

# Report on Student Social Emotional Support Survey



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**Every Student Matters, Every Moment Counts**

# Purpose of Presentation

- Overview of social emotional supports for students
- Student survey
- Share next steps



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# District Goal Alignment

**Goal One:** Increase academic achievement and ensure equitable access to enable all students to attain college and career readiness.

- 1.4 Develop a Multi-Tiered System of Support for all students.

**Goal Three:** Provide a safe, welcoming, and respectful learning environment for every member of the school community while ensuring effective district-wide communication for students, staff, families, and community partners.

- 3.3: Increase regular two-way communication with stakeholders regarding student progress and other important issues.

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# Overview of Social Emotional Supports

- Center for Human Services (CHS) and Stanislaus County Behavioral Health and Recovery Services (SCBHRS) Providers
- Guidance Counselors and Psychologists
- Social Emotional Hotline
- Web-based Resources



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# District Website – Social Emotional Support

 <b>MODESTO CITY SCHOOLS</b> EVERY STUDENT MATTERS, EVERY MOMENT COUNTS		
District	Students	Parents
About	Applications	Academics
Board of Education	Device Coverage	English Learners
Superintendent	School Directory	Get Involved
Negotiations	Student Policies	<b>Resources</b>
Complaint Procedures	Student Resources	Student Learning
Safety	Tech Help Center	Tech Help Center

District	Students	Parents	Staff
<a href="#">Parents</a> > <a href="#">Resources</a>			
<b>MENU</b>		<b>Parent Resources</b>	
After School Programs			
Alan November Presentation			
At Risk Students			
Common Core			
Early Childhood Education			
Health & Wellness			
Homework Help			
Parent Support Services			
<b>Social Emotional Support</b>			
Student Safety			
Transcripts			

## Social Emotional Support

Many are feeling a variety of emotions including fear of the unknown, anxiety, and sadness. There are an array of resources to help support emotional and mental health while social distancing. These resources include newspaper and magazine articles, coping skills, steps toward mindfulness, etc. If you or someone you know is struggling, please offer this as help.

**MCS Social Emotional Support:** (209) 492-6000 – option 3

- Hotline can be reached Monday-Friday, from 8 a.m.-5 p.m.

### Other Resources:

- [Local Mental Health Resources](#)
- [NAMI Resource and Information Guide](#)
- [NAMI Student Guide to Mental Health](#)
- [Self-Care Strategies for Teens](#)
- [CDC Managing Stress and Anxiety](#)
- [CDC Taking Care of Your Emotional Health](#)
- [SAMHSA Taking Care of Your Behavioral Health](#)
- [Suicide Prevention Lifeline Chat](#)
- [Emotional Wellbeing During the COVID-19 Outbreak](#)

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# Student Survey

- Purpose
- Grades 4-12
- Beginning, Middle, End of Year
- Delivered online via Schoology



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# Student Survey

Survey Results: N=15,821

*I know **WHO** to contact at my school for help when I am feeling sad, stressed or depressed.*

- **67%**

*I know **HOW** to contact someone at my school when I am feeling sad, stressed or depressed.*

- **69%**

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# Student Survey

## Survey Results:

*I am aware that my school has the following social emotional supports for students.*

- Administrator – **50%**
- Teacher(s) – **81%**
- Counselor – **77%**
- School Psychologist – **33%**
- Student Assistance Specialist (SAS) – **26%**
- Mental Health Clinician – **29%**
- Social Emotional Hotline – **40%**
- Referrals to Outside Agencies – **21%**

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# Student Survey

## Survey Results:

*Many students seek out social emotional support at school when they are feeling sad, stressed or depressed. If you HAVE NOT accessed social emotional supports at school, please let us know why.*

- I am not feeling sad, stressed or depressed – **56%**
- I normally speak with my parents or other family members when feeling sad, stressed or depressed – **29%**
- I prefer to talk to my friends for support when feeling sad, stressed or depressed – **29%**
- I do not feel comfortable speaking with people I don't know when feeling sad, stressed or depressed – **less than 1%**
- I do not want other people to know I am feeling sad, stressed or depressed – **22%**

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# Next Steps

- Each site received raw data
  - Student check-ins
  - Follow-up with parents and/or referrals
- Educate students
  - Support staff and their roles
  - WHO and HOW to ask for help
- Social media and website promotion
- Follow-up Surveys



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# Questions



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