

Social Emotional Support Survey

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CELEBRATING 150 YEARS - 1871-2021
EVERY STUDENT MATTERS, EVERY MOMENT COUNTS



Purpose of Presentation

- ▶ Overview of social emotional supports for students
- ▶ Student survey data
- ▶ Share next steps



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District Goal Alignment

Goal One: Increase academic achievement and ensure equitable access to enable all students to attain college and career readiness.

- ▶ *1.4 Develop a Multi-Tiered System of Support for all students.*

Goal Three: Provide a safe, welcoming, and respectful learning environment for every member of the school community while ensuring effective district-wide communication for students, staff, families, and community partners.

- ▶ *3.3: Increase regular two-way communication with stakeholders regarding student progress and other important issues.*



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Overview of Social Emotional Supports

- ▶ School Counselors
- ▶ School Psychologists
- ▶ Web-based Resources
- ▶ Referrals to Outside Agencies



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Overview of Social Emotional Supports

- ▶ Center for Human Services (CHS) Providers
 - ▶ Student Assistance Specialists
 - ▶ Intervention Center Specialists
 - ▶ Family Support Specialists
 - ▶ Mental Health Clinicians
- ▶ Stanislaus County Behavioral Health & Recovery Services (SCBHRS)
 - ▶ Substance Use Disorder (SUD) Counselors
 - ▶ Prevention and Early Intervention Clinicians



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Student Survey

- ▶ Purpose
- ▶ Grades 4-12
- ▶ Beginning, Middle, End of Year
- ▶ Delivered online via Schoology



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Beginning of Year - Survey Results Comparison

	September 2020-21 N=15,821	September 2021-22 N=10,743
<i>I know WHO to contact when feeling sad, stressed or depressed</i>	67%	81%
<i>I know HOW to contact someone when feeling sad, stressed or depressed</i>	69%	79%



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Beginning of Year - Survey Results Comparison

<i>I am aware my school has the following social emotional supports for students</i>	September 2020-21	September 2021-22
Administrator(s)	50%	59%
Teacher(s)	81%	82%
School Counselor(s)	77%	83%
School Psychologist	33%	45%
Student Assistance Specialist (SAS)	26%	38%
Mental Health Clinician	29%	39%
Referrals to Outside Agencies	21%	30%



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Survey Results Comparison

*Many students seek out social emotional support at school when they are feeling sad, stressed or depressed. If you **HAVE NOT** accessed social emotional supports at school, please let us know why.*

- I am not feeling sad, stressed or depressed 56% → **56%**
- I normally speak with my **parents** or **other family members** when feeling sad, stressed or depressed - 29% → **26%**
- I prefer to talk to my **friends** for support when feeling sad, stressed or depressed - 29% → **29%**



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Survey Results Comparison...cont'd.

*Many students seek out social emotional support at school when they are feeling sad, stressed or depressed. If you **HAVE NOT** accessed social emotional supports at school, please let us know why.*

- **I do not feel comfortable** speaking with people I don't know when feeling sad, stressed or depressed - 1% → **10%**
- **I do not want other people to know** I am feeling sad, stressed or depressed - 22% → **23%**



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Next Steps

- ▶ Seek student voice
 - ▶ How to better inform students about available services
 - ▶ How to help reduce barriers and stigma
- ▶ Ongoing education for students
 - ▶ Support staff and their roles
 - ▶ WHO and HOW to ask for help
- ▶ Social media and website promotion
- ▶ Follow-up surveys



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Questions



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