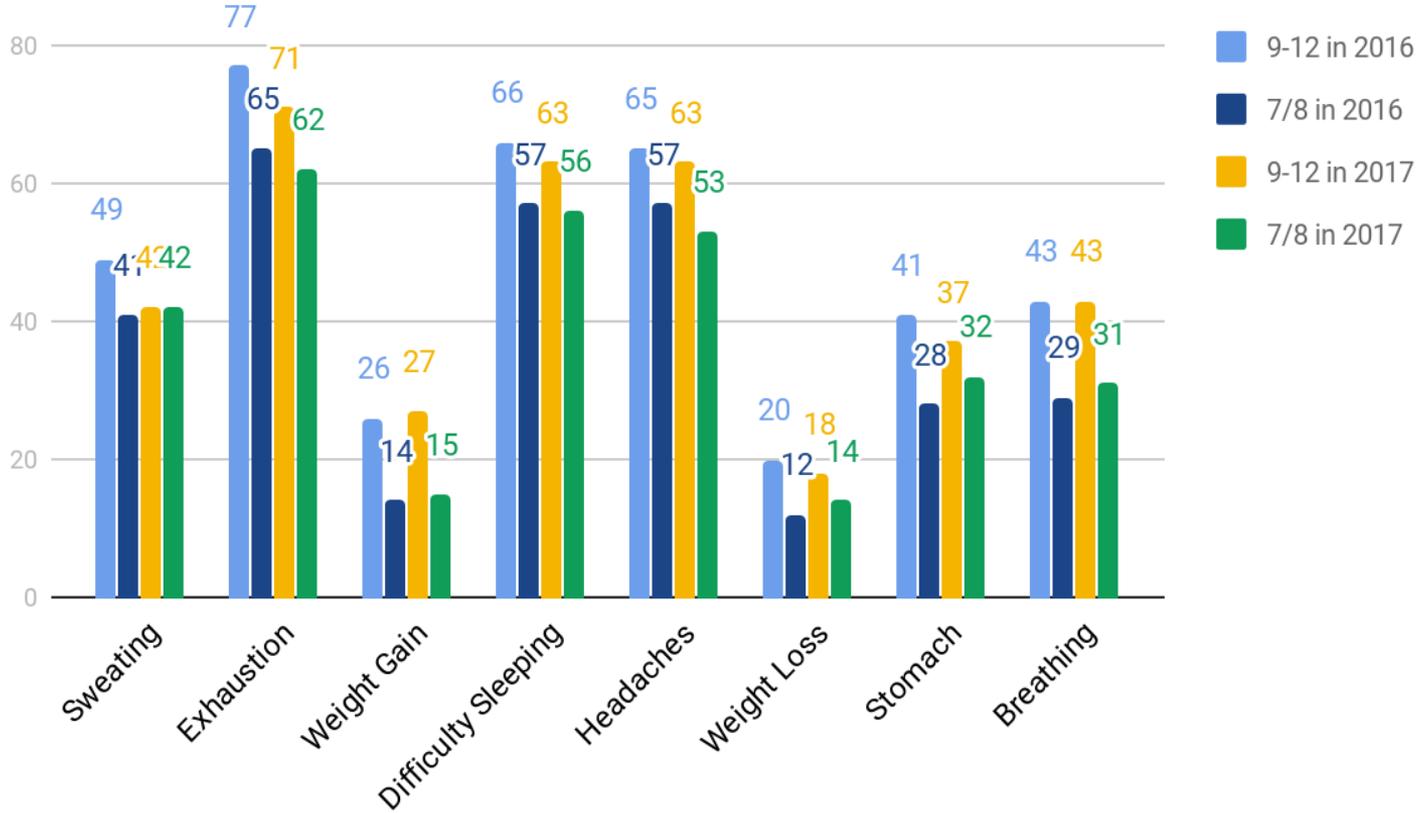
324 responses



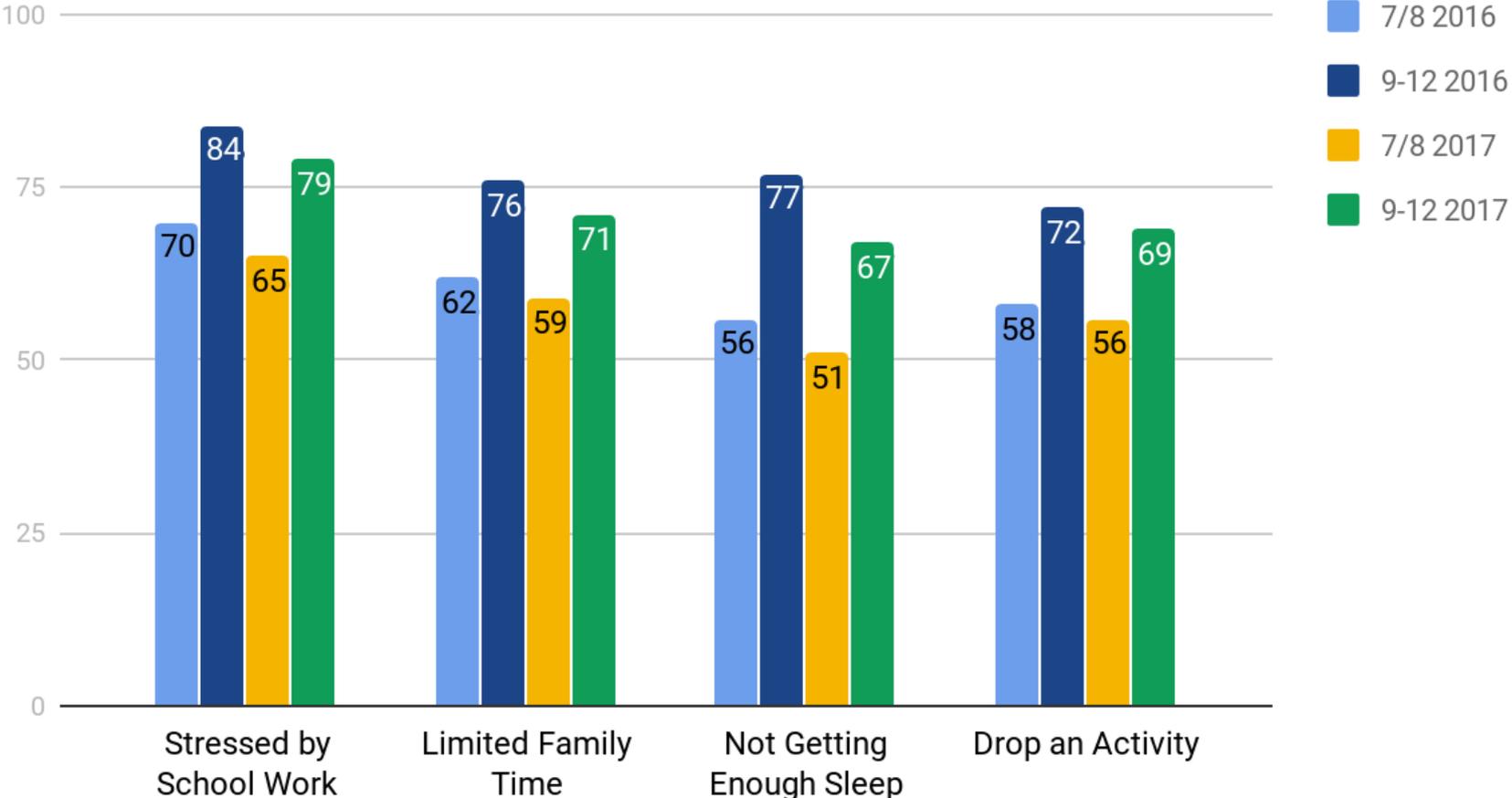
# Sleep as Reported in 2016-17 7-12 CS Survey



# 2016-17 LCHS CS Survey Results - Student Health and Well-Being



# Student School Stress and Academic Worries



# Continue Late Start Schedule

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- Key Student Groups Experienced Challenges that Can Be Resolved in 2018-19
  - Softball
  - Wrestling
  - Girls' Water Polo
  - Students with Early Drop Off