

Social Emotional Support Survey

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CELEBRATING 150 YEARS - 1871-2021
EVERY STUDENT MATTERS, EVERY MOMENT COUNTS



Purpose of Presentation

- ▶ Overview of social emotional supports for students
- ▶ Student survey data
- ▶ Share next steps



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District Goal Alignment

Goal One: Increase academic achievement and ensure equitable access to enable all students to attain college and career readiness.

- ▶ *1.4 Develop a Multi-Tiered System of Support for all students.*

Goal Three: Provide a safe, welcoming, and respectful learning environment for every member of the school community while ensuring effective district-wide communication for students, staff, families, and community partners.

- ▶ *3.3: Increase regular two-way communication with stakeholders regarding student progress and other important issues.*



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Overview of Social Emotional Supports

- ▶ School Counselors
- ▶ School Psychologists
- ▶ Web-based Resources
- ▶ Referrals to Outside Agencies



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Overview of Social Emotional Supports

- ▶ Center for Human Services (CHS) Providers
 - ▶ Student Assistance Specialists
 - ▶ Intervention Center Specialists
 - ▶ Family Support Specialists
 - ▶ Mental Health Clinicians
- ▶ Stanislaus County Behavioral Health & Recovery Services (SCBHRS)
 - ▶ Substance Use Disorder (SUD) Counselors
 - ▶ Prevention and Early Intervention Clinicians



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Student Survey

- ▶ Purpose
- ▶ Grades 4-12
- ▶ Beginning, Middle, End of Year
- ▶ Delivered online via Schoology



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Beginning of Year - Survey Results Comparison

	September 2020-21 <i>N=15,821</i>	September 2021-22 <i>N=10,743</i>
<i>I know WHO to contact when feeling sad, stressed or depressed</i>	67%	81%
<i>I know HOW to contact someone when feeling sad, stressed or depressed</i>	69%	79%



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Beginning of Year - Survey Results Comparison

<i>I am aware my school has the following social emotional supports for students</i>	September 2020-21	September 2021-22
Administrator(s)	50%	59%
Teacher(s)	81%	82%
School Counselor(s)	77%	83%
School Psychologist	33%	45%
Student Assistance Specialist (SAS)	26%	38%
Mental Health Clinician	29%	39%
Referrals to Outside Agencies	21%	30%



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Survey Results Comparison

*Many students seek out social emotional support at school when they are feeling sad, stressed or depressed. If you **HAVE NOT** accessed social emotional supports at school, please let us know why.*

- I am not feeling sad, stressed or depressed 56% → **56%**
- I normally speak with my **parents** or **other family members** when feeling sad, stressed or depressed - 29% → **26%**
- I prefer to talk to my **friends** for support when feeling sad, stressed or depressed - 29% → **29%**



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Survey Results Comparison...cont'd.

Many students seek out social emotional support at school when they are feeling sad, stressed or depressed. If you HAVE NOT accessed social emotional supports at school, please let us know why.

- **I do not feel comfortable speaking with people I don't know when feeling sad, stressed or depressed - 1% → 10%**
- **I do not want other people to know I am feeling sad, stressed or depressed - 22% → 23%**



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Next Steps

- ▶ Seek student voice
 - ▶ How to better inform students about available services
 - ▶ How to help reduce barriers and stigma
- ▶ Ongoing education for students
 - ▶ Support staff and their roles
 - ▶ WHO and HOW to ask for help
- ▶ Social media and website promotion
- ▶ Follow-up surveys



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Questions



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