



The Unwound Mind
Jennifer Ammenti

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San Mateo, California
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United States

Prepared For

Gina Sudaria
Superintendent, Ravenswood City School
District
2021 Euclid Ave
East Palo Alto, CA
94303

Proposal Date

01/08/2021

Proposal Number

0000010

Overview

The Unwound Mind- RCSD Coaching Team Support Program
January 2021 through June 2021
with Jen Ammenti (jen@theunwoundmind.com / 510.917.0997)

Scope of Work

Facilitator Support:

1:1 Coaching (4- 1hr sessions per month)

- Mary (weekly coaching)
- Focus: facilitation practices, developing anti-racist leaders, systems and structures, navigating complexities of leadership

Creative Planning Sessions (2- 2hr sessions per month)

- Potential areas of focus: building workshop/meeting agendas, facilitation moves, adult learning, systems and structures, developing anti-racist, transformational content across subjects and disciplines for staff development and coach support

Program includes: an initial goal setting session (2hrs), unlimited 15-min check-ins, and an end-of-program session (2 hrs)

Coaching Team Support:

Group Facilitation (up to 10 participants)

- Workshop Facilitation (4- 2hr sessions over 4 months)

- Workshop Planning and Preparation (3hrs per session X 4 sessions) includes 30 minute, pre and post check-ins with team supervisor

1:1 Coaching (up to 20hrs/\$5000 between January and June 2021, to be invoiced as an add-on each month)

Pricing

Description	Rate	Qty	Line Total
Facilitator Support- Mary Trinkle 5 months/ 55 hours	\$13,750.00	1	\$13,750.00
Coaching Team Support- Workshop Facilitation 4 sessions/ 20 hours	\$5,000.00	1	\$5,000.00
Coaching Team Support (add-on)- 1:1 Coaching up to 20 hours total	\$5,000.00	1	\$5,000.00
5% processing fee	\$1,187.50	1	\$1,187.50
Subtotal			24,937.50
Tax			0.00
Proposal Total (USD)			\$24,937.50

Notes

Services to be invoiced monthly including add-on charges for time incurred thus far.

Payment to be broken into 5 monthly payments with a 15% deposit included in the first payment and the remaining balance to be divided up evenly among the remaining 4 months. First payment due February 1, 2021.

Gina Sudaria, Superintendent, Ravenswood City
School District