

**SAN DIEGO COUNTY BOARD OF EDUCATION  
RESOLUTION NO. 2020-01**

**RESOLUTION PROCLAIMING JANUARY 2020 AS NATIONAL MENTORING MONTH**

**WHEREAS**, San Diego County is home to many caring adult mentors who support young people by showing up for them every day and demonstrating their commitment to helping them thrive; and

**WHEREAS**, mentoring programs such as Big Brothers Big Sisters of San Diego County make our communities and our state stronger; and

**WHEREAS**, quality mentoring promotes healthy relationships and communication, positive self-esteem, and growth of a young person; and

**WHEREAS**, students who meet regularly with their mentors are more than 52% less likely than their peers to skip a day of school, and youth who face an opportunity gap but have a mentor are 55% more likely to be enrolled in college than those who did not have a mentor; and

**WHEREAS**, youth who meet regularly with their mentors are 46% less likely than their peers to start using drugs and 27% less likely to start drinking; and

**WHEREAS**, two-thirds of adults consider it highly important for young people to have mentors and that same population estimates that only a quarter of youth have the mentors they need; and

**WHEREAS**, research shows that 44% of adults are not yet mentoring but are willing to consider it; and

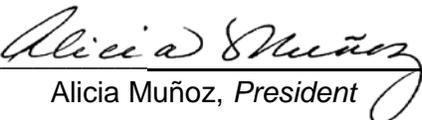
**WHEREAS**, mentoring is poised for growth; 18- to 29-year-olds are more than twice as likely to cite having had a mentor in their childhood than those over 50; and

**WHEREAS**, almost half of today's young adults report having a mentor in their youth and those rates appear to have been rising steadily over the past several decades, and

**WHEREAS**, National Mentoring Month is the time of year where engagement from community members interested in becoming a mentor is highest and is an opportunity to celebrate, elevate, and encourage mentoring in communities across the country;

**NOW, THEREFORE, BE IT RESOLVED** that the San Diego County Board of Education does hereby proclaim January 2020 as National Mentoring Month.

**SAN DIEGO COUNTY BOARD OF EDUCATION**

  
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