

Elk Grove Unified School District

Food & Nutrition Services



Food & Nutrition Services



Food & Nutrition Services

EGUSD Strategic Goals

**High-Quality
Classroom
Instruction &
Curriculum**

All students will receive high quality classroom instruction and curriculum to promote college and career readiness and close the achievement gap.

**Assessment,
Data Analysis,
& Action**

All students will benefit from instruction guided by assessment results (formative, interim and summative) and continuous programmatic evaluation.

Wellness

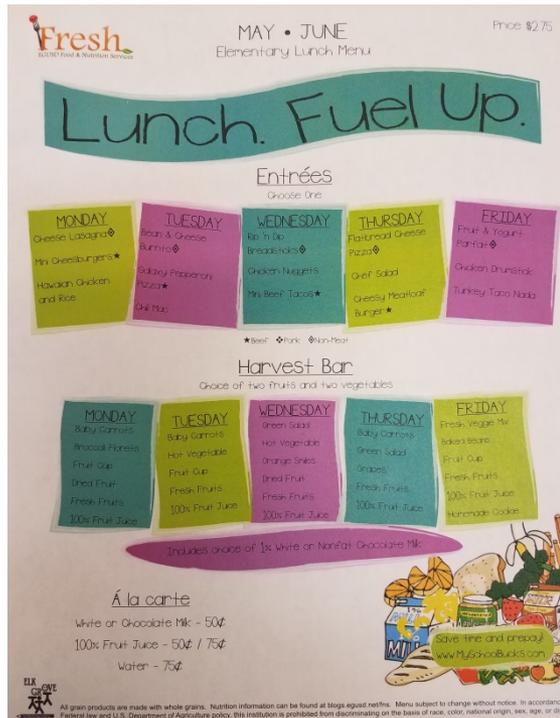
All students will have an equitable opportunity to learn in a culturally responsive, physically/ and emotionally healthy and safe environment.

**Family
& Community
Engagement**

All students will benefit from programs and services designed to inform and involve family and community partners.

Food & Nutrition Services

Healthy, Hunger Free Kids Act Breakfast & Lunch



The Healthy, Hunger Free Kids Act of 2010 requires School Districts to provide:

- **Grains** – at least half must be whole grain rich (at least 51% WG)
- **Meat/Meat Alternatives** – focus on lean protein
- **Fruits**
- **Vegetables** – must meet color sub groups (at lunch)
- **Milk** – lowfat or nonfat (2 types must be offered at every meal service)

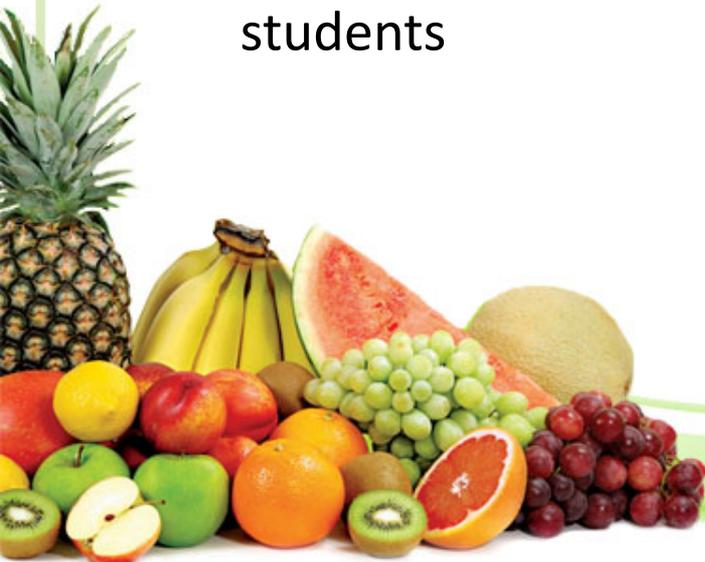
❖ ***Students must take a ½ cup fruit or vegetable***

Food & Nutrition Services

Quality Food for All Students

Focus on:

- Fresh, Quality
- Choice
- CA Grown
- Available to all students



Food & Nutrition Services

Meal Reimbursement Rates

	2015-16	2016-17	2017-18	2018-19	2019-20
Breakfast					
Free	\$ 1.99	\$ 2.04	\$2.09	\$ 2.14	\$2.20
Reduced	\$ 1.69	\$ 1.74	\$1.79	\$ 1.84	\$1.90
Paid	\$ 0.29	\$ 0.29	\$.30	\$ 0.31	\$.31
Lunch					
Free	\$ 3.15	\$ 3.24	\$3.31	\$ 3.39	\$3.50
Reduced	\$ 2.75	\$ 2.82	\$2.91	\$ 2.99	\$3.10
Paid	\$ 0.37	\$ 0.38	\$0.39	\$ 0.39	\$0.41
State*	\$ 0.23	\$ 0.23	\$0.23	\$ 0.24	\$0.24

**For free & reduced meals served at both breakfast and lunch.*



Food & Nutrition Services

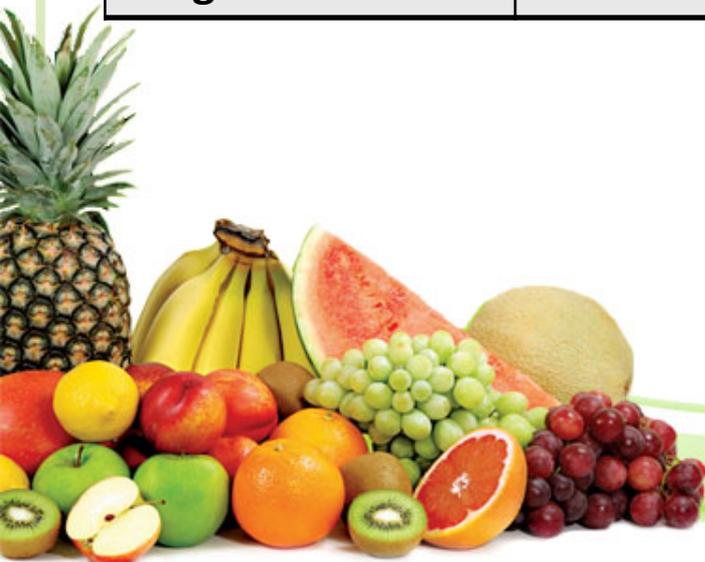
Total Meal Counts

Meal Counts	2015-16	2016-17	2017-18	2018-19
Breakfast	2,090,961	2,026,461	2,010,908	1,950,790
Lunch	5,792,494	5,673,726	5,610,096	5,686,359
Supper	420,594	411,042	449,257	454,450
Snack	164,391	173,337	194,960	172,775
Summer Meals	32,266	31,555	30,336	31,049
Total	8,500,706	8,316,121	8,295,557	8,295,423
% change	-2.5%	-2.2%	-0.2%	-0.0%

Food & Nutrition Services

Free & Reduced Eligibility

	10/31/2016	10/31/2017	10/31/2018	10/31/2019
% of students eligible for the Free or Reduced Price Meal Program	52.56%	52.60%	52.62%	52.80%





Food & Nutrition Services

Meal Breakdown

(by eligibility)

The majority of meals served by FNS are to those students with the highest need.

	2015-16	2016-17	2017-18	2018-19
Breakfast				
Free	70.50%	68.29%	70.29%	70.10%
Reduced	17.56%	18.18%	15.59%	15.40%
Total Free & Reduced	88.06%	86.47%	85.88%	85.5%
Lunch				
Free	58.24%	56.44%	58.25%	57.66%
Reduced	16.87%	17.32%	14.76%	14.45%
Total Free & Reduced	75.11%	73.76%	73.01%	72.11%



Food & Nutrition Services

What does this mean?

- FNS served 1,667,925 breakfasts and 4,100,433 lunches to kids in need.

Why is this important?

- Continual research shows that there is a positive correlation between proper nutrition and academic performance. ***Students who eat better perform better.*** (GENYOUth Foundation, 2013)

Our goal is to provide fresh, quality meals that help students achieve at their full potential every day.



Food & Nutrition Services

Free Meals for All

Provision 2 & Community Eligibility Program

SB 138 – 2018-19 SY

16 Schools participating in a Provision Program

Community Eligibility (CEP)

- 3 schools
- Based on Direct Certification
- Reimburses at Free or Paid
- 62.5% DC = All Meals at Free Reimbursement

Provision 2 (P2)

- 13 schools
- Based on Applications
- Reimburses at Free/Reduced/Paid
- Look at schools above 75% F/R

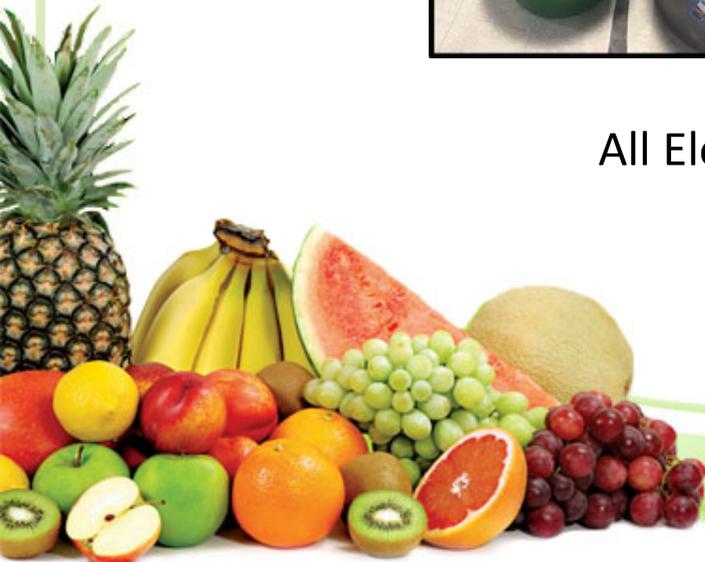
Food & Nutrition Services

Organic Waste Sorting

AB 1826 – Requires schools to divert organic waste from the landfills

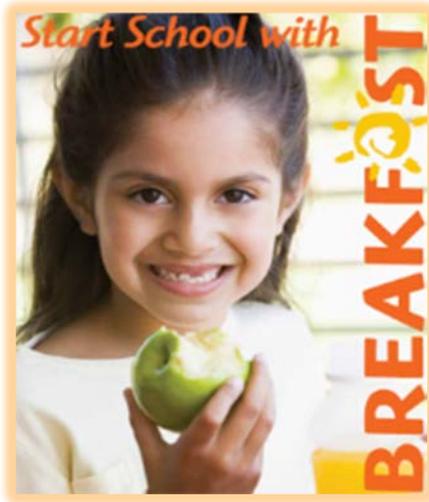


All Elementary Schools in 2019-20 SY.



Food & Nutrition Services

Breakfast



- Studies show that children, especially nutritionally at-risk children, who eat breakfast have higher math and verbal fluency scores and perform better on standardized tests. (GENYOUTH Foundation, 2013)
 - Breakfast eaters pay better attention, **behave better** in class and are **less likely to be absent**, late or see the school nurse. (GENYOUTH Foundation, 2013)
- EGUSD recognizes the importance of breakfast and offers breakfast programs at all schools.
 - Breakfast supports current district initiatives:
Positive Behavior and Intervention Systems (PBIS)
Attendance Improvement

Food & Nutrition Services

Nutrition Breaks

A 10 minute break where students who did not eat breakfast before school can grab a breakfast to eat on their way to their next class.

Currently offer at:

- Elk Grove HS
- Laguna Creek HS
- Monterey Trail HS
- Valley HS

Newest Site - Monterey Trail HS			
1 st year – 2018-19 SY			
	2017-18	2018-19	
	<i>Total Brkfst Meals</i>	<i>Total Brkfst Meals</i>	<i>Increase in Total Meals</i>
Totals	62,043	68,441	6,398

Food & Nutrition Services

New Breakfast Carts

Bring Breakfast to where the Students are

James Rutter MS



Florin HS



*Both carts were funded by grant funds by
Fuel Up to Play 60*

Food & Nutrition Services

Summer Meals

Sacramento Summer Meal Collaborative

Goal: Reach a Million Meals Served during Summer



Food & Nutrition Services

Summer Meals

Meals served in Local Parks, Community Centers & Libraries
When school is not in session



Food & Nutrition Services

Summer Meal Van



*Funded by grant funds from
No Kid Hungry*

Food & Nutrition Services

Fresh Fruit & Vegetable Grant

Provide Fresh Fruit or Vegetable Snack at 5 Elementary Schools



- Florin ES
- Samuel Kennedy



- Morse
- David Reese
- Union House

Funded by USDA specialty grant



Food & Nutrition Services

Nutrition Education

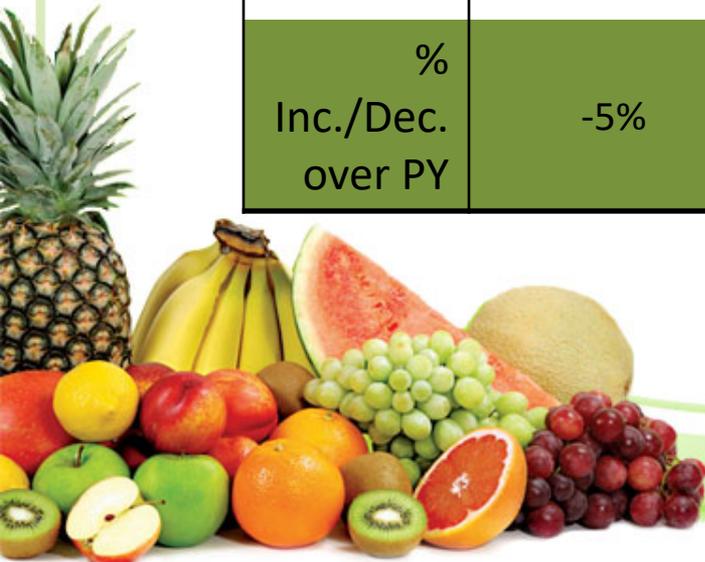


- 525 SHAPE Teachers
- Harvest of the Month - 750 Classrooms/mo.
- Jr. Chef provided to 6th graders at 17 schools reached 64 classrooms.
- Tours provided

Food & Nutrition Services

Revenue

	2015-16	2016-17	2017-18	2018-19
Federal	\$ 19,490,875	\$ 18,846,095	\$ 20,041,669	\$ 19,177,922
State	\$ 1,088,267	\$ 1,333,061	\$ 1,349,771	\$ 1,921,245
Local	\$ 4,078,108	\$ 4,451,335	\$ 4,496,462	\$ 4,566,131
Total	\$ 24,657,250	\$ 24,630,491	\$ 25,887,902	\$ 25,665,298
% Inc./Dec. over PY	-5%	-.1%	4%	-.8%





Food & Nutrition Services

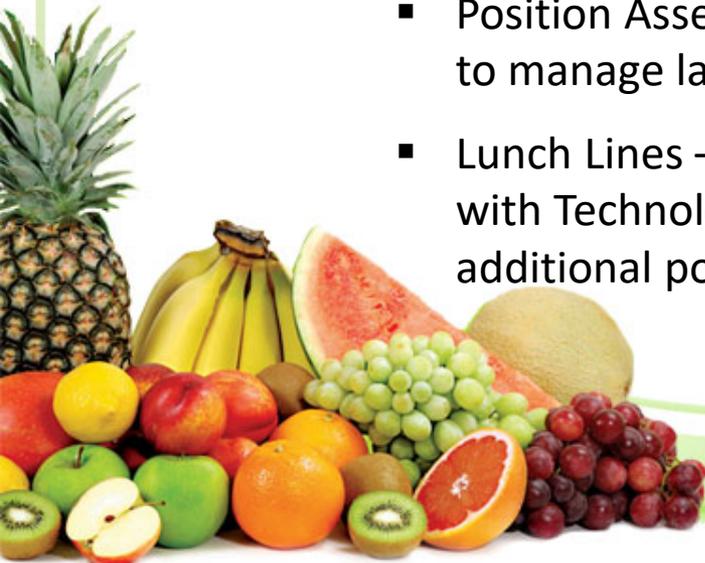
Food Costs

	2015-16	2016-17	2017-18	2018-19
Food Items	\$ 8,168,160	\$ 7,287,721	\$ 7,250,937	\$ 7,389,046
USDA Foods	\$ 2,372,509	\$ 2,402,183	\$ 2,604,784	\$ 2,186,370
Total Food Costs	\$ 10,540,669	\$ 9,689,904	\$ 9,855,721	\$ 9,575,416
Food Cost % (as % of revenue)	41%	39%	38%	37%

Food & Nutrition Services

Labor Costs

- FNS labor & benefit costs are paid out of the Cafeteria Fund.
 - Cafeteria Fund employee costs are subject to the same Health Benefit and PERS rate increases as the General Fund.
- FNS manages labor closely by looking at Meals Per Labor Hour.
 - Each service level has a different goal based on the type of meal provided.
 - Elementary = 45 MPLH
 - Middle School = 18 MPLH
 - High School = 20 MPLH
 - Position Assessment – FNS assess each position as it opens in order to manage labor through attrition.
 - Lunch Lines – Important to offer multiple points of service. Working with Technology Services and Site Administration to find ways to add additional points of service.





Food & Nutrition Services

Labor Costs

	2015-16	2016-17	2017-18	2018-19
Total Labor/Benefit Costs	\$ 11,880,330	\$ 12,087,684	\$ 12,253,467	\$ 13,327,506
Labor Cost % (as % of revenue)	46%	49%	47%	52%



Food & Nutrition Services

SB 265 – No Shaming Act

Provides all children with a reimbursable meal no matter their ability to afford.

- Cannot provide child with an alternative meal due to no funds or an outstanding balance.
- Cannot have a charge limit.
- Cannot hold the unpaid debt against the child and cannot send to collections.

2018-19 - \$133,000 unpaid debt.



Moving Forward 2020-21

- Increase Meal Prices by \$.25
- Increase Breakfast Participation
- Continued Focus on Reducing Food Waste
- Focus on Fresh & Plant Based Meal Options
- Every Student Matters

Food & Nutrition Services

Continued Support	
Anticipated 2019-20	\$400,000
• Unpaid Meal Charges – SB 265	
• Labor & Benefit Costs	
• Nutrition Education Programming	
• Replace Central Kitchen Equipment	

Food & Nutrition Services

Comments

