

Foothill High School

2018-19 “Falcon Flex” Bell Schedule Pilot Proposal Update

**Pleasanton Unified School District
Board of Education Meeting**

May 7, 2019

Success of “Falcon Flex” Period during the 2018-19 School Year

- Established student sign up and attendance system using Google Forms and Sheets (minimal cost)
- Provided opportunities for students to choose to get some additional help from teachers, study for tests, make up tests/quizzes, do homework, see a counselor, take a mental break, or all of the above!!
- Provided opportunities for extension/enrichment learning; more are planned



WASC Action Plan

- **Goal from 2011 & 2015: Provide more in-school support for student stress.**
- **Critical Area for Focus (2018 WASC Visiting Team recommendations): Reduce ongoing, identified student stress.**
- **Reduce the achievement gap for historically underserved student groups**

California Healthy Kids Survey

2017-18 California Healthy Kids Survey (CHKS) examined the effects of attending a high performing institution. Based on self reporting by 9th and 11th grade Foothill students...

	9th grade	11th grade
Missed school due to lack of sleep	7%	16%
Feel they are behind in school	2%	11%
Feel sad, hopeless, stressed at school	3%	10%
Feel chronic sadness	22%	30%
Thoughts of suicide at some point	13%	16%

Schedule Committee at FHS

Committee Members:

Scott Gorsuch, Math teacher

Jessica Bisagno, Math teacher

Jennifer Kelly, Math teacher

Graham McBride, Social Studies teacher

Mary Rozelle, Social Studies teacher

Mary Charuhas, Special Education teacher

Natalie Hudgins, English teacher

Joe Friesen, Science & Engineering teacher

Megan Lipman, Science teacher

Karen Maurice, World Language teacher

Maritess Simmons, College and Career

Specialist, Parent & PTSA Past President

Debi White, Parent & PTSA President

FHS Admin team

Foothill Survey Questions

Common Questions asked of Students, Parents, and Staff:

In relation to Falcon Flex, has the block of time (40 minutes, twice a week) been helpful in supporting the academic success for students in classes?

In relation to Falcon Flex, has the block of time (40 minutes, twice a week) been helpful in supporting your students' overall well-being and reduction in their stress levels?

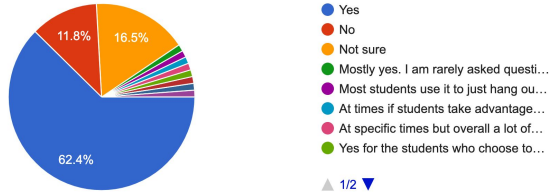
Do you feel that the bell schedule for this school year should continue in its current format in future years?

In relation to the bell schedule, does having a later start time (8:35 am) benefit the students?

Survey Results

In relation to Falcon Flex, has the block of time (40 minutes, twice a week) been helpful in supporting the academic success for students in classes?

In relation to Falcon Flex ("Access"), has the block of time (40 minutes, twice a week) been helpful in supporti... success for your students in classes?
85 responses



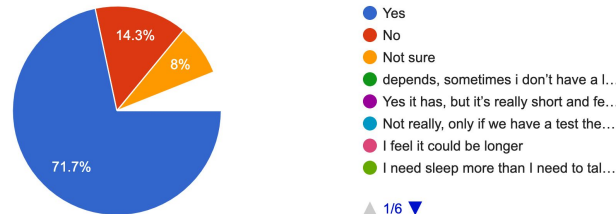
In relation to Falcon Flex ("Access"), has the block of time (40 minutes, twice a week) been helpful in supporti...c success for your student in classes?
532 responses



Staff - 62.4% Yes

Parents/Guardians - 70.7%

In relation to Falcon Flex ("Access"), has the block of time (40 minutes, twice a week) been helpful in supporting your success in your classes?
628 responses



Students - 71.7% Yes

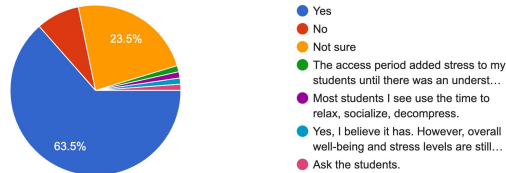
12.3
Attachment A 7
7 of 16

Survey Results

In relation to Falcon Flex, has the block of time (40 minutes, twice a week) been helpful in supporting your students' overall well-being and reduction in their stress levels?

In relation to Falcon Flex ("Access"), has the block of time (40 minutes, twice a week) been helpful in supportin...g and reduction in their stress levels?

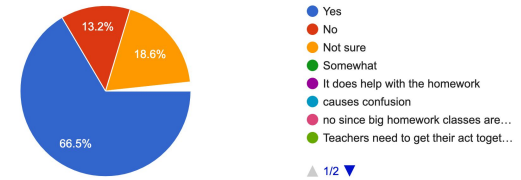
85 responses



Staff - 63.5%

In relation to Falcon Flex ("Access"), has the block of time (40 minutes, twice a week) been helpful in supportin...g and reduction in their stress levels?

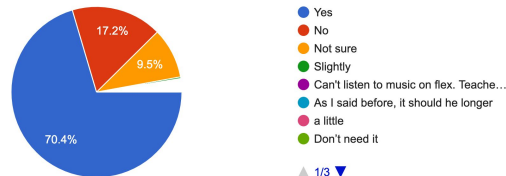
531 responses



Parents/Guardians - 66.5%

In relation to Falcon Flex ("Access"), has the block of time (40 minutes, twice a week) been helpful in supportin...g and reduction in your stress levels?

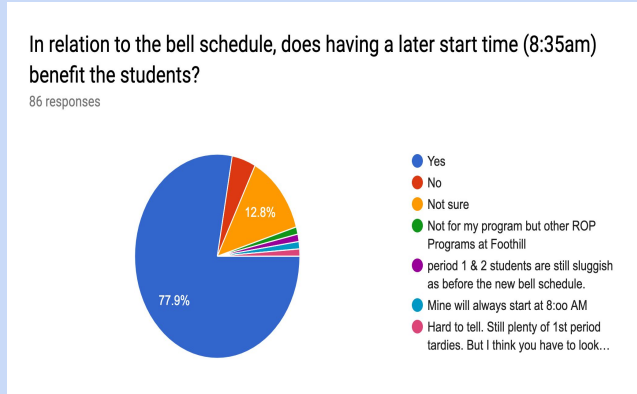
629 responses



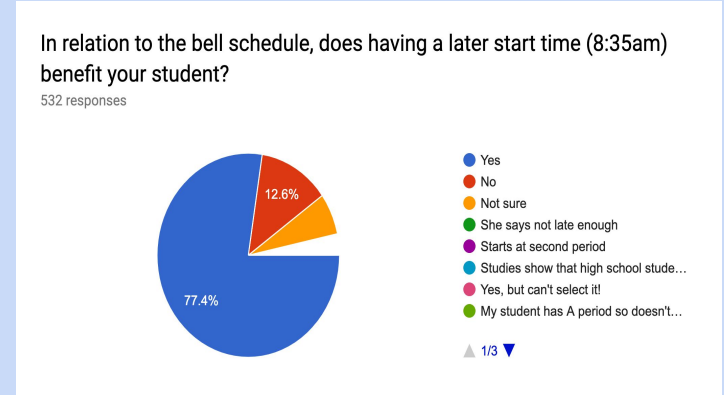
Students - 70.4%

Survey Results

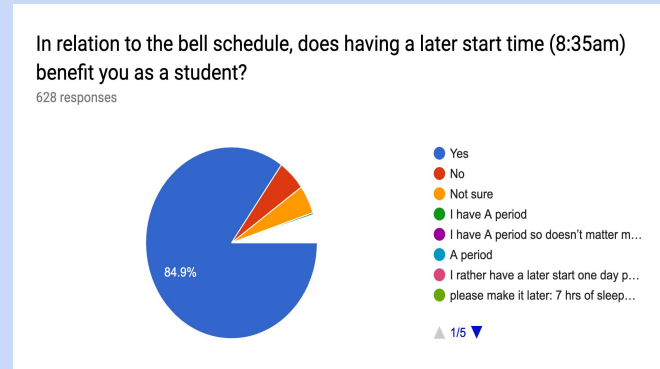
In relation to the bell schedule, does having a later start time (8:35 am) benefit the students?



Staff - 77.9% Yes



Parents/Guardians 77.4% Yes



Students - 84.9% Yes

Data to examine impact of Falcon Flex . . .

D/F's from Semester 1 from each of the last two school years

	2017-18	2018-19
Numbers of D's	582	549
Percentage of D's	4.38%	4.27%
Numbers of F's	244	214
Percentage of F's	1.84%	1.66%

Certificated Non-Management Survey Results

Staff Vote - Would you support continuing our current bell schedule with Falcon Flex?

Yes - 92.31%

No - 7.69%



Bell Schedule for 2019-20

Monday, Wednesday, Friday

A	7:42 - 8:35
1	8:40- 9:33
2	9:39 - 10:32
3	10:38 - 11:31
4	11:37 - 12:30
Lunch	12:30 - 1:00
5	1:06 - 1:59
6	2:05 - 2:58
B	3:04 - 3:57

Tuesday, Thursday

A	7:00 - 7:52
1	8:00- 8:52
2	8:58 - 9:50
3	9:56 - 10:48
4	10:54 - 11:46
Lunch	11:46- 12:16
Falcon Flex	12:22 - 1:02
5	1:08 - 2:00
6	2:06 - 2:58
B	3:04-3:56

Wednesday Collaboration - 7:45 am - 8:30 am

What can be done during the Falcon Flex period?

Students can:

- Access additional intervention and support for content that may be a struggle.
- Use the extra time to review content for a class, make up a missing assessment, study for an upcoming assessment, refine a writing assignment, conduct research, or complete homework.
- Organize themselves by planning for the upcoming week and updating their student planner.
- Reach out for support and guidance to address stress, mental health, and overall well-being.
- Eventually take advantage of enrichment opportunities made available.

Evaluation Plan



- 1) **2019-20 California Healthy Kids Survey results**
- 2) **Student, teacher, and parent site-based survey results**
- 3) **Assessment results (CAASPP, Formative Assessments, etc.)**
- 4) **Quarterly D/F progress reports**
- 5) **Support Counselor documentation of mental health reports**
 - a) **Students accessing support counselor**



Recommendation

Staff is requesting the Trustees to do the following:

- Review and provide feedback on the 2018-19-20 Foothill High School “Falcon Flex” Period Bell Schedule Pilot Proposal Update
- Provide direction to place the 2019-20 Foothill High School “Falcon Flex” Period Bell Schedule on the May 21st Board of Education agenda for final review and approval

Thank you!!

Any questions?

