



Student Mental Health Supports

Carol Young – Director of Counseling, College and Career

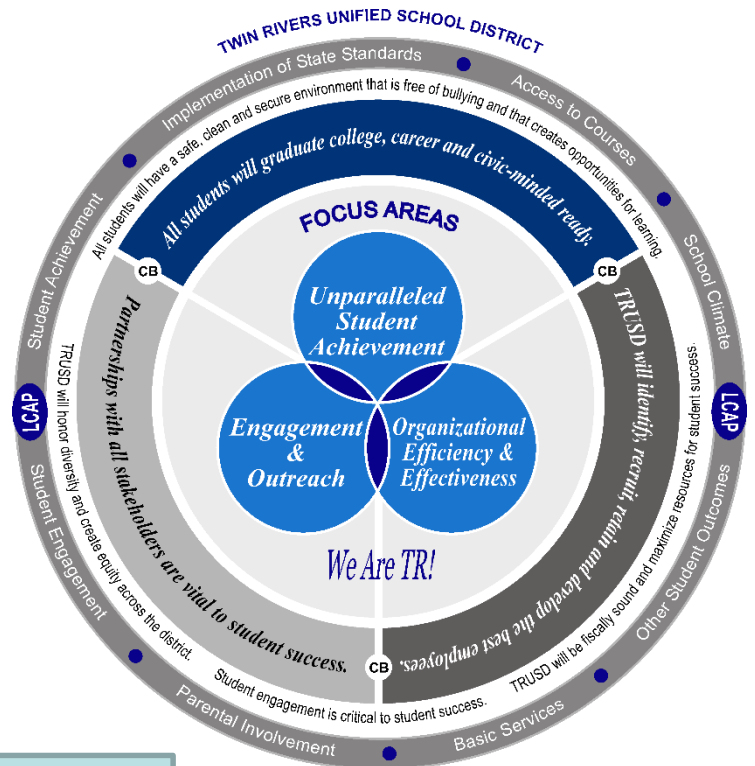
Andrew Withers - Director of Special Projects

Kathleen Walker – Executive Director of Special Education

Board Presentation - 10/8/19

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Purpose

- The purpose of this presentation is to provide the Board with an overview of the mental health supports provided to students throughout the district.

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Overview

- The extensive supports provided have been organized into three major categories operating across departments to support students.
- Major Categories :
 - Prevention
 - Intervention
 - Follow Up

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PREVENTION

Activities and services designed to support students with coping skills and supports and train staff to recognize warning signs

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Mandatory Trainings

- **Suicide Assessment Training:** Psychologists, Counselors, Mental Health Therapists
- **Social Emotional Group Training:** Counselors
- **Suicide Prevention Training:** All 7-12 Grade Teachers, school nurses, and all after school providers
- **Threat Assessment Training:** 7-12 Counselors
- **Pro-Act:** All ED and mod-severe plus optional for others
- **Positive Prevention and CA Healthy Youth Act:** 7/9
- **Human Trafficking:** Students and Teachers 7/9

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Suicide Prevention

2017/18 Suicide Prevention Training

- Counselors, Psychologist, 7 – 12 teachers, after school care providers, registrars, some elementary teachers and AISBs.

2018/19 Additional Suicide Prevention Training

- District Nurses
- Additional elementary Teachers
- Suicide Prevention Cards

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Additional Optional Professional Development Opportunities

- Mental Health First Aid
- Trauma Informed Practices
- Classroom Culture Kickoff
- Community Circles
- Self-Regulation
- Peace Corners
- Mindfulness
- Behavioral Support Plan Training
- PBIS Strong Kids, Strong Teens, Check in Check Out
- Tobacco Use Prevention Education (TUPE): Substance Abuse
- Crisis Response Training
- Restorative Practices and Community Circles

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Programs & Services

- Educationally Related Mental Health Services/Designated Instructional Services on Individualized Education Plans
- Access Referral
- Social Skills Groups Through Speech Language Pathologists
- Zones of Regulation
- Foster Youth Counselors
- Social Emotional Groups K-12: Currently serving 1800 students
- Elementary District Social Emotional Counselor

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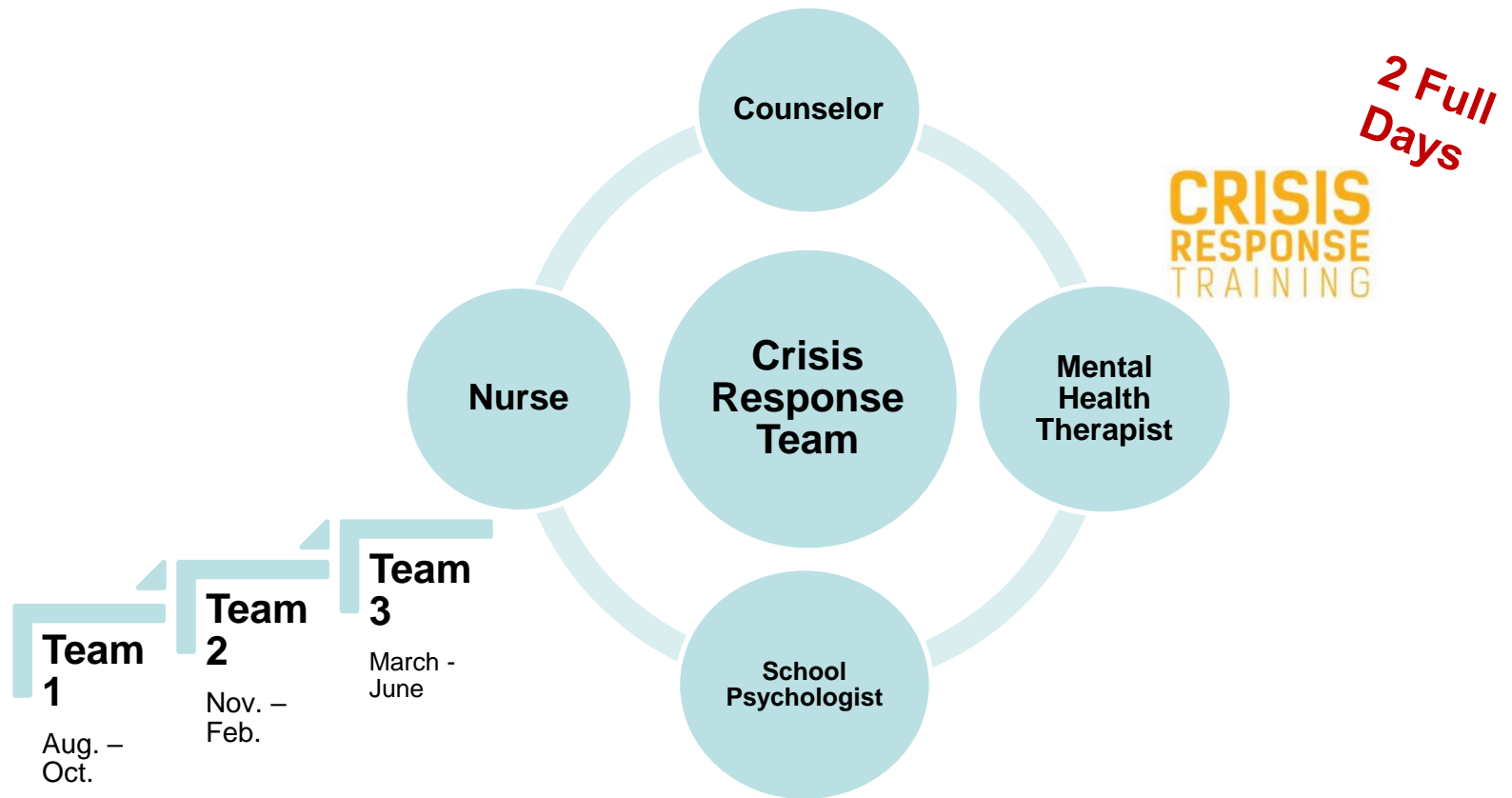
INTERVENTION

Supports and services that are deployed when a crisis occurs at a school site

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Crisis Response Team



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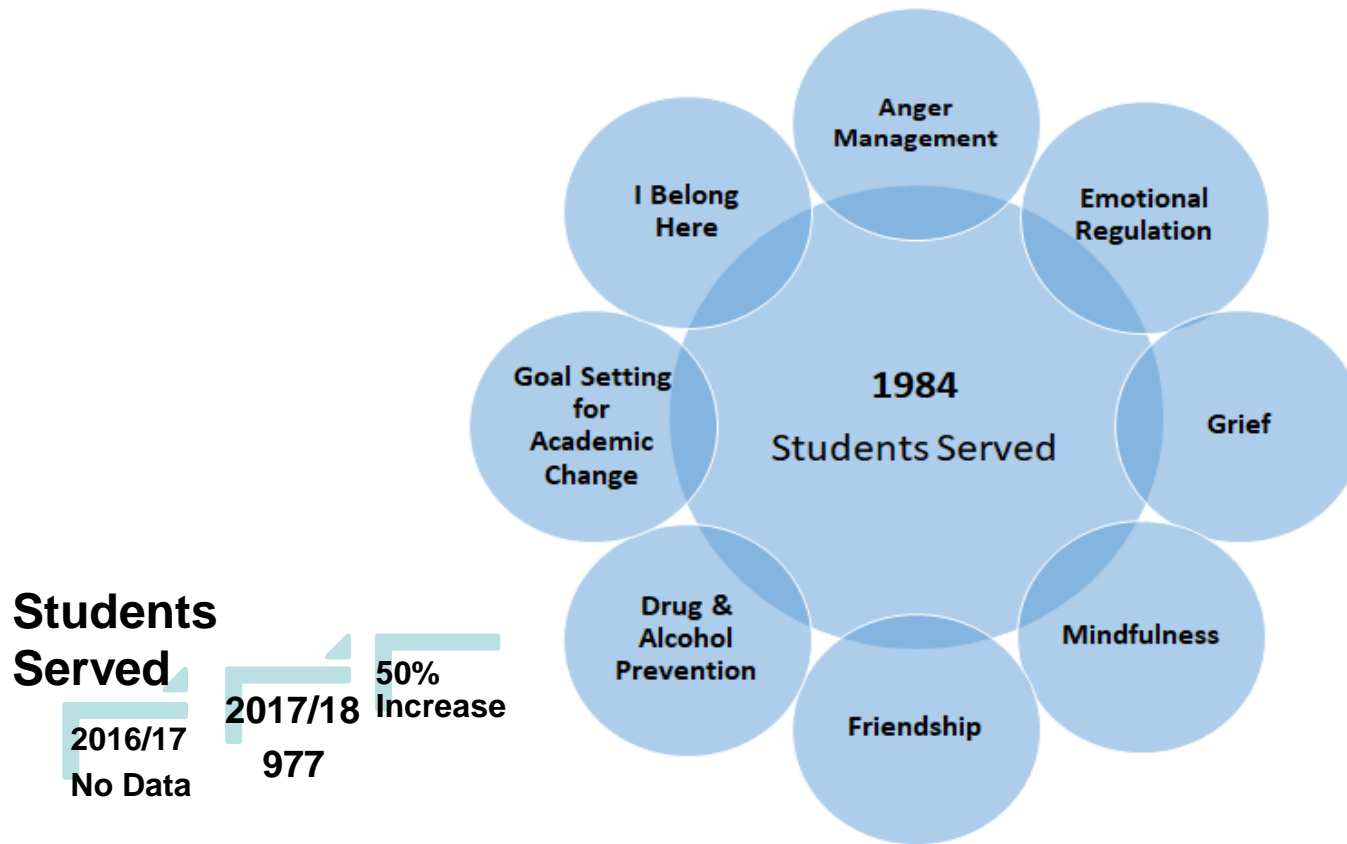
Intervention

- Crises Response Teams Activated by Director of College and Career Readiness or Executive Director of Special Education
 - 3 Teams of 11 members each
 - Rotations by Month including:
 - Nurse
 - Counselors
 - School Psychologists
 - Mental Health Therapist

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2018-19 Social / Emotional Groups

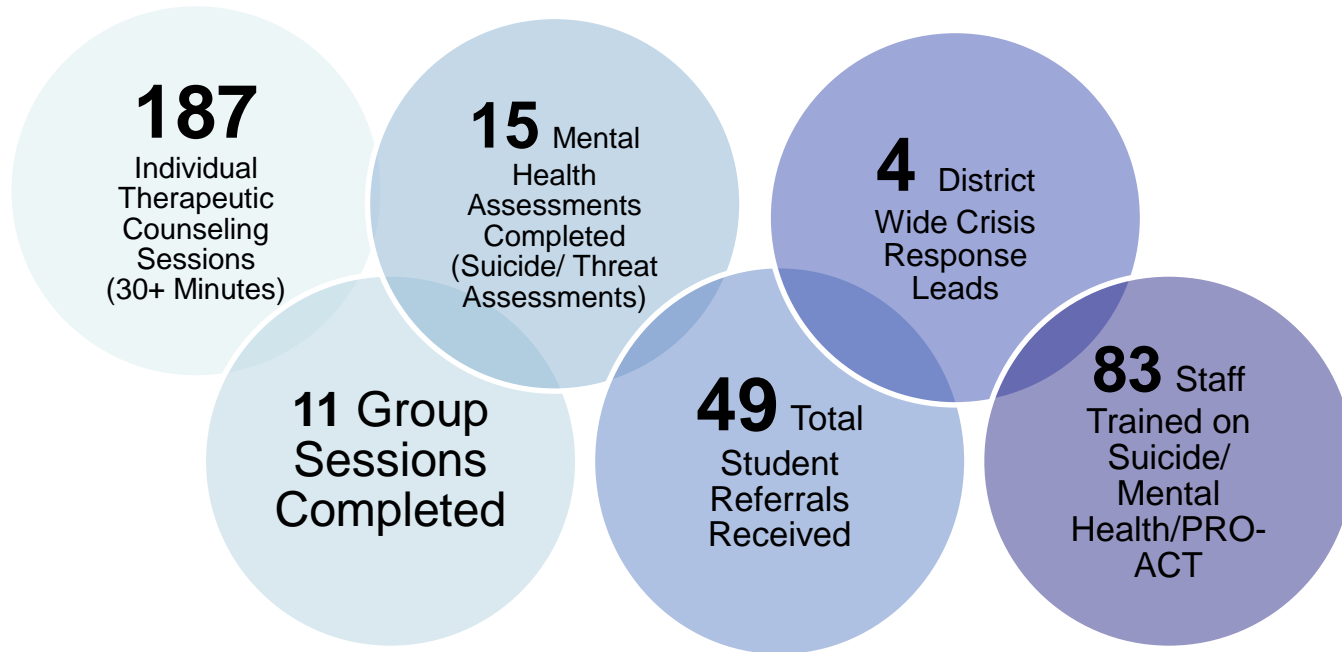


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Social Emotional Counselor

Data collected for services provided for the 2018/19 School Year as of 3/20/19



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New Supports 2019/20

- Terkensha Associates Mental Health Services
 - Therapists at Babcock and Noralto
- Safe Zone Squad (3-Year Grant)
 - Social Emotional Counselor (MLK)
 - Academic and Behavior Intervention Assistant (MLK)

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Follow Up

Supports and services provided following a crisis to support the student's re-entry into the system

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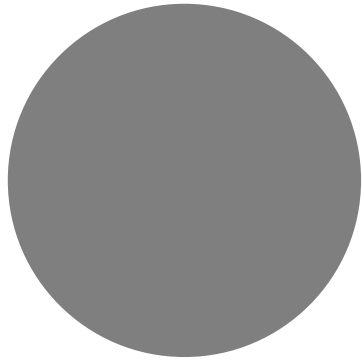


Follow Up

- Following a 5150:
 - Parent Meeting
 - Hospital Release
 - Post-Intervention Plan
- Special Education
 - IEP Revisions
 - Mental Health Therapist Intensive Services
 - Dedicated School Psychologist Consultation & Supports
 - Behavioral Intervention Services
- MTSS/PBIS
 - SST
 - PBIS Focus Team Monitoring
 - Restorative Circles
 - Tier 2 Development and monitoring

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Questions?

Thank you!

