



**Contract Agreement  
Between of StarVista and San Mateo Foster City School District  
For Early Childhood Mental Health Consultation (ECMHC) Program  
July 1, 2021- June 30, 2022**

**OVERVIEW**

This project is a collaboration between San Mateo Foster City School District (SMFCSD) and the Early Childhood Mental Health Consultation (ECMHC), a program of StarVista (SV), who will provide enhanced on-going consultation at three sites at San Mateo Foster City School District Preschool sites during the period of this contract. ECMHC consultants will also link families with a wide range of services available to SMFCSD children and families with special needs.

**CONTRACT AMOUNT**

The contract will be for the sum of **Thirty Four Thousand Dollars (\$34,000)**. SV will invoice SMFCSD quarterly in October 2021, January, March and June 2022.

**CONTRACT PERIOD**

July 1, 2021 to June 30, 2022.

**SERVICES**

SV will provide ECMHC consultation at three SMFCSD centers. A trained, experienced ECMH consultant will work at the sites **Turnbull Children's Center, LEAD, George Hall, Fiesta Gardens, North Shoreview and Parkside** (approximately **16 hours per week (2 Days)**) under this contract. Distribution of hours at each site and classroom will be determined by the ECMHC consultant and the Director of Child Development.

**SCOPE OF WORK AND OUTCOMES**

The following describes the key tasks and outcomes for the proposed 12 month project of mental health consultation to SMFCSD childcare centers as follows:

- Consultants will provide regular visits to SMFCSD child care sites. Schedule of meetings will be determined by center staff, ECMHC consultant and administration.
- Mental health consultants will coordinate services with any additional classroom support staff, such as coaches, special education services etc. in order to ensure effective cooperation around work with teachers.
- Children will be referred for short-term case consultation services in which they will receive observation, parent support and guidance, referrals and resources, teacher meetings and classroom support. Short-term consultation services typically last 8-12 weeks per family. Number of cases will be determined based upon needs of the programs and availability of the consultant.

- Mental health consultants and ECMHC Program Manager will meet regularly with preschool administration (Director, Site Managers, Site Supervisors) to ensure quality of program.

#### Outcomes:

1. Children enrolled in Turnbull, LEAD, George Hall, Fiesta Gardens, North Shoreview and Parkside (will receive improved community-based childcare, promoting enhanced well-being and functioning).
2. 85% of the childcare staff at Turnbull, LEAD, George Hall, Fiesta Gardens North Shoreview and Parkside (will report increased knowledge, skills, and competencies and improved abilities to identify and refer at-risk children for additional services).
3. 75% of 6-8 children (or as needed) identified as at risk and provided with intensive case consultation will demonstrate improved ability to participate successfully in the childcare setting, improved functioning in identified areas of difficulty, and improved emotional well-being.
4. 80% of 6-8 families whose children (or as needed) are identified for case consultation will report improved understanding of child development and their child's behavior and report their relationship with their child has grown stronger.
5. 85% of the children at risk for expulsion from their centers will be retained.

#### **EVALUATION**

Evaluation will include the use of the following instruments. Results for children enrolled in San Mateo Foster City School District centers served through this contract will be available upon request.

- *Consultation Questionnaire* assesses overall satisfaction of directors and staff with the consultation received and the degree to which the consultant helped them to accomplish their objectives.
- *Parent Response Questionnaire* assesses parents' satisfaction with case consultation/education activities.
- *Expulsion Rates* will be tracked for those children receiving case consultation.

#### **CHANGES**

Changes to this contract to improve services and adapt to conditions and needs as they are, will be first approved by both parties in writing and noted in subsequent reports to SMFCSD.

#### **TERMINATION/SUSPENSION**

Both parties may suspend the performance of this contract in whole or in part, or terminate this contract, with or without cause, by giving thirty (30) days prior written notice thereof to each other. Upon such suspension or termination, SMFCSD shall pay SV for its services actually rendered to SMFCSD on or before the effective date of the suspension or termination.

**HOLD HARMLESS**

Each party to this agreement agrees to indemnify, defend and hold harmless the other, its Directors and employees against any and all demands, claims, or liability of any nature including death or injury to any person, property damage or any other loss, related to this contract caused by or arising out of actions by the party's performance of the Agreement.

This understanding will commence on the later date below and continue for a period of 12 months as described above.

Signed,

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Sara Larios Mitchell, PhD  
CEO  
StarVista

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Gabriela Buendia  
ECMHC Program Manager  
StarVista

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Sarah Drinkwater  
Assistant Superintendent Student Services  
San Mateo-Foster City School District

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Karrie Haselton  
Principal Child Development  
San Mateo-Foster City School District