

# Elk Grove Unified School District

## Food & Nutrition Services



Unified School District



# Food & Nutrition Services



# Food & Nutrition Services

## EGUSD Strategic Goals

### High-Quality Classroom Instruction & Curriculum

All students will receive high quality classroom instruction and curriculum to promote college and career readiness and close the achievement gap.

### Assessment, Data Analysis, & Action

All students will benefit from instruction guided by assessment results (formative, interim and summative) and continuous programmatic evaluation.

### Wellness

All students will have an equitable opportunity to learn in a culturally responsive, physically/ and emotionally healthy and safe environment.

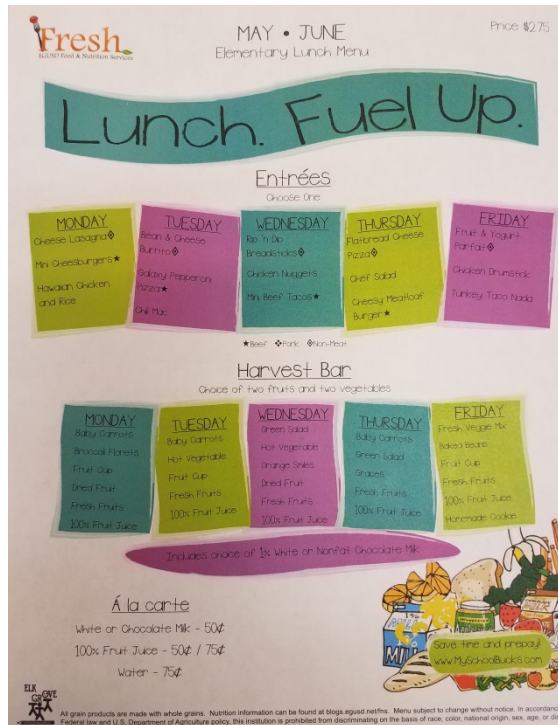
### Family & Community Engagement

All students will benefit from programs and services designed to inform and involve family and community partners.



# Food & Nutrition Services

## Healthy, Hunger Free Kids Act Breakfast & Lunch



The Healthy, Hunger Free Kids Act of 2010 requires School Districts to provide:

- **Grains** – at least half must be whole grain rich (at least 51% WG)
- **Meat/Meat Alternatives** – focus on lean protein
- **Fruits**
- **Vegetables** – must meet color sub groups (at lunch)
- **Milk** – lowfat or nonfat (2 types must be offered at every meal service)

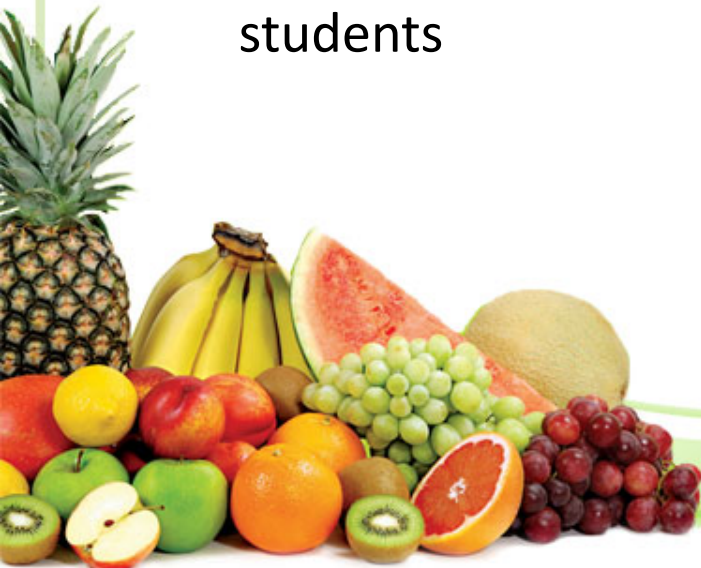
❖ ***Students must take a ½ cup fruit or vegetable***

# Food & Nutrition Services

## Quality Food for All Students

Focus on:

- Fresh, Quality
- Choice
- CA Grown
- Available to all students



# Food & Nutrition Services

## Meal Reimbursement Rates

	2015-16	2016-17	2017-18	2018-19	2019-20
<b>Breakfast</b>					
Free	\$ 1.99	\$ 2.04	\$2.09	\$ 2.14	\$2.20
Reduced	\$ 1.69	\$ 1.74	\$1.79	\$ 1.84	\$1.90
Paid	\$ 0.29	\$ 0.29	\$.30	\$ 0.31	\$.31
<b>Lunch</b>					
Free	\$ 3.15	\$ 3.24	\$3.31	\$ 3.39	\$3.50
Reduced	\$ 2.75	\$ 2.82	\$2.91	\$ 2.99	\$3.10
Paid	\$ 0.37	\$ 0.38	\$0.39	\$ 0.39	\$0.41
<b>State*</b>	\$ 0.23	\$ 0.23	\$0.23	\$ 0.24	\$0.24

*\*For free & reduced meals served at both breakfast and lunch.*

# Food & Nutrition Services

## Total Meal Counts

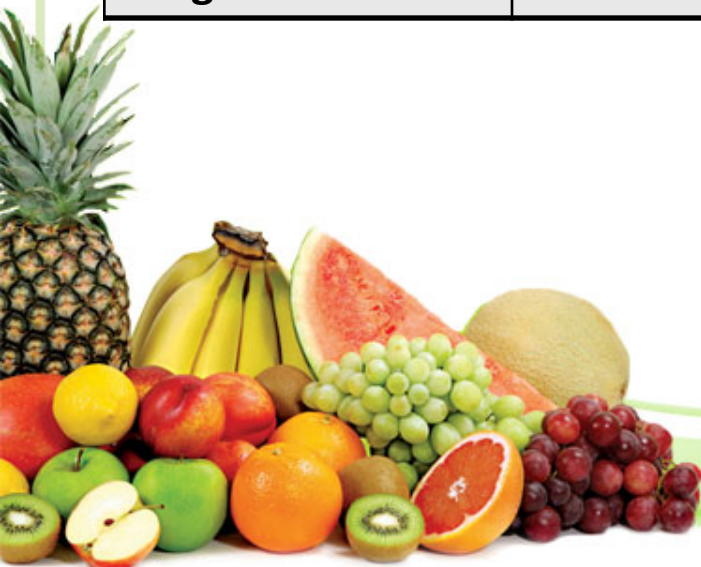
Meal Counts	2015-16	2016-17	2017-18	2018-19
Breakfast	2,090,961	2,026,461	2,010,908	1,950,790
Lunch	5,792,494	5,673,726	5,610,096	5,686,359
Supper	420,594	411,042	449,257	454,450
Snack	164,391	173,337	194,960	172,775
Summer Meals	32,266	31,555	30,336	31,049
Total	8,500,706	8,316,121	8,295,557	8,295,423
% change	-2.5%	-2.2%	-0.2%	-0.0%



# Food & Nutrition Services

## Free & Reduced Eligibility

	10/31/2016	10/31/2017	10/31/2018	10/31/2019
<b>% of students eligible for the Free or Reduced Price Meal Program</b>	<b>52.56%</b>	<b>52.60%</b>	<b>52.62%</b>	<b>52.80%</b>





# Food & Nutrition Services

## Meal Breakdown

(by eligibility)

*The majority of meals served by FNS are to those students with the highest need.*

	2015-16	2016-17	2017-18	2018-19
Breakfast				
Free	70.50%	68.29%	70.29%	70.10%
Reduced	17.56%	18.18%	15.59%	15.40%
<b>Total Free &amp; Reduced</b>	<b>88.06%</b>	<b>86.47%</b>	<b>85.88%</b>	<b>85.5%</b>
Lunch				
Free	58.24%	56.44%	58.25%	57.66%
Reduced	16.87%	17.32%	14.76%	14.45%
<b>Total Free &amp; Reduced</b>	<b>75.11%</b>	<b>73.76%</b>	<b>73.01%</b>	<b>72.11%</b>

# Food & Nutrition Services

## What does this mean?

- FNS served 1,667,925 breakfasts and 4,100,433 lunches to kids in need.

## Why is this important?

- Continual research shows that there is a positive correlation between proper nutrition and academic performance. ***Students who eat better perform better.*** (GENYOUth Foundation, 2013)

***Our goal is to provide fresh, quality meals that help students achieve at their full potential every day.***



# Food & Nutrition Services

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## Free Meals for All

### Provision 2 & Community Eligibility Program

*SB 138 – 2018-19 SY*

## 16 Schools participating in a Provision Program

#### **Community Eligibility (CEP)**

- 3 schools
- Based on Direct Certification
- Reimburses at Free or Paid
- 62.5% DC = All Meals at Free Reimbursement

#### **Provision 2 (P2)**

- 13 schools
- Based on Applications
- Reimburses at Free/Reduced/Paid
- Look at schools above 75% F/R

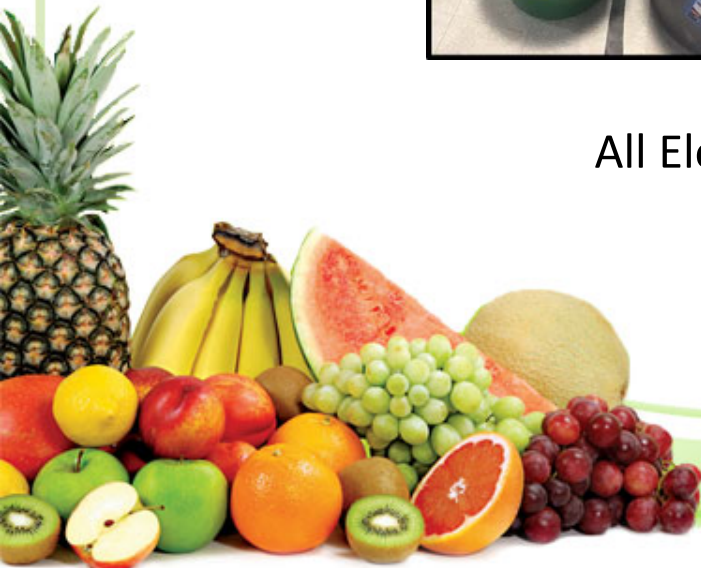
# Food & Nutrition Services

## Organic Waste Sorting

*AB 1826* – Requires schools to divert organic waste from the landfills



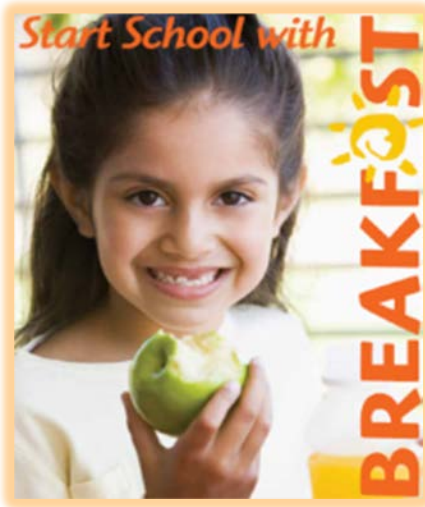
All Elementary Schools in 2019-20 SY.





# Food & Nutrition Services

## Breakfast



- Studies show that children, especially nutritionally at-risk children, who eat breakfast have higher math and verbal fluency scores and perform better on standardized tests. (GENYOUTH Foundation, 2013)
  - Breakfast eaters pay better attention, **behave better** in class and are **less likely to be absent**, late or see the school nurse. (GENYOUTH Foundation, 2013)
- EGUSD recognizes the importance of breakfast and offers breakfast programs at all schools.
  - Breakfast supports current district initiatives:  
***Positive Behavior and Intervention Systems (PBIS)***  
***Attendance Improvement***

# Food & Nutrition Services

## Nutrition Breaks

*A 10 minute break where students who did not eat breakfast before school can grab a breakfast to eat on their way to their next class.*

Currently offer at:

- Elk Grove HS
- Laguna Creek HS
- Monterey Trail HS
- Valley HS

<b>Newest Site - Monterey Trail HS</b>			
1 <sup>st</sup> year – 2018-19 SY			
	2017-18	2018-19	
	Total Brkfst Meals	Total Brkfst Meals	Increase in Total Meals
Totals	62,043	68,441	6,398

# Food & Nutrition Services

## New Breakfast Carts

*Bring Breakfast to where the Students are*

James Rutter MS



Florin HS



*Both carts were funded by grant funds by  
Fuel Up to Play 60*



# Food & Nutrition Services

## Summer Meals

Sacramento Summer Meal Collaborative

Goal: Reach a Million Meals Served during Summer





# Food & Nutrition Services

## Summer Meals

Meals served in Local Parks, Community Centers & Libraries  
When school is not in session



# Food & Nutrition Services

## Summer Meal Van



*Funded by grant funds from  
No Kid Hungry*



# Food & Nutrition Services

## Fresh Fruit & Vegetable Grant

Provide Fresh Fruit or Vegetable Snack at 5 Elementary Schools



- Florin ES
- Samuel Kennedy



- Morse
- David Reese
- Union House

*Funded by USDA specialty grant*



# Food & Nutrition Services

## Nutrition Education



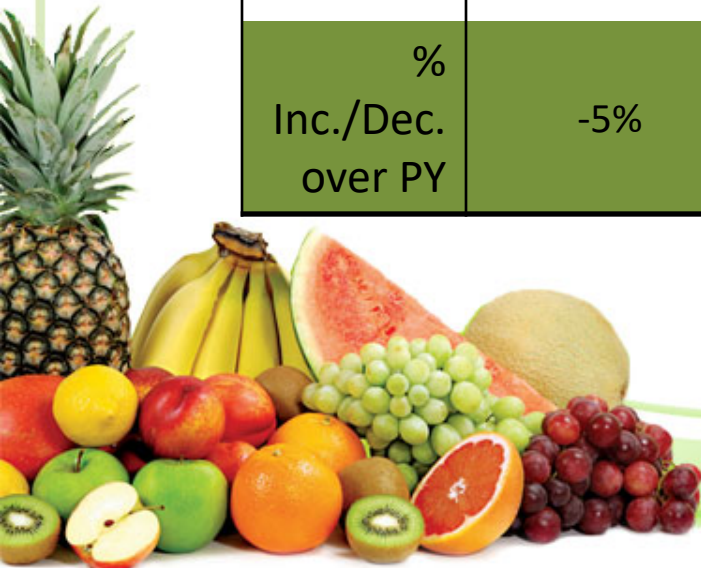
- 525 SHAPE Teachers
- Harvest of the Month - 750 Classrooms/mo.
- Jr. Chef provided to 6<sup>th</sup> graders at 17 schools reached 64 classrooms.
- Tours provided



# Food & Nutrition Services

## Revenue

	2015-16	2016-17	2017-18	2018-19
Federal	\$ 19,490,875	\$ 18,846,095	\$ 20,041,669	\$ 19,177,922
State	\$ 1,088,267	\$ 1,333,061	\$ 1,349,771	\$ 1,921,245
Local	\$ 4,078,108	\$ 4,451,335	\$ 4,496,462	\$ 4,566,131
Total	\$ 24,657,250	\$ 24,630,491	\$ 25,887,902	\$ 25,665,298
% Inc./Dec. over PY	-5%	-.1%	4%	-.8%





# Food & Nutrition Services

## Food Costs

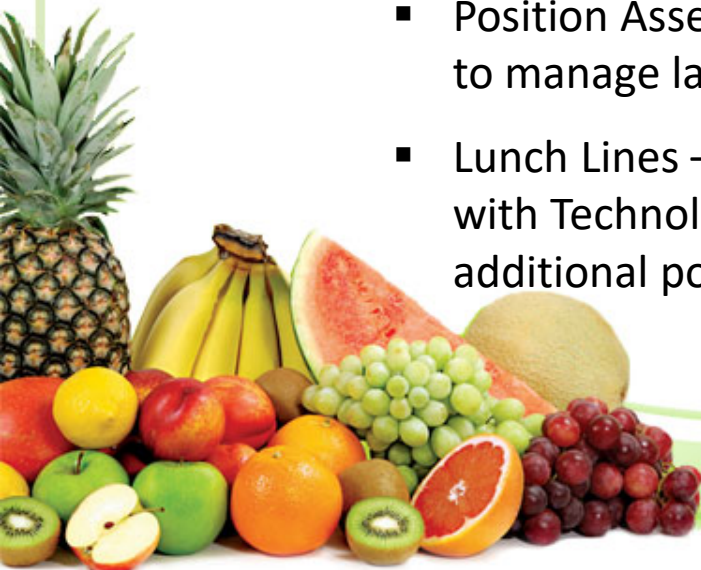
	2015-16	2016-17	2017-18	2018-19
Food Items	\$ 8,168,160	\$ 7,287,721	\$ 7,250,937	\$ 7,389,046
USDA Foods	\$ 2,372,509	\$ 2,402,183	\$ 2,604,784	\$ 2,186,370
Total Food Costs	\$ 10,540,669	\$ 9,689,904	\$ 9,855,721	\$ 9,575,416
Food Cost % (as % of revenue)	41%	39%	38%	37%

# Food & Nutrition Services

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## Labor Costs

- FNS labor & benefit costs are paid out of the Cafeteria Fund.
  - Cafeteria Fund employee costs are subject to the same Health Benefit and PERS rate increases as the General Fund.
- FNS manages labor closely by looking at Meals Per Labor Hour.
  - Each service level has a different goal based on the type of meal provided.
    - Elementary = 45 MPLH
    - Middle School = 18 MPLH
    - High School = 20 MPLH
  - Position Assessment – FNS assess each position as it opens in order to manage labor through attrition.
  - Lunch Lines – Important to offer multiple points of service. Working with Technology Services and Site Administration to find ways to add additional points of service.





# Food & Nutrition Services

## Labor Costs

	2015-16	2016-17	2017-18	2018-19
Total Labor/Benefit Costs	\$ 11,880,330	\$ 12,087,684	\$ 12,253,467	\$ 13,327,506
Labor Cost % (as % of revenue)	46%	49%	47%	52%



# Food & Nutrition Services

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## *SB 265 – No Shaming Act*

Provides all children with a reimbursable meal no matter their ability to afford.

- Cannot provide child with an alternative meal due to no funds or an outstanding balance.
- Cannot have a charge limit.
- Cannot hold the unpaid debt against the child and cannot send to collections.

*2018-19 - \$133,000 unpaid debt.*



# Food & Nutrition Services

## Moving Forward 2020-21

- Increase Meal Prices by \$.25
- Increase Breakfast Participation
- Continued Focus on Reducing Food Waste
- Focus on Fresh & Plant Based Meal Options
- Every Student Matters

# Food & Nutrition Services

Continued Support	
Anticipated 2019-20	\$400,000
• Unpaid Meal Charges – SB 265	
• Labor & Benefit Costs	
• Nutrition Education Programming	
• Replace Central Kitchen Equipment	

# Food & Nutrition Services

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## Comments

