



Safe Routes to School Update

Elyse Chadwick, *EGUSD Safe Routes to School Coordinator*

Sept. 18, 2018



“Safe Routes to School (SRTS) programs are sustained efforts by **parents, schools, community leaders** and local, state, and federal governments to improve the **health and well-being of children** by enabling and encouraging them to walk and bicycle to school. ”

EGUSD Commitment to Active Transportation



- Increase student physical activity
- Decrease traffic congestion
- Improve community/neighborhood relations
- Improve students' concentration and readiness to learn

SRTS “E”s

- E-ducation
- E-ncouragement
- E-nforcement
- E-ngeering



EDUCATION

2017-18



- **Bike Helmet Education:
fitting and distribution
of free helmets**
*@ Bike Rodeos; Attendance Bike
Giveaway; School Helmet Safety
Centers:*

- Donner
- Ehrhardt
- Feickert
- Fite
- Herburger
- Kirchgater
- Mix
- Prairie
- Sims
- Stone Lake

EDUCATION

2017-18



- **Safety Assemblies – Ped/Bike Best Practices**
Castello; Franklin; Mix; Morse McGarvey; Prairie; Sunrise
- **Bike Handling Skills**
Anatolia After-School Bike Club pilot program; bike rodeos – Batey; Carroll; Florin; Foulks Ranch; Sims

"Right of Way" Rules Lesson

Anatolia Schools Bike Club
Fall 2017

Bike Rodeo Helmet Education with EGPD



Bike Rodeo Pedestrian Education Unit





McGarvey Elementary
Pedestrian Chalk
Painting
September 2017

Safe Routes To School

Elk Grove Unified School District



An Active Mind
Starts with
An Active Commute

[Home](#)[About](#)[Activities & Resources](#)[School Staff](#)[Parent Champions](#)[Links](#)[RSS Feed](#)

Important Dates



October 10, 2018

Contact Us



**Safe Routes to School
Program**

**EGUSD Facilities and
Planning**

9510 Elk Grove-Florin Rd.
Elk Grove, CA 95624

How Do You Get to School?

Elk Grove Unified School District encourages students and families to walk and bike to school. [Research](#) shows that students who take "active" transportation to school have higher levels of concentration, academic performance, and regular attendance than their counterparts who travel by car.

Other benefits of walking and biking to school include:

Improved student fitness - providing [an average of 16 of the 60 minutes](#) of physical activity students need daily

Decreased traffic congestion around schools

Cleaner air

Stronger community connections

The District's **Safe Routes to School (SRTS) Program** supports staff, parents and students in their efforts to increase safe walking and biking at individual school sites.

GET INVOLVED!

Become a SRTS Champion at your school. Check out the following links:

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ENCOURAGEMENT

2017-18



- **Walk to School Day** - *October*
- **Bike to School Day** - *May*
- **Walking Programs**
 - *Beitzel "Trek to School Tuesdays"*
 - *Elk Grove Elementary "Walk with the Principal Wednesdays"*
 - *Mix – daily Walking School Bus*
 - *Stone Lake "Walking Wednesdays"*
 - *Walking School Bus Training available to all school sites*
- **Amgen Assemblies** - *April 2018*
Franklin ES; Castello ES

Walk & Roll to School Day 2018

- **Wednesday, October 10th**
- Rebranding to include biking promotion earlier in the school year
- Almost all elementary schools participate
- We hope you will join some of them!
(See *Activity Schedule handout*)
- SRTS website offers “downloadable” resources and templates for school sites

Amgen Assembly Franklin Elementary



ENFORCEMENT

2017-18



- **“Operation Crosswalk”**
*one day - Fall & Spring
covering arrival and dismissal*
- **Elk Grove School Traffic Safety Committee**
*Quarterly meetings that include
EGPD and EGUSD Police Services*
- **School Site Requests for Enforcement**
SCPD; EGPD; RCPD; CHP

ENGINEERING

2017-18

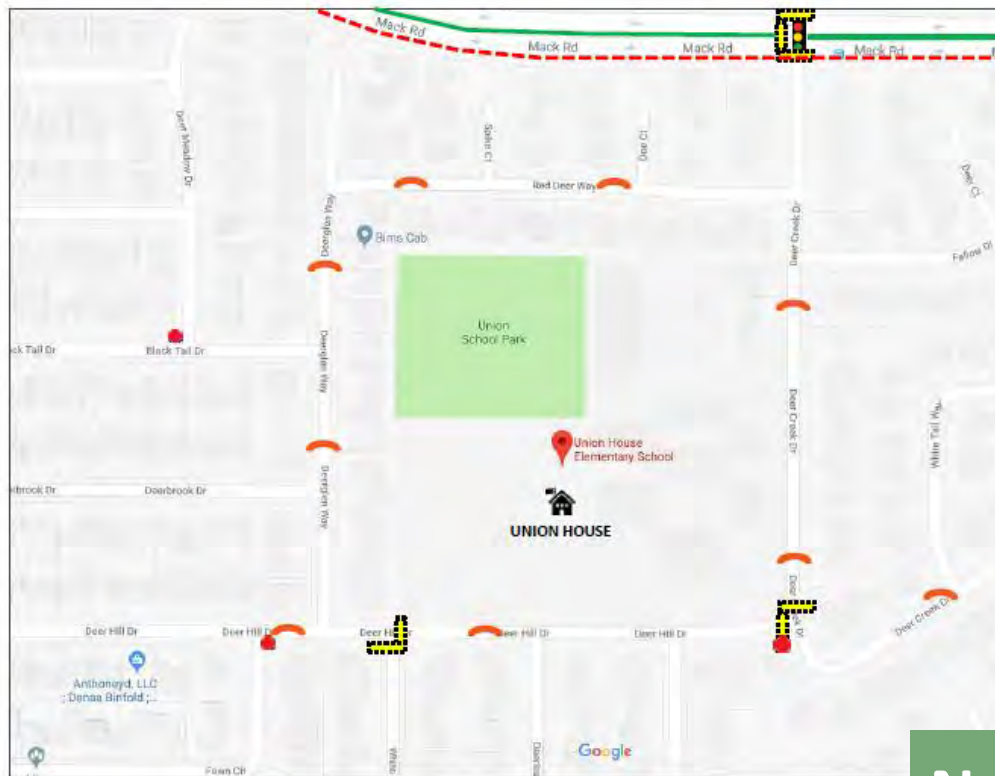


- **Markofer; Kerr; EHGS**
ATP grant awarded to City of Elk Grove/EGUSD for Elk-Grove-Florin Sidewalk Infill
- **EPMS/COHS**
Two-step traffic infrastructure improvement (Whitelock Pkwy & Cape Verde)
- **Irene B. West**
New Crosswalk & ADA ramps
- **Isabelle Jackson**
New striping to make parking lot entry/exit safer



Union House Elementary School

Safe Routes to School Map



Be Active & Safe!

Walking

- Walk on sidewalks.
- Watch for cars pulling out of driveways and stop to make sure they see you.
- Always cross the street where there is a crosswalk or a stop sign (even if you have to walk a little farther, it is safer).
- At street crossings, stop 3 ft. from the curb.
- Look left, right, and left again before crossing.
- Make eye contact with drivers before crossing.
- Do not trust that cars will always obey the rules of the road and stop for you. You must decide when it is safest to cross.
- Walk. Don't run across the street.
- Do not use electronic devices when walking to school (e.g., cell phones, music players).

Biking

- Always wear a properly fitted bike helmet.
- Ride on the street in the SAME DIRECTION as cars are traveling.
- Obey all traffic signs and signals; this means stopping at stop signs and/or crosswalks when

New SRTS Maps for Schools with Measure M Parking Lot Upgrades



**Rancho Cordova City Council
Recognition of Active Transportation Programs
@ McGarvey & Sunrise Elementary Schools
*June 4, 2018***

32,343 car trips replaced • 31,029 “active miles” logged



Thank You