

PIEDMONT UNIFIED SCHOOL DISTRICT

Board Policy

Instruction

BP 6158.1

PHYSICAL EDUCATION INDEPENDENT STUDY PROGRAM

Physical education is an integral part of education in the Piedmont Unified School District. The physical education program, aligned to the 1994 State Physical Education Framework, helps students achieve:

1. Movement skills and knowledge.
2. Self-image and personal development.
3. Social development.

Students are required to participate in the physical education program at the K-5 and 6-8 grade levels and two years at the high school level. Students in district alternative education programs (Necessary Small High School) may have adjusted physical education programs identified specifically by each alternative program.

Physical education is a vital part of our school curriculum. All students, including those with exceptional athletic talents, are expected to participate in the school's physical education program. We find that students with superior skills benefit from the variety of social, physical, athletic and health related experiences provided in the physical education program.

The school district provides Physical Education Independent Study contracts for students ~~with rare and exceptional situations/athletic and physical abilities to engage in alternative pathways for which they can receive physical education credit towards graduation.~~ Such students are performing and competing at state, national, or international levels. This evidence of rank must originate with an officially recognized state, national, or international organization. This shall not originate from the coach, teacher, or sponsor of the local organization with which the student is associated. Groups that do not have an official ranking (i.e., dance, golf, martial arts, crew, horseback riding) need to bring proof of competition at a state, national, or international level or participation with a professional organization. The Piedmont Unified School District may request further documentation of the student's ranking. Approved Independent Study Physical Education activities will ensure that students complete and pass the fitness, skill, attitude, content, and participation standards of a balanced physical education programs as defined by the Physical Education Standards for California Schools.

~~This policy is adopted to address the needs of such students and their families.~~

Physical Education Independent Study Program

In accordance with Sections 1631 and 10060 of Title V (Administrative Code) and

Education Code Sections 51222 and 51241 it is the policy of the Piedmont Unified School District to allow qualified students to elect a substitute program for physical education and be given credit for that substitute activity to meet the physical education requirements for the grade level in which the student is enrolled. (Students who exercise the substitute program will not be guaranteed another class in lieu of physical education.)

Legal Reference:

EDUCATION CODE

44662(a) Evaluation and assessment guidelines

46145 Minimum semester course for grade 12; exceptions

51204 Course of study designed for pupil's needs

51210(f) Areas of study: health, including instruction in the principles of individual family and community health

51210(g) Areas of study: physical education

51220(d) Areas of study: high school physical education

51224 Prescribing courses for adult life

51241 Temporary or permanent exemption from physical education

CALIFORNIA CODE OF REGULATIONS, TITLE 5

1631 Credit for private instruction

10060 Criteria for physical education courses

Adopted: January 24, 1994
Revised: June 25, 1997
Revised: May 25, 2016