

Memorandum

To: Board of Education
From: Lora Morn, Coordinating Nurse
Subject: Student Wellness Policy
Date: January 19, 2018

Over the course of the last several school years, a sub-committee of the Health and Safety District Advisory Committee has met to discuss proposed revisions Board Policy (BP) 5030 Student Wellness.

Background

The Child Nutrition and WIC Reauthorization Act of 2004 mandated that all local education agencies participating in a federal meal reimbursement program establish a Local Wellness Policy. The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) enhances the previous Local School Wellness Policy (LSWP) requirements, strengthening requirements for ongoing implementation, assessment, and public reporting of wellness policies. The California Department of Education requires school districts to review and update their Local School Wellness Policy for compliance with federal and state requirements. To this end, 42 USC 1758b requires specific stakeholders be permitted to participate in the development, implementation, and periodic review of the District's wellness policy, which can be done through the formation of a stakeholder committee.

The Health and Safety District Advisory Committee established an Ad Hoc committee comprised of staff, parents and community members in order to review BP 5030 and to propose a revised policy. The old policy was outdated, so it was decided to abandon the previous policy and develop a proposed new policy. The policy was written using the CSBA Sample Policy. Additionally, a key requirement is to include goals for student wellness. These are included in the attached Exhibit 5030 and were developed with input from the Ad Hoc committee:

Lora Morn RN	Coordinating School Nurse and Wellness Policy Coordinator
Susan Bronstein RN	School Nurse
Alyssa Ziman MD	Parent
Steve Reifman	Credentialed Elementary Teacher/Nationally Board Certified Teacher
Harriet Frazer	Parent
Elizabeth Powell	Director, Food Services
Rita Kachru MD	Parent
Larry Sacco	Community Member
Sean Allsot	(Former) Assistant Principal/Physical Education Teacher (secondary)
Melina Pervan	Parent
Evan Bartelheim	Director, Assessment, Research & Evaluation

Attached is a draft of the proposed BP and Exhibit 5030 Student Wellness.