

**LA CAÑADA UNIFIED SCHOOL DISTRICT
REQUEST FOR APPROVAL OF SCHOOL SPONSORED ACTIVITY**

TO: Superintendent
FROM: Andy DiConti
DATE: 9/23/19

Activity Name and Destination: Crystal Springs Cross Country Invitational
Address: 2600 Hallmark Dr., Belmont, CA 94002
Date(s) of Activity: October 11-13
School(s): La Cañada High School
Number of Students Attending and Grade Level or Group: 18 students
Supervising Certificated Employee(s): 2
How many administrators attending? 0 How many teachers attending? 2
Adult to Student Ratio: 1 to 9 Employee to Student Ratio: 1 to 9
How many substitutes? 2 How many days? 1 Charge Substitute to: LC Cross Country

Rationale for activity:

- A) Explain the educational value and relate to the instructional program or sponsoring organization and Policy 1100.
As a 6th period athletic class, taking this trip will allow my cross country team to gain a better appreciation for each other's strengths as it relates to the sport. Aside from the athletic experience, I want my team to gain a better understanding of each other's personalities and to improve on their interpersonal relationships. The team bonding aspect is the key to creating a more successful team.
- B) Explain impact on instructional time and justification for any time lost.
My student/athletes will miss one day of instruction. They will speak to their teachers and make arrangements for taking tests early and/or turing in work in a timely fashion.
- C) Complete Itinerary: Please be specific and include detailed activity time periods for each day. (Attach additional page(s) if necessary.)
See Attached ...

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Destination/Date(s): Crystal Springs/October 11-13

COMPLETE COST BREAKDOWN

<u>Complete Cost Breakdown Per Student</u>	<u>Amount</u>	<u>Group Cost</u>	<u>Amount</u>
Registration:	\$	Registration	\$
Housing: hotel cost	\$ 125	Housing	\$ 2250
Transportation Method: 2 Vans - Gas	\$ 40	Transportation	\$ 720
Miscellaneous Expenses:	\$	Miscellaneous Expenses	\$
Meals:	\$	Meals	\$
Total Student Cost	\$ 165	Total Group Cost	\$ 2970

Source of Funds

Cross Country Team Accounts will pay for:

1. Van Rentals
2. Invitational Cost - Entry Fee
3. Two Substitutes for 1 day for 2 teachers

How is financial assistance provided to students in need?

Each student is able to provide the amount stated above.

If this activity is not planned for all your students, what learning activities will be planned for the students or classes that remain in session? Please attach lesson plans.

The student/athletes who will not be on this trip will resume practice under the care of a substitute teacher. As the coach, I will have designed the workout and conveyed that information to the substitute to give to the cross country team.



Approved: Principal



Approved: Superintendent or Designee

9/23/19

Date

9/24/19
Date

Itinerary for Crystal Springs Overnight Trip

Friday, October 11

- 7:30 - Depart LCHS for Bay Area
- 10am -10:10am - Driving Switch in San Luis Obispo
- 12pm - Stop for Lunch Break
- 1pm - Hotel Arrival/Room Assignments (IF WE CAN'T GET IN, WE WILL HEAD TO THE COURSE EARLIER)
- 3pm - Drive to Race Course
- 3:20pm - Run the course
- 5pm - Clean up for Dinner
- 6pm - Dinner
- 8pm - Team Meeting
- 9pm - Back to Rooms
- 10pm - Lights out

Saturday, October 12

- 6am - Wake Up
- 6:30am - Light Breakfast
- 7am - Dress for Race
- 7:30am - Head to Race Course
- 9 - 1:30pm - RACING
- 2:30pm - Head to back hotel
- 3:30pm - Tour San Francisco
- 6pm - Dinner in the City
- 7pm - Head back to hotel
- 7:30 - Team Meeting
- 9pm - Lights Out!

Sunday, October 13

- 7am - Wake up
- 7:30am - Breakfast
- 8am - Head back to LCHS
- 2pm - Arrive back to school

