

**District Advisory Committee  
Board of Education Annual Mid-Year Written Report  
2018-19**

**Health and Safety DISTRICT ADVISORY COMMITTEE**

**Administrator Co-chairperson:** Mark Kelly/Tara Brown

**Co-chairperson:** Stephanie Lewis

**Charges:**

- Focus on anxiety and depression, including screening and treatment in school-aged children
- Focus on best practices for handling outbreaks of communicable diseases
- Focus on drug and alcohol treatment and addiction awareness
- Focus on the Wellness Policy
- Focus on site emergency response to crisis situations
- Focus on any other issues, if directed by the board
- stress/pressure of academics, anxiety, low self-esteem, depression, and family issues

**Accomplishments to date:**

- *Focus on anxiety and depression, including screening and treatment in school-aged children*
  - Initial review of Youth Wellness Needs Assessment. Highest needs: stress/pressure of academics, anxiety, low self-esteem, depression, and family issues
  - Staff indicate more support needed to help students navigate mental health services
  - Mental Health training and support provided for Malibu community following fires
- *Focus on best practices for handling outbreaks of communicable diseases*
  - Guide for Managing Infectious Disease in School Setting presented to Senior Cabinet
- *Focus on drug and alcohol treatment and addiction awareness*
  - Review of Controlled Substance Board Policy planned for future
  - Collaborative classes at Olympic and SAMO High with SMPD and Youth Family Services Coordinator
- *Focus on the Wellness Policy*
  - Presentation to PTA council and Principals
  - Upcoming meetings will review goals in the policy and determine steps for implementation including resources needs and evaluation.
- *Focus on any other issues, if directed by the board*

**Highlight(s) to date of particular note:**

- Guest speaker Bertha Roman, Director of Education Technology re: input on Digital Learning Plan

**Budgetary Implications:** none at this time.

**Health and Safety DAC Members:**

Stephanie Lewis, MA, CCC-SLP, Chair

Mark Kelly/Tara Brown, Admin Co-Chair

Rita Kachru, MD

Lora Morn, RN

Pat Nolan, RN

Deborah Rothman

Cecilia Soto-Loftus  
Laila Taslimi  
Alyssa Ziman, MD  
Elizabeth Scharetg, MSW, MPH  
Shuli Lotan, LCSW, PPSC  
Deborah Novak  
Ralph Mechur, Board Liaison  
Richard Tahvildaran-Jesswein, Board Liaison

**Community Service Representatives:**

Ana Jarra, MPP, Youth and Family Services Coordinator, SMPD  
Suzanne Post, MS, Fire Safety Coordinator, SMFD