



Reopening Athletics

[Reopening Protocols for LCHS Sports](#)

[Phases of Reopening](#)

[General Activity Description by Sport](#)

[PPE Kits](#)

[Athletic Equipment List](#)

[Campus Map](#)

[Communication Plan](#)

Reopening Protocols for LCHS Sports

Based on the LA County of Department of Health Guidelines

- 1. Measures to Ensure Player and Coach Safety**
- 2. Maintenance Protocols**
- 3. Monitoring Protocols**



Phases of Reopening

Widespread – All Sports Closed

Phase 1: Individual & Team Conditioning and Skillwork (Fall and 6th Period Sports – VARSITY ONLY)

Phase 2: Individual & Team Conditioning and Skillwork and Weight Room Access (All Levels)

Phase 3: Resume Competition in correlation with CIF and Rio Hondo League

***Subject to change**





General Activity Description by Sport

**Based on the LA County of
Department of Health
Guidelines and Phases of
Reopening Document**

***Subject to change**

PPE Kits for Coaches

- Face coverings
- Gloves
- Disinfecting Wipes
- Spray bottle with disinfectant/cleaner
- Paper Towels
- Hand sanitizer

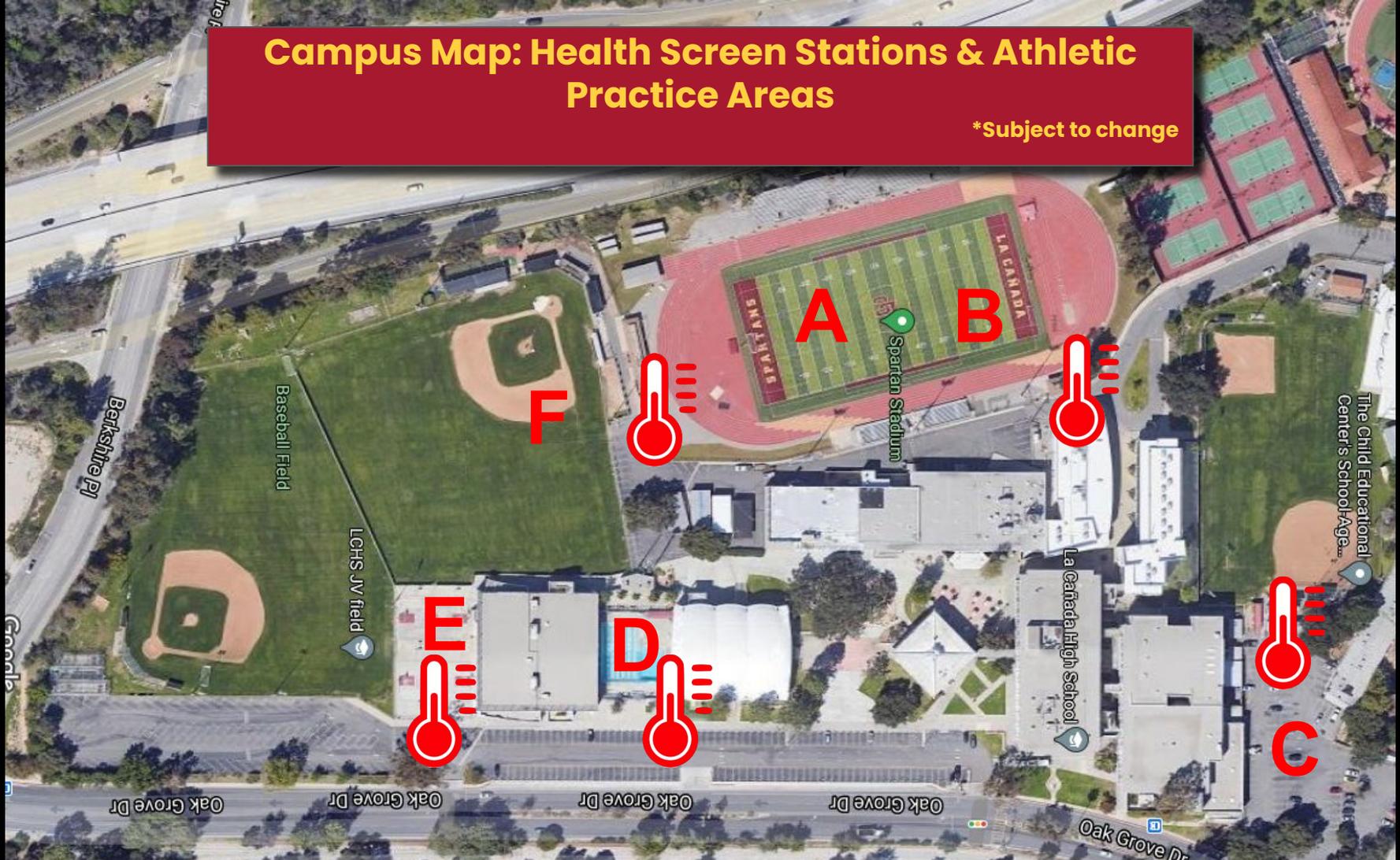
Athletic Equipment List for Athletes

- Face Coverings
- Hand Sanitizer
- Towel
- Water - minimum of 24 oz
- Sport Specific Equipment
- List will be provided by coach



Campus Map: Health Screen Stations & Athletic Practice Areas

*Subject to change





Communication Plan

- ❑ **Coaches Meeting**
- ❑ **Parent and Student Athlete Meeting**
- ❑ **Aeries Communication**
- ❑ **LCHS Website**
- ❑ **Social Media**

Principal Jim Cartnal
jcartnal@lcsud.net

Assistant Principal Jason Ito
jito@lcsud.net

Athletic Director Carrie Saks
csaks@lcsud.net

