



Community Institute for Psychotherapy

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**Outline of the Counseling Services to be Provided by
Community Institute for Psychotherapy
to San Rafael School District during the 2016-2017 School Year**

The term of Agreement shall be from September 19, 2016 thru June 9, 2017.

Agency Background

Community Institute for Psychotherapy (CIP) is a nonprofit, tax-exempt center founded in 1977 to provide quality, affordable mental health services to individuals and families who don't have the resources to pay full fees for professional help. Each year, agency wide, CIP serves more than 750 families, children, and adults.

Client services are provided by 22 to 24 qualified intern-therapists enrolled in or graduated from post graduate programs throughout the Bay Area, and earning hours toward licensure (LMFT, LCSW, PsyD, PhD). Intern-therapists are selected through a competitive process and receive training and supervision by licensed mental health professionals.

CIP Contact information:

Robin Joy Berenson, PhD, LMFT; CIP Executive & Clinical Director
415-459-5999 x100, rjberenson@cipmarin.org

CIP's School Project – Individual counseling (and some family counseling as appropriate) and small group work (6 weeks)

Participating School:

San Rafael High School

Our Schools Project for Disadvantaged Students at Risk, one of several outreach programs conducted by CIP, was founded in 1991 to provide counseling services onsite in Marin public schools to low-income students with urgent psychological and emotional needs, ages 6-18, during school hours. Practices are all evidence-based.

School Responsibilities:

School Staff will:

- Interview potential School Counseling Intern
- School principal and school counselor will identify and refer students to the Schools Project, and determine whether a particular student will receive individual one-on-one counseling, or group counseling. School will ensure that counseling intern has a full caseload.
- Schedule counseling sessions and facilitate students attending.
- Assist with contacting parents to obtain written permission for their children to receive counseling services.*
- Oversee School Counseling Intern(s) while they are at the school site.
- Maintain communication with CIP, providing feedback and ongoing evaluation of students, intern-therapists, and the program.

In the event of a mental health emergency while the student is on campus, the school is responsible for calling for a 5150.

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officers, agents, and employees as additional insured with respect to the Mental Health Counseling Services.

All services will be carried out under the close supervision of CIP's highly qualified staff of Clinical Supervisors and the weekly oversight of CIP Executive and Clinical Director Robin Joy Berenson, PhD, LMFT, and core staff members: Assistant Clinical Directors Alex Thomas, LMFT, and Robbin Rocket, PsyD; and Director of Pre-Doctoral and Post-Doctoral Program Paula Sitelman, PsyD.

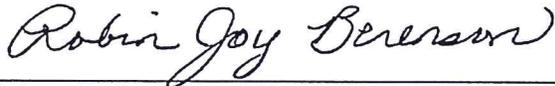
Here are our costs:

CIP's Schools Project Budget is \$71,096 = \$10,156 per intern (7 interns)

San Rafael High School will have 1 interns at \$10,156

We thank you for your commitment to contribute \$4500. towards our costs for the 2016-2017 school year and hope that you will be able to increase this amount in the coming year.

Signed,



Robin Joy Berenson, PhD, LMFT
Executive & Clinical Director

May 27, 2016

Date