

**Students**

**SCHOOL HEALTH SERVICES**

The Governing Board recognizes that good physical and mental health is critical to a student's ability to learn and believes that all students should have access to comprehensive health services.

The Board and the Superintendent or designee shall collaborate with local and state agencies and health care providers to assess the health needs of students in district schools and the community. Based on the results of this needs assessment and the availability of resources, the Superintendent or designee shall recommend for Board approval the types of health services to be provided by the district.

- (cf. 1400 - Relations Between Other Governmental Agencies and the Schools)
- (cf. 5131.6 - Alcohol and Other Drugs)
- (cf. 5131.61 - Drug Testing)
- (cf. 5131.62 - Tobacco)
- (cf. 5131.63 - Steroids)
- (cf. 5141 - Health Care and Emergencies)
- (cf. 5141.21 - Administering Medication and Monitoring Health Conditions)
- (cf. 5141.22 - Infectious Diseases)
- (cf. 5141.23 - Asthma Management)
- (cf. 5141.24 - Specialized Health Care Services)
- (cf. 5141.26 - Tuberculosis Testing)
- (cf. 5141.3 - Health Examinations)
- (cf. 5141.31 - Immunizations)
- (cf. 5141.32 - Health Screening for School Entry)
- (cf. 5141.33 - Head Lice)
- (cf. 5141.4 - Child Abuse Prevention and Reporting)
- (cf. 5141.52 - Suicide Prevention)
- (cf. 6145.2 - Athletic Competition)
- (cf. 6159 - Individualized Education Program)
- (cf. 6164.6 - Identification and Education Under Section 504)

Board approval shall be required for any proposed use of district resources and facilities to support school health services. The Superintendent or designee shall identify funding opportunities available through grant programs, private foundations, and partnerships with local agencies and organizations.

- (cf. 1260 - Educational Foundation)
- (cf. 1330.1 - Joint Use Agreement)
- (cf. 3100 - Budget)
- (cf. 7000 - Facilities Master Plan)

**SCHOOL HEALTH SERVICES** (continued)

The Board may prioritize school health services to schools serving students with the greatest need, including schools with medically underserved populations and/or a high percentage of low-income and uninsured children and youth.

(cf. 0415 - Equity)

School health services shall be provided under the supervision of a licensed health care professional. The Board may employ or contract with health care professionals or partner with community health centers to provide the services under the terms of a written contract or memorandum of understanding.

(cf. 3312 - Contracts)

If a school nurse is employed by the school or district, he/she shall be involved in planning and implementing the school health services as appropriate.

The Superintendent or designee shall coordinate the provision of school health services with other student wellness initiatives, including health education, nutrition and physical fitness programs, and other activities designed to create a healthy school environment. The Superintendent or designee shall encourage joint planning and regular communications among health services staff, district administrators, teachers, counselors, other staff, and parents/guardians.

(cf. 3550 - Food Service/Child Nutrition Program)

(cf. 5030 - Student Wellness)

(cf. 6142.7 - Physical Education and Activity)

(cf. 6142.8 - Comprehensive Health Education)

(cf. 6164.2 - Counseling/Guidance Services)

To support access to health care services, families may be referred to the district's Student Support Centers. The Student Support Centers assist low –to moderate-income families with obtaining affordable, comprehensive state or federal health coverage.

The district may provide access to health services at or near district schools through the establishment of a school health center and/or mobile van(s) that serve multiple campuses.

(cf. 3553 - Free and Reduced Price Meals)

**Consent and Confidentiality**

The Superintendent or designee shall obtain written parent/guardian consent prior to providing services to a student, except when the student is authorized to consent to the service pursuant to Family Code 6920-6929, Health and Safety Code 124260, or other applicable law.

**SCHOOL HEALTH SERVICES** (continued)

The Superintendent or designee shall maintain the confidentiality of student health records in accordance with law.

(cf. 5125 - Student Records)

**Payment/Reimbursement for Services**

The Superintendent or designee may bill public and private insurance programs and other applicable programs for reimbursement of services as appropriate. Services may be provided free of charge or on a sliding scale in accordance with law.

(cf. 5143 - Insurance)

The district shall serve as a Medi-Cal provider to the extent feasible, comply with all related legal requirements, and seek reimbursement of costs to the extent allowed by law.

**Program Evaluation**

The Superintendent or designee shall provide the Board with periodic reports that may include, but are not necessarily limited to, rates of participation in school health services; changes in student outcomes such as school attendance or achievement; measures of school climate; feedback from staff and participants regarding program accessibility and operations, including accessibility to low-income and linguistically and culturally diverse students and families; and program costs and revenues.

In order to continuously improve school health services, the Board shall evaluate the effectiveness of such services and the extent to which they continue to meet student needs.

(cf. 0500 - Accountability)

Legal Reference:

**EDUCATION CODE**

49073-49079 Privacy of student records

49423.5 Specialized physical health care services

49557.2-49558 Eligibility for free and reduced-price meals; sharing information with Medi-

**FAMILY CODE**

6920-6929 Consent by minor for medical treatment

**GOVERNMENT CODE**

95020 Individualized family service plan

**HEALTH AND SAFETY CODE**

104830-104865 School-based application of fluoride or other tooth decay-inhibiting agent

121020 HIV/AIDS testing and treatment; parental consent for minor under age 12

**SCHOOL HEALTH SERVICES** (continued)

- 123110 Minor's right to access health records
- 123115 Limitation on parent/guardian access to minor's health records
- 123800-123995 California Children's Services Act
- 124025-124110 Child Health and Disability Prevention Program
- 124172-124174.6 Public School Health Center Support Program
- 124260 Mental health services; consent by minors age 12 and older
- 130300-130317 Health Insurance Portability and Accountability Act (HIPAA)
- WELFARE AND INSTITUTIONS CODE**
- 14059.5 Definition of "medically necessary"
- 14100.2 Confidentiality of Medi-Cal information
- 14115 Medi-Cal claims process
- 14115.8 LEA Medi-Cal Billing Option, program guide
- 14124.90 Third-party health coverage
- 14132.06 Covered benefits; health services provided by local educational agencies
- 14132.47 Administrative claiming process and targeted case management
- CODE OF REGULATIONS, TITLE 17**
- 2951 Testing standards for hearing tests
- 6800-6874 Child Health and Disability Prevention Program
- CODE OF REGULATIONS, TITLE 22**
- 51009 Confidentiality
- 51050-51192 Definitions of Medi-Cal providers and services
- 51200 Requirements for providers
- 51231.2 Wheelchair van requirements
- 51270 Local educational agency provider; conditions for participation
- 51304 Limitations on specified benefits
- 51309 Psychology, physical therapy, occupational therapy, speech pathology, audiological services
- 51323 Medical transportation services
- 51351 Targeted case management services
- 51360 Local educational agency; types of services
- 51491 Local educational agency eligibility for payment
- 51535.5 Reimbursement to local educational agency providers
- UNITED STATES CODE, TITLE 20**
- 1232g Family Educational Rights and Privacy Act (FERPA)
- UNITED STATES CODE, TITLE 42**
- 1320c-9 Prohibition against disclosure of records
- 1397aa-1397mm State Children's Health Insurance Program
- CODE OF FEDERAL REGULATIONS, TITLE 42**
- 431.300 Use and disclosure of information on Medicaid applicants and recipients
- CODE OF FEDERAL REGULATIONS, TITLE 45**
- 164.500-164.534 Health Insurance Portability and Accountability Act (HIPAA)

**SCHOOL HEALTH SERVICES** (continued)

Management Resources:

**CSBA PUBLICATIONS**

Expanding Access to School Health Services: Policy Considerations for Governing Boards,  
Policy Brief, November 2008

Promoting Oral Health for California's Students: New Role, New Opportunities for Schools,  
Policy Brief, November 2008

**CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS**

Health Framework for California Public Schools, Kindergarten Through Grade Twelve

**CALIFORNIA DEPARTMENT OF HEALTH CARE SERVICES PUBLICATIONS**

California School-Based Medi-Cal Administrative Activities Manual

LEA Medi-Cal Provider Manual

**CALIFORNIA SCHOOL-BASED HEALTH ALLIANCE PUBLICATIONS**

How to Fund Health Services in Your School District, September 2014

Documenting the Link Between School-Based Health Centers and Academic Success, May 2014

**NATIONAL CENTER FOR YOUTH LAW PUBLICATIONS**

Confidential Medical Release: Frequently Asked Questions from Schools and Districts,  
November 2015

**WEB SITES**

CSBA: <http://www.csba.org>

CSBA, Practi-Cal Program: <http://www.csba.org/ProductsAndServices/AllServices/PractiCal>

California County Superintendents Educational Services Association: <http://www.csesa.org>

California Department of Education, Health Services and School Nursing:

<http://www.cde.ca.gov/ls/he/hn>

California Department of Health Care Services: <http://www.dhcs.ca.gov>

California Department of Public Health: <http://www.cdph.ca.gov>

California School-Based Health Alliance: <http://www.schoolhealthcenters.org>

California School Nurses Organization: <http://www.csno.org>

Center for Health and Health Care in Schools: <http://www.healthinschools.org>

Centers for Disease Control and Prevention, School Health Policies and Programs (SHPPS)

Study: <http://www.cdc.gov/HealthyYouth/shpps>

Centers for Medicare and Medicaid Services: <http://www.cms.hhs.gov>

National Center for Youth Law: <http://www.youthlaw.org>

Policy

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**ELK GROVE UNIFIED SCHOOL DISTRICT**  
**Elk Grove, California**