

# California Healthy Youth Act (AB 329)

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Board Update - November 19, 2019

# What is CHYA?

California Healthy Youth Act is law that requires all California school districts to provide students with comprehensive sexual health education and HIV prevention education.

- Effective January 2016
- Students must receive this instruction once in middle school and once in high school
- Board policies and administrative regulations must reflect the law's provisions as outlined in *Education Code* sections 51930-51939
- Districts must ensure that curriculum and instruction, including all outside and guest speakers are compliant with the law
- Districts must provide in-service training to teachers as necessary to ensure they understand the requirements of the law and are informed about new developments in the scientific understanding of HIV and sexual health

# Sylvan District Implementation of CHYA



Who was involved in the planning for implementation and the selection of materials?

What materials were selected to best meet the needs of Sylvan students?

Why were these materials selected?

Which grade was identified as the most appropriate placement for the content?

When were the instruction and materials implemented?

How did it go?

What are our next steps?

# Planning for Implementation & Material Selection

Fall 2018

- Committee - 3 science teachers, 1 district nurse
- Materials - Positive Prevention Plus
- Placement - 7th Grade Science Class

Spring 2019

- Timing - April/May
- Duration - 4-week unit

# Positive Prevention Plus

Lesson 1 - Understanding Change

Lesson 2 - Exploring Friendships

Lesson 3 - Bullying & Abuse

Lesson 4 - Human Trafficking

Lesson 5 - Preventing Unplanned Pregnancy

Lesson 6 - Teen Pregnancy

Lesson 7 - Myths and Stereotypes about HIV

Lesson 8 - HIV/AIDS Epidemic

Lesson 9 - Preventing Sexually Transmitted Infection

Lesson 10 - Recognizing and Reducing Risks

Lesson 11 - Media and Peer Pressure

Lesson 12 - HIV/STI Testing & Community Resources

Lesson 13 - Goal Setting

# Next Steps with the Following Groups in Mind...

- Students
- Parents
- Teachers
- Board of Trustees