



Scope of Services for Gilroy Unified School District for 2021-2022 May 20, 2021

OVERVIEW

Digital SEL Course Bundle: Soul Shoppe's flagship tools form the foundation for creating a school culture that values empathy, connection and care. Students learn to recognize, manage and express their feelings and needs in healthy ways. Tools of the Heart teaches four essential communication and problem-solving skills that cultivate and promote social and emotional well-being. Even if your students have already learned the tools from Soul Shoppe, it will be crucial to review them and integrate them as a roadmap for your school community to care for each other in challenging times.

The "Tools of the Heart" bundle includes:

4 SEL Modules

- Emptying Big Feelings: Understand our emotional "balloons"
- Breathing to Calm: Know how and when to use the "Stop & Breathe"
- Using Your Voice: Learn how to express your feelings and needs
- Making it Right: Clean up problems and mistakes at any time

Each module includes:

- 2 lessons per grade level (k-1, 2-3, 4-5)
- 5 Morning Meeting questions
- 5 writing prompts
- 1 SEL class project
- 1 Family/Home activity or lesson

4 Virtual Livestream Lesson/Workshop Days **4 Virtual Live Lesson/Workshop Days:** Live Stream Lessons are opportunities for students to dive deeper into how the Soul Shoppe tools. A day of livestream lessons will be led by a Soul Shoppe facilitator.

- Each day includes livestream sessions for each grade level

SPECIFICATIONS & Cost

- Tools of Heart Bundle PLUS 4 Live Stream Workshop Days

TOTAL: \$5,700