

SANTA CLARA UNIFIED SCHOOL DISTRICT

SANTA CLARA, CALIFORNIA

RESOLUTION #21-04

FEBRUARY AS AMERICAN HEART MONTH

WHEREAS, heart disease affects men, woman, and children of every age and race in the United States; and

WHEREAS, heart disease continues to be the leading cause of death in the United States, taking approximately 800,000 individuals in the United States and accounting for 1 in 3 deaths across the United States; and

WHEREAS, congenital heart defects are the most common birth defect in the United States, as well as the leading killer of infants with birth defects; and

WHEREAS, nearly 2/3 of woman who unexpectedly die of heart disease have no previous symptoms of disease; and

WHEREAS, nearly ½ of all African-American adults have some form of cardiovascular disease, including 48 percent of African-American women and 44 percent African-American men; and

WHEREAS, it is estimated that 36 percent of Alaska Natives and American Indians who die of cardiovascular disease die before reaching 65 years of age; and

WHEREAS, many minority women, including African-American, Hispanic, Asian-American, and Native American women and women from indigenous populations, have a great prevalence of risk factors or are a higher risk of death from heart disease, stroke, and other cardiovascular disease, but such women are less likely to know of the risk; and

WHEREAS, due to the differences in heart disease between men and women, more research and data on the effects of heart disease treatments for women is vital; and

WHEREAS, greater awareness and early detection of risk factors of heart disease can improve and save the lives of thousands of individuals in the United States each year;

WHEREAS, the National Heart, Lung, and Blood Institute of the National Institutes of Health, the American Heart Association, and many other organizations celebrate National Wear Red Day during February by “going red” to increase awareness about heart disease as the leading killer of women; and

WHEREAS, every year since 1964 the President has issued a proclamation designating the month of February as American Heart Month;

NOW THEREFORE, BE IT RESOLVED, that the Santa Clara Unified School District recognize and reaffirms the fight against heart disease and stroke by promoting awareness about the risks, causes, and prevention of heart disease and stroke; and

BE IT RESOLVED that the Governing Board of Santa Clara Unified School District designated February as American Hear Month.

This Resolution was:

PASSED AND ADOPTED this 11th day of February 2021, by the following vote:

AYES: _____ ABSTENTIONS: _____

NOES: _____ ABSENT: _____

President of the Board of Education
Santa Clara Unified School District

Clerk of the Board of Education
Santa Clara Unified School District