

Diamond Digest

Diamond Valley Elementary School

Message from the Principal, Eleanor Moore

35 Hawkside Drive
Markleeville, CA 96120
Phone: (530) 694-2238

Issue 1
September 2019

Dear HAWK Families,

We are very excited about the beginning of a new school year and welcome returning and new students and families to our extended HAWK Family! We are also excited to introduce to you our new staff member. Lauren Wennstrom is returning to us as an upper grade teacher for math, social studies, PE and 6th-8th electives.

This is going to be another amazing year at Diamond Valley Elementary School. We are committed to providing the best education possible to our Diamond Valley Hawks. In doing so, we are expanding our course offerings to include Spanish I as an 8th grade elective and a 6th-8th grade quarterly elective wheel.

We believe that every student can learn at the highest level and we have and will continue to work hard to help our students be successful. We are placing a strong emphasis on reinforcing positive behaviors so all students have a positive environment in which to learn and soar.

We would like to ask for your support and participation in this effort by having your student/s attend school regularly and by encouraging your student/s to read at least thirty (30) minutes every evening, monitoring their homework, and having them get a full night's sleep.

Yes, attendance does matter in your student's school success! Below is an interesting chart about the impact of absences and tardies relative to your student's schooling:

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Alpine County Unified School District

Vision Statement

**"Students are prepared and
inspired citizens making positive
choices."**

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Welcome back to



Message from the Principal, Continued

1 or 2 days a week doesn't seem like much but...

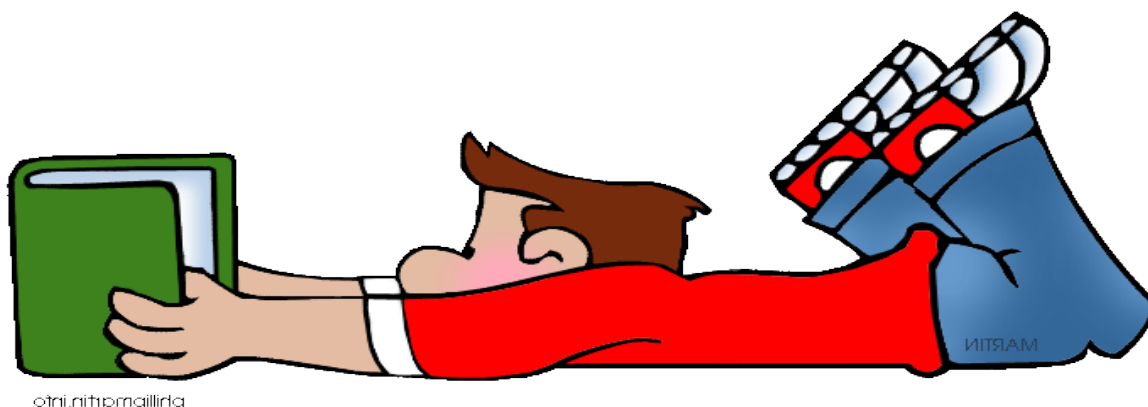
If your student misses...	That equals...	Which is...	And over 13 years of schooling that's...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely that won't affect my student...

If your student is only missing...	That equals...	Which is...	And over 13 years of schooling that's...
10 minutes per day	50 minutes per week	Nearly 1 ½ weeks per year	Nearly ½ a year
20 minutes per day	1 hr. 40 min. per week	Over 2 ½ weeks per weeks	Nearly 1 year
30 minutes per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years

EVERY DAY COUNTS!

Here's looking toward an awesome year,
Eleanor Moore



Important Dates to Remember

- September 2** → Labor Day—**NO SCHOOL**
- September 3** → Leadership Packets Due (6th-8th grade students)
- September 6** → Cross Country Meet—3:00pm—Pete Livermore Park in Carson City
- September 10** → Board Meeting—4:30pm—Administrative Annex
- September 10-13** → Leadership Interviews Week (6th-8th grade students)
- September 13** → Cross Country Meet—1:30pm—North Tahoe High School
- September 17** → Cross Country Meet—2:30pm—South Tahoe High School
- September 25** → **MINIMUM DAY**—School is out at 12:15pm
- September 26** → School Site Council—2:45pm—DVES Library
- September 27** → Cross Country Meet—2:00pm—Boreal (Tentative)
- October 1** → **Expanded Learning Program (After School Program) CLOSED**
- October 2** → Lifetouch Picture Day
-

Teaching Assignments

Teacher	Morning Grade Levels	Afternoon Grade Levels
Ms. Ponsness	K	K
Ms. Harvey/Ms. Voss	1	1
Ms. Romanowitz	2	2
Mr. Marks	3 & 4	3 & 4
Ms. Blaha	5	5
Ms. Trevett	6	PBIS/Intervention
Ms. Coletti	7-8 ELA	6-8 Science/PE
Ms. Wennstrom	7-8 Math	6-8 Social Studies/ PE

Multi-Tiered Systems of Support

What is Multi-Tiered Systems of Support (MTSS)?

The Multi-Tiered Systems of Support is a term used to describe a comprehensive framework that integrates academic (RtI²—Response to Instruction and Intervention) and behavioral (PBIS—Positive Behavioral Interventions and Supports) instruction and intervention. The integrated instruction and intervention are provided to students at varying levels of intensity based on student needs. The goal is to intervene early so students can be successful.

What can you expect with MTSS?

- Early identification of academic and behavioral concerns at the first signs of difficulty
- Help for your child that increases or decreases depending on his or her needs
- Information and involvement in planning and providing interventions to help your child
- Information about how your child is responding to the interventions being provided.

Attendance Reminders

Please make sure your student arrives on time and no earlier than 7:55am. Students dropped off before 7:55am are not supervised.

Oversleeping and/or missing the bus will be considered an unexcused tardy by California Education Code.

If your student is going to arrive late, please **make every effort to get the student to school as soon as possible and before he/she is 30 minutes late**. This will help you avoid possible consequences for truancy.

Valid excuses for a student arriving late or being absent are:

- Personal illness or injury
- Funeral in the immediate family
- Medical or dental appointments
- Religious exercises (limited number)
- Quarantine
- Jury duty (for students 18 and older)
- Service as a member of a board for an election (for students 18 and older)
- Justifiable personal reasons: this must be approved by the Principal

Examples of Unexcused lateness or absence are:

- Oversleeping
- Missing the bus
- Suspension from school
- Hair appointments
- Babysitting
- Shopping

If your student is late, you must sign in the student at the school office.

If your student is absent you are required to call the school, send a note, or come in to the school office to explain the student's absence. This will prevent an unverified absence (truancy) on your student's attendance record.

Slow Down For School

Please remember,
THE SPEED LIMIT IS 25 MPH on Diamond Valley Road.
Please slow down and enjoy the beauty!

Please park in the designated parking places, always leaving the "LOADING ZONE" or "BUS ZONE" open.

With field trips and varied schedules, this area must remain clear at all times.

Cafeteria

Alpine County Unified School District is continuing its participation in Community Eligibility Provision (CEP) for the 2019-2020 school year. The CEP allows the District to provide all students breakfast and lunch free of charge.

Milk can be purchased separately for \$0.70. Students can either bring money to school or parents can add money to their student's account.

We welcome guests to join students for breakfast or lunch in the cafeteria, however, our main priority is to ensure that all of the students receive their meals first. We will accommodate guests after students have been served. Please RSVP to the front office at 694-2238 no later than 10:00am if you would like to join the students for lunch.

Adult Meal Prices (subject to change):

Breakfast \$2.73 including tax

Lunch \$4.02 including tax

Surveillance Policy Reminder

We want to remind you that we have **surveillance cameras** mounted on campus. The cameras serve two functions. The most important purpose is safety but we will also use the cameras for loss prevention.



School Bus Safety Tips

1. Be on time
2. Always walk to or from the bus
3. Stand back from the curb
4. Keep hands & feet to yourself
5. Stay in your seat
6. Use inside voices
7. Always obey the driver
8. Wait for the driver's signal before crossing
9. Always cross at least 10 feet in front of the bus
10. Stay out from under a school bus



WHAT CAN PARENTS DO? PREVENTING TEEN ALCOHOL AND OTHER DRUG USE.

**Talk with your children about alcohol and other drug use throughout their adolescent years.
Don't assume they know where you stand on the issue.**

**Establish clear and consistent rules and consequences for use of alcohol or other drugs and
then follow through.**

**Create family time on a frequent and regular basis. A sense of unity and shared goals
reinforces your family bonds.**

**Encourage our children to be involved in extracurricular activities, particularly after school.
Stay connected with the parents of your child's friends and check in regularly about activities,
events, and other plans.**

**Give your teen an "out" to avoid dangerous situations. Be the excuse for why they can't use.
Offer to pick them up from a party, or function, with no questions asked.**

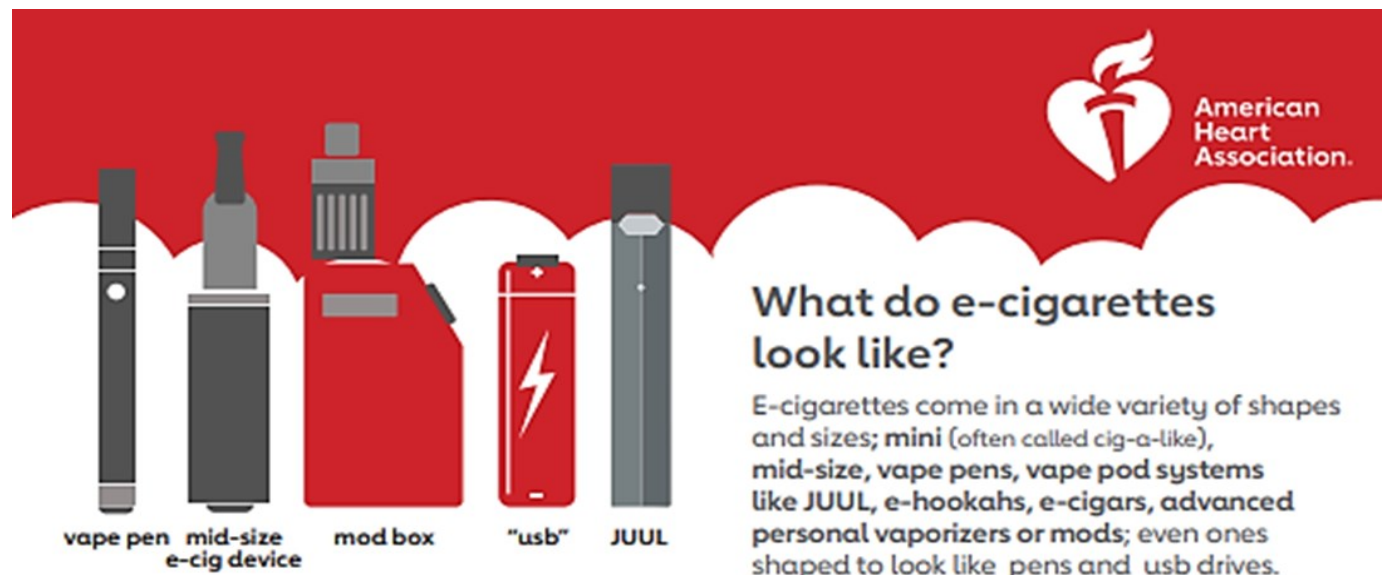
**Stop the denial about teen substance use. It is happening in your child's school. Be a model
of healthy and responsible ways to cope with stress.**

**Have fun with your teen. Find activities that you enjoy doing together. Your teen will be out
of the house before you know it.**

**For more parent education information please contact Alpine County Behavioral Health
Services.**

Misty Dee- AOD Program Specialist

530-694-1816



What Is JUUL?

JUUL is a rapidly growing type of e-cigarette that became available in the US in 2015. It now accounts for about 72 percent of the market share of vaping products in the United States.

- JUUL is particularly appealing to adolescents and young adults because it has a slim design **shaped like a USB flash drive** (which makes it easier to hide).
- It comes in different colors, and a wide variety of flavors, including many that appeal to kids.
- **JUUL does not emit large smoke clouds**, making it optimal for discreet use.
- Not only is nicotine high in JUUL pods, it is present in a **benzoic acid salt** rather than a free base which **increases the rate of nicotine delivery** and decreases the harsh sensation in the mouth and throat.



The JUUL nicotine refill ("pods") contain **as much nicotine as a pack of 20 regular cigarettes**. Average pod length varies but can last up to 200 puffs.

Noting this unprecedented spike in e-cigarette use in youth, in December 2018, the US Surgeon General issued an advisory for parents, teachers and health professionals about the negative health consequences of e-cigarettes in kids.

What can parents do?











- Do not use any tobacco products
- Talk with your kids about the dangers of smoking and the importance of avoiding any tobacco use (conventional cigarettes or e-cigarettes)
- Educate your kids that e-cigarettes contain nicotine, a **HIGHLY** addictive substance
- Advocate for comprehensive tobacco prevention policies (that include e-cigarettes)

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Alpine County USD
ELEMENTARY BREAKFAST K-8
HHFKA - K-8

Aug 9, 201

DIAMOND VALLEY ELEMENTARY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 HOLIDAY 	Sep - 3 YOGURT W/GRANOLA MUFFIN CEREAL APRICOTS MILK	Sep - 4 HARD BOILED EGG HAM SLICES HASHBROWNS CEREAL MIXED FRUIT MILK 	Sep - 5 CINNAMON ROLLS SAUSAGE CEREAL APPLESAUCE MILK 	Sep - 6 WAFFLE W/ SAUSAGE CEREAL STRAWBERRIES MILK
Sep - 9 BAGEL WITH CREAM CHEESE CEREAL BLUEBERRIES, Fresh MILK 	Sep - 10 PANCAKES SAUSAGE CEREAL PEACHES MILK	Sep - 11 SCRAMBLED EGGS HASHBROWNS CEREAL APRICOTS MILK	Sep - 12 SAUSAGE*PANCAKE CEREAL ORANGES MILK	Sep - 13 APPLE CRISP SAUSAGE CEREAL APPLESAUCE MILK 
Sep - 16 BISCUITS AND GRAVY SAUSAGE CEREAL FRESH FRUIT MILK	Sep - 17 OMELET HASHBROWNS CEREAL ORANGES MILK 	Sep - 18 PANCAKES TURKEY SAUSAGE PATTY CEREAL PEACHES MILK 	Sep - 19 SCRAMBLED EGGS HAM SLICES TOAST CEREAL MIXED FRUIT MILK	Sep - 20 FRENCH TOAST STRIPS SAUSAGE CEREAL FRESH FRUIT MILK
Sep - 23 HAWK OATMEAL TOAST CEREAL BANANA MILK 	Sep - 24 HARD BOILED EGG HAM SLICES HASHBROWNS CEREAL ORANGES MILK	Sep - 25 PANCAKES TURKEY SAUSAGE PATTY CEREAL PEACHES MILK	Sep - 26 SCRAMBLED EGGS SAUSAGE TOAST CEREAL MIXED FRUIT MILK 	Sep - 27 WAFFLE W/ SAUSAGE CEREAL PEACHES MILK 
Sep - 30 YOGURT W/GRANOLA MUFFIN CEREAL BLUEBERRIES, Fresh MILK				

SEPTEMBER MENU

A Selection Of Fresh Fruits And Vegetables Is Available With Each Meal.

Menu Subject To Change Without Notice














The USDA and the CDE are equal opportunity providers and employers.

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Alpine County USD
ELEMENTARY LUNCH K-8
HHFKA - K-12

Aug 9, 201

DIAMOND VALLEY ELEMENTARY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 HOLIDAY 	Sep - 3 TURKEY SANDWICH POTATO SALAD CARROT STICKS FRUIT COCKTAIL MILK	Sep - 4 PIZZA SALAD, TOSSED GRAPE TOMATOES W/ RANCH PINEAPPLE CHUNKS MILK	Sep - 5 SPAGHETTI & MEAT SC. BREADSTICKS CARROTS PEARS MILK 	Sep - 6 CHICKEN SANDWICH TATER TOTS CUCUMBERS ORANGES MILK
Sep - 9 GRILLED CHEESE TOMATO SOUP CELERY STICKS PEACHES MILK 	Sep - 10 BEEF TACO MEXICAN RICE REFRIED BEANS ORANGES MILK 	Sep - 11 CHICKEN NUGGETS SWEET POTATO FRIES COLESLAW PEARS MILK 	Sep - 12 GROUND BEEF STROGANOFF NOODLES/GRAVY ROLLS (YEAST) GREEN BEANS FRESH FRUIT MILK	Sep - 13 PIZZA SALAD, TOSSED CELERY STICKS FRUIT SALAD MILK
Sep - 16 CHICKEN QUESADILLA BLACK BEANS CELERY STICKS PEACHES MILK	Sep - 17 SALAMI SUBS SUN CHIPS ZUCCHINI SQUASH PEACHES, FRESH MILK	Sep - 18 BEAN & CHEESE BURRITO MEXICAN RICE CORN MIXED FRUIT MILK	Sep - 19 ORANGE CHICKEN RICE MUFFIN BROCCOLI FLORETS MANDARIN ORG. MILK 	Sep - 20 CHICKEN SANDWICH SWEET POTATO FRIES COLESLAW PINEAPPLE CHUNKS MILK
Sep - 23 MACARONI AND CHEESE (NEW) BREADSTICKS BROCCOLI FLORETS MIXED FRUIT MILK 	Sep - 24 TERIYAKI CHICKEN WRICE MUFFIN MIXED VEGETABLES MANDARIN ORG. MILK	Sep - 25 BBQ PORK ON A ROLL SUN CHIPS COLESLAW PEARS MILK 	Sep - 26 CHILI BEANS/CHEESE CORNBREAD CELERY STICKS ORANGES MILK	Sep - 27 NACHOS CHILI BEANS CORN FRESH FRUIT MILK 
Sep - 30 BEEF LASAGNA BREADSTICKS SALAD, TOSSED ZUCCHINI SQUASH FRUIT SALAD MILK 				

SEPTEMBER MENU

A Selection Of Fresh Fruits And Vegetables Is Available With Each Meal.

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Keep Our School Healthy

**Check your students
for these signs of illness:**

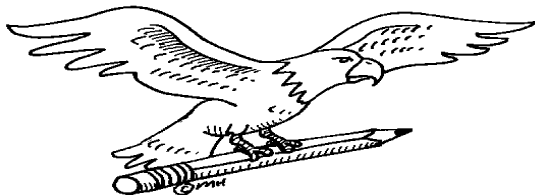
- ✓ Fever or Chills
- ✓ Unusual spots or rashes
- ✓ Coughing, with other signs of illness
- ✓ Sore throat or trouble swallowing
- ✓ Headache
- ✓ Muscle aches
- ✓ Sneezing
- ✓ Vomiting
- ✓ Diarrhea
- ✓ Breathing trouble



**Send a
sick child
home**



Stop the spread of disease at school.



Diamond Valley Elementary School
35 Hawkside Drive
Markleeville, CA 96120
Phone: (530) 694-2238
Fax: (530) 694-2386

