

GUSD-DISCOVERY COLLABORATIVE COUNSELING PROGRAM

Service Activity Definitions & Reimbursement Rates for Tiers II & III

Service Activity	Definition	Maximum Rate (Hourly)*
TRIAGE ASSESSMENT & DIAGNOSTIC EVALUATION	Required for all newly-referred students to school-based counseling services. Included are a clinical analysis of the history and current status of a student's mental, emotional, or behavioral disorder; relevant cultural issues and history; diagnosis; and the use of psychometric testing, as appropriate. Completion of a formal assessment is required within 30 days of initial intake.	\$75.00
TREATMENT PLAN DEVELOPMENT & IMPLEMENTATION	A signed agreement between the student and the clinician that establishes the behavioral health condition to be addressed, the specific goal, objectives, and the treatment interventions that will be delivered. A Treatment Plan is required in every chart that is open beyond 45 days.	\$40.00
SCHOOL-BASED COUNSELING	A therapeutic intervention that focuses primarily on symptoms reduction as a means to improve functional impairments. Therapy may be delivered to an individual or include family therapy at which the student is present. (<i>Note:</i> family therapies will be conducted at Discovery Counseling Center to ensure maximum privacy).	\$75.00
GROUP COUNSELING (therapeutic education & process)	A therapeutic intervention that focuses primarily on symptoms reduction as a means to improve functional impairments, and is delivered to a group of students. Group service calculation is the total group time divided by the number of clients.	\$75.00
COLLATERAL TO STUDENT'S NATURAL SUPPORTS	A service activity to a significant support person in a student's life for the purpose of meeting the needs of the student in terms of achieving the goals of the student's treatment plan. Collateral may include, but is not limited to, consultation and training of the significant support person(s) to assist in better utilization of school-based counseling services by the student, consultation and training of the significant support person(s) to assist in better understanding of behavioral health conditions, and family counseling with the significant support person(s). The student may or may not be present for this service activity.	\$50.00
REHABILITATION (individual or group)	A service activity which includes, but is not limited to: assistance in improving, maintaining, or restoring a student's functional, coping, daily living, social and leisure, and grooming and personal hygiene skills, and support resources; and /or medication education. (Activities may be conducted in the general community or school outings to reinforce application of learned skills.)	\$50.00
CRISIS RESPONSE / INTERVENTION	An immediate emergency response that is intended to help the student cope with a crisis (e.g., potential danger to self or others; potentially life altering event; severe reaction <u>that is above the student's normal baseline</u>). The service generally lasts less than 24 hours and is administered to or on behalf of a student for a condition that requires more timely response than a regularly scheduled visit. Crisis Intervention service activities include, but are not limited to, one or more of the following: assessment, collateral and therapy. (<i>Note:</i> No more than eight (8) consecutive hours per student can be claimed.)	\$80.00
CASE MANAGEMENT / CONSULTATION	Services that assist a student to access needed medical, educational, social, prevocational, vocational, rehabilitative, or other community services. The service activities may include, but are not limited to, communication, coordination, and referral; monitoring service delivery to ensure student access to service and the service delivery system; monitoring of the student's progress; placement services; and plan development, including exchange of information with others in support of student's services.	\$50.00
THREAT ASSESSMENT TEAM	Participation in an interdisciplinary team comprised of designated school administrators, teachers, school resource officers, and community-based organizational professionals or first-responders who address potential / actual conditions or situations that pose risk to the general student body based on behavioral health and/or psychosocial factors. The team signs oaths of confidentiality to ensure maximum protection over proceedings and can initiate intervention plans. The team may also make recommendations affecting policy that will go to Cabinet.	\$40.00
INACTIVITY ROOM RATE	This category is solely reserved for when a clinician has blocked out a designated time or space for a student intervention, collateral, or scheduled meeting which was cancelled at the last minute or student/collateral no showed and there is not sufficient time to recoup the service activity.	\$30.00

* Administrative / Overhead rate of 12% will be applied to total monthly charges.

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Rate/ Fee Schedule for Tier I & II On Site School Counseling Services

Service Activity	Definition	Per Hour
Practicum Student Therapist (trainee)	Trainee therapists will be assigned to individual schools. Trainee therapists will be present at the school for a block of time one day per week.* Should services not fully utilize the trainee, the trainee will split time between two schools. Students will be referred by teachers, admin, parents, or self referral - upon verification of necessity by school services representative. Trainee therapists will assess and provide up to 12 sessions of counseling. Should further services be deemed necessary, the student will be referred to Discovery Counseling Center for center services. *During Covid-19, therapist may elect to provide tele-therapy services for the protection of the student, staff and therapist.	\$6.50
Registered Associate Therapist	Associate therapists will be assigned to individual schools. Associate therapists will see students by appointment one day per week. Associates will generally see students who require a higher level of care, and have active, verified insurance. Trainee may refer students needing a higher level of care to associate. Up to 20% of student load may be uninsured clients.	\$10.00
GROUP COUNSELING	A behavioral therapeutic prevention or intervention addressing a common problem that focuses primarily on symptom reduction, and is delivered to a group of students. Group Counseling may be one time, or weekly for up to 6 weeks.	\$25.00

* Administrative / Overhead rate of 12% will be applied to total monthly charges.