

MODESTO CITY SCHOOLS

TO: Dr. Sara Noguchi, Superintendent Regular Meeting

SUBJECT: Report on Student Social Emotional Support Survey October 19, 2020

BACKGROUND

Modesto City Schools provides a number of social emotional supports for students. Our contracted partners at the Center for Human Services (CHS) and Stanislaus County Behavioral Health and Recovery Services (SCBHRS) provide Student Assistance Specialists and Mental Health Clinicians to support tier 2 and tier 3 students with individual or group counseling. Modesto City Schools employs School Psychologists who provide their expertise in mental health, learning, and behavior to support students' success at school. Additionally, 7-12 Counselors and College Counselors support students with academic achievement, college and career awareness, and social emotional learning (SEL) strategies. Collectively, these professionals provide a collaborative layer of mental health support for students. Beginning in March, 2020 a Social Emotional Hotline was also created for students and families to receive additional support when needed.

GOAL ALIGNMENT

Goal One: Increase academic achievement and ensure equitable access to enable all students to attain college and career readiness.

1.4 Develop a Multi-Tiered System of Support for all students.

REPORT

The unprecedented times of a worldwide pandemic, school closures and distance learning have required educators to dramatically shift educational practices and the associated services provided to students. While Modesto City Schools provides a variety of social emotional supports for students, with students not on a physical campus there is a need to further explore their knowledge and access of available services. A Social Emotional Support Survey has been designed to serve as a baseline of information from which additional strategies can be implemented to increase student awareness of available support services.

The eight (8) question, digital survey will be administered to students in grades 4-12 at the beginning, middle and end of year. The survey is administered by the student's teacher through Schoology. In addition to asking students to identify their school and grade, survey questions and beginning of year results are shown below. Values represent the number and percent of student responses to each item.

- 15,821 surveys completed

Report on Student Social Emotional Support Survey

- What type of instruction are you participating in?
 - Distance Learning 15,061 (95%)
 - Modesto Virtual Academy 760 (5%)

- I know WHO to contact at my school for help when I am feeling sad, stressed or depressed.
 - Yes 10,713 (67%)
 - No 5,108 (33%)

- I know HOW to contact someone at my school when I am feeling sad, stressed or depressed.
 - Yes 10,941 (69%)
 - No 4,880 (31%)

- I am aware that my school has the following social emotional supports for students. (select all that apply)
 - Administrator(s) 7,837 (50%)
 - Teacher(s) 12,868 (81%)
 - School Counselor 12,155 (77%)
 - School Psychologist 5,274 (33%)
 - Student Assistance Specialist (SAS) 4,095 (26%)
 - Mental Health Clinician 4,516 (29%)
 - Social Emotional Hotline 6,401 (40%)
 - Referrals to Outside Agencies in the Community 3,375 (21%)

- Many students seek out social emotional support at school when they are feeling sad, stressed or depressed. If you HAVE NOT accessed social emotional supports at school, please let us know why. (select all that apply)
 - I am not feeling sad, stressed or depressed
 - 8860 (56%)
 - I normally speak with my parents or other family members when feeling sad, stressed or depressed.
 - 4632 (29%)
 - I prefer to talk to my friends for support when feeling sad, stressed or depressed.
 - 4638 (29%)
 - I do not feel comfortable speaking with people I do not know when feeling sad, stressed or depressed.
 - 5 (<1%)
 - I do not want other people to know I am feeling sad, stressed or depressed.
 - 3472 (22%)

- Is there anything you would like us to know about your social emotional or mental health needs?
 - Positive response or no response – 15,636 (99%)
 - Response requiring follow-up – 185 (1%)

Report on Student Social Emotional Support Survey

Next Steps

Data suggests the majority of students know *who* and *how* to contact someone at school if they need additional social emotional support. The majority of students also identified their administrators, teachers and counselor as someone they could reach out to for assistance. It is recognized that many students may identify staff by name or face and not necessarily by their professional title. Educational tools will be provided to support students in identifying a familiar face or name with each person's title. Students will also learn the specific support services provided by each individual.

Raw data from the surveys identified a small percentage of students requiring a check-in for additional follow up. Each school site has received their raw data and will conduct check-ins which may result in parent contact and/or referrals for additional services or referrals to outside agencies.

Marketing and promotion of social emotional supports will continue to be an emphasis with information provided on social media platforms and school websites.

When surveys are administered at the middle and end of year, it is our expectation that more students will be aware of available social emotional supports.

SUMMARY

Student social emotional surveys provide data to guide the District's work in ensuring students are aware of and know how to access social emotional supports at school.