

**Piedmont Unified School District
Administrative Regulation**

**Students
AR 5131.62**

Tobacco

Tobacco-Use Prevention Education Program

The district's tobacco-use prevention program shall provide students in grades 4-8 instruction which addresses the following topics: (Health and Safety Code 104420)

1. Immediate and long-term undesirable physiologic, cosmetic, and social consequences of tobacco use
2. Reasons that adolescents say they smoke or use tobacco
3. Peer norms and social influences that promote tobacco use
4. Refusal skills for resisting social influences that promote tobacco use

The district's program for grades 9-12 shall:

1. Target students most at risk for beginning to use tobacco as identified through a local needs assessment.
2. Offer or refer students to pre-cessation readiness classes or cessation classes for current smokers.
3. Utilize existing antismoking resources.

Adopted: