



Reopening Athletics

**Reopening Protocols for
LCHS Sports**

Phases of Reopening

**General Activity Description
by Sport**

PPE Kits

Athletic Equipment List

Campus Map

Communication Plan

Reopening Protocols for LCHS Sports

**Based on the LA County of
Department of Health
Guidelines**

- 1. Measures to Ensure Player and Coach Safety**
- 2. Maintenance Protocols**
- 3. Monitoring Protocols**



Phases of Reopening

Widespread – All Sports Closed

Phase 1: Individual & Team Conditioning and Skillwork (Fall and 6th Period Sports – VARSITY ONLY)

Phase 2: Individual & Team Conditioning and Skillwork and Weight Room Access (All Levels)

Phase 3: Resume Competition in correlation with CIF and Rio Hondo League

*Subject to change





General Activity Description by Sport

**Based on the LA County of
Department of Health
Guidelines and Phases of
Reopening Document**

***Subject to change**

PPE Kits for Coaches

- ☐ Face coverings
- ☐ Gloves
- ☐ Disinfecting Wipes
- ☐ Spray bottle with disinfectant/cleaner
- ☐ Paper Towels
- ☐ Hand sanitizer

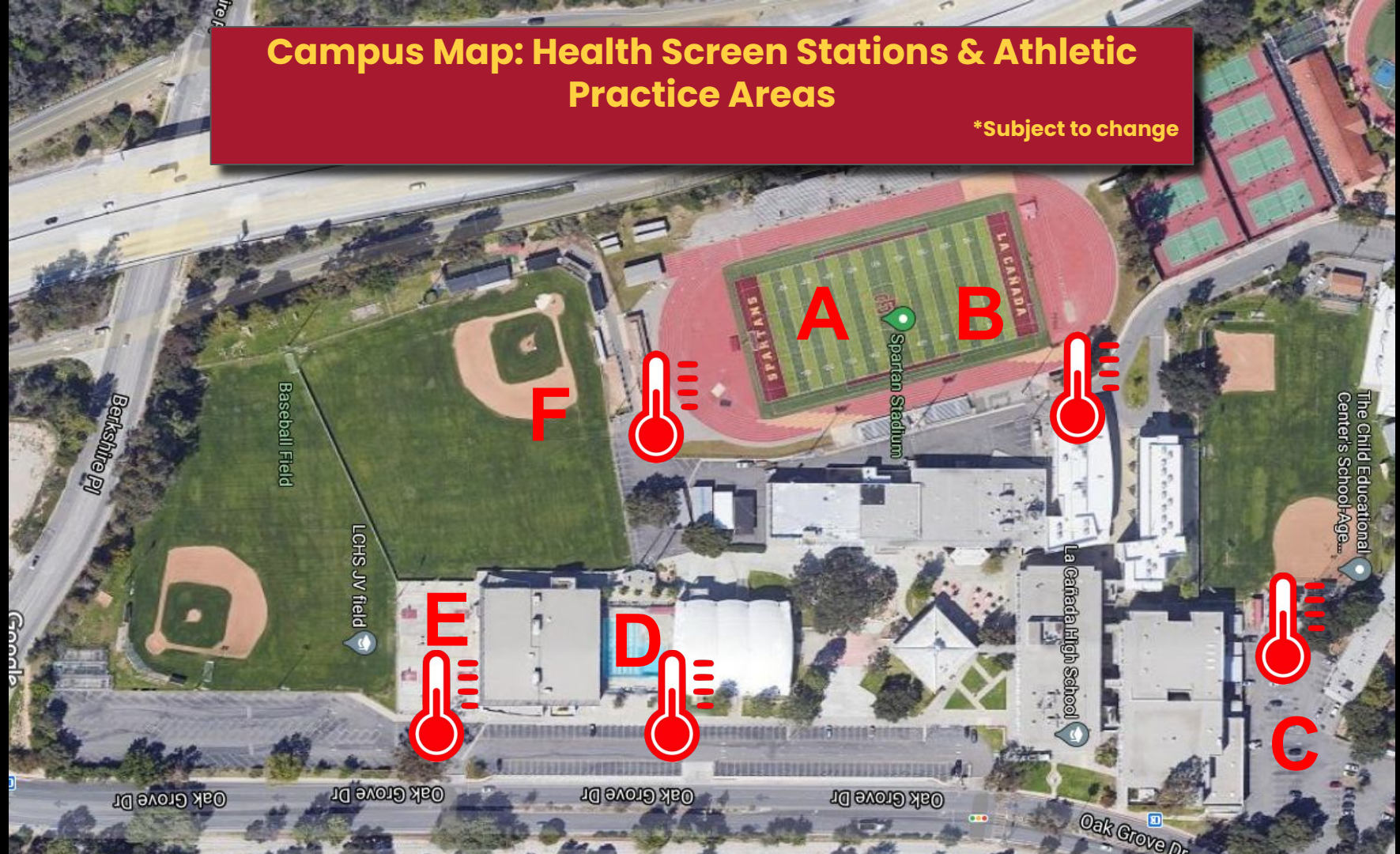
Athletic Equipment List for Athletes

- ☐ Face Coverings
- ☐ Hand Sanitizer
- ☐ Towel
- ☐ Water - minimum of 24 oz
- ☐ Sport Specific Equipment
- ☐ List will be provided by coach



Campus Map: Health Screen Stations & Athletic Practice Areas

*Subject to change





Communication Plan

- ❑ **Coaches Meeting**
- ❑ **Parent and Student Athlete Meeting**
- ❑ **Aeries Communication**
- ❑ **LCHS Website**
- ❑ **Social Media**

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