

# ADDRESSING STUDENT FOOD INSECURITY

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Governing Board Presentation

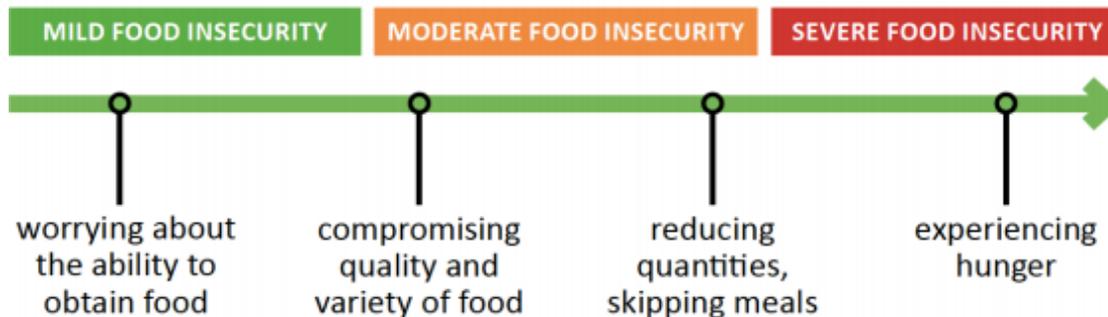
May 9, 2019

# Food Insecurity

The state of being without reliable access to a sufficient quantity of affordable, nutritious food.

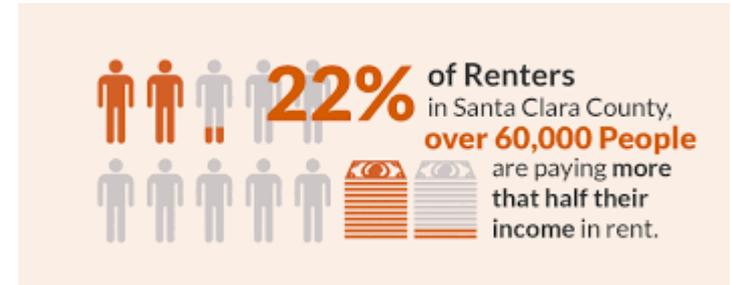
- 1 in 4 people qualify as food insecure in Silicon Valley
- 1 in 10 people in Santa Clara County receive assistance from Second Harvest Food Bank
- 1 in 3 families are receiving free and reduced meals in Silicon Valley
- 42% of the students in the Campbell Union School District receive free or reduced meals

## WHAT IS FOOD INSECURITY?



# Food Insecurity Causes

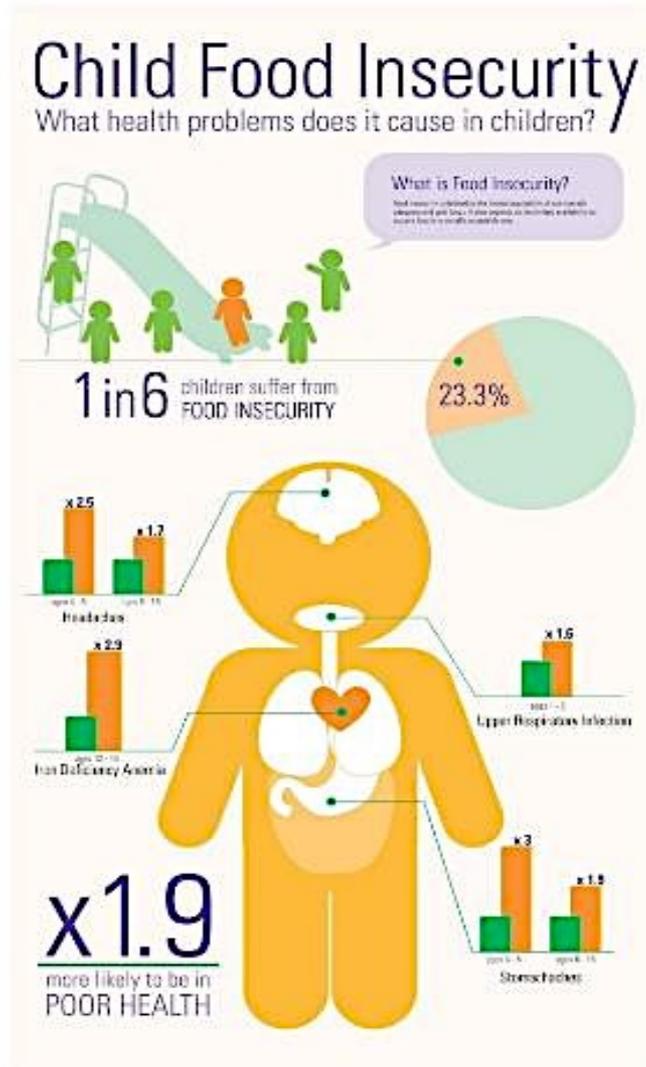
- 1 in 10 Bay Area residents earn too little to cover the cost of living, 62% earn too much to qualify for food stamps.
- Between 2009 & 2015, the inflation-adjusted average rent for an apartment jumped 32.2%, yet over that same time, adjusted median income for renters declined 2.8%.
- Our county's lowest-income renters spend 62% of income on rent; little is left for food, transportation, health care, other essentials
- When housing costs are considered, Santa Clara County's poverty rate rises from 7.9% to 16.2%.
- The typical maintenance worker in San Jose earns \$7,500 less than needed to meet basic needs, while service workers, including child care and personal trainers, came in \$10,000 short annually.



***“We call it the Silicon Valley paradox. As the economy gets better we seem to be serving more people.”***

*–Steve Brennan  
Marketing Director  
Second Harvest  
Food Bank*

# Food Insecurity Affects



Affects on our student population include:

- Poor nutrition
- Twice as likely to have poor health, including: obesity, chronic disease, diabetes
- 3x more likely to suffer depression, stress, anxiety
- Higher health care expenditures
- Higher risk of lower educational achievement

# How are we addressing food insecurity?

We are expanding the programs we offer to serve more meals in needy areas.

- SBP - School Breakfast Program
- NSLP - National School Lunch Program
- CACFP - Child and Adult Care Food Program  
(after school meals)
- SSFP - Seamless Summer Food Program

We continue to urge families to apply for free and reduced price meals, including direct certification every month.

# School Breakfast Program

- **Blackford Elementary:** Breakfast before school & second chance breakfast  
147 per day, increase of about 30 per day
- **Lynhaven Elementary:** Breakfast before school & second chance breakfast  
146 per day, increase of about 80 per day
- **Rosemary Elementary:** Breakfast in the Classroom  
274 per day, increase of more than 200 per day
- **Sherman Oaks Elementary:** Breakfast before school & second chance breakfast  
120 per day
- **Monroe Middle School:** Second Chance Breakfast  
157 per day
- **Rolling Hills Middle School:** Second Chance Breakfast  
120 per day

We have changed the way we serve breakfast in order to serve more students and support efforts to improve student achievement.

We hope to expand breakfast to Castlemont, Capri, and CSI

# National School Lunch Program

Lunch offered at all sites

- Approx. 2,700 lunches per day
- 76% of those are served to students qualified for free & reduced price meals

We combat negative health effects of processed foods through the following practices:

- Provide salad bars at all school sites
- Nearly all produce we purchase is considered local
- Make entrees with fewer processed food ingredients in our Central Kitchen
- Purchase minimally processed foods (when not made in our Central Kitchen)

# Child & Adult Care Food Program

Blackford Elementary: 92 per day

Castlemont Elementary: 66 per day

Lynhaven Elementary: 94 per day

Rosemary Elementary: 77 per day

Sherman Oaks Elementary: 95 per day

Monroe Middle School: 145 per day, increase of nearly 100  
students per day since we opened to all students on campus

NEW

Our goal is to expand “open feeding” (a.k.a. no charge) to all students on campus at all participating sites.

# Seamless Summer Food Program (SSFP)

Through SSFP, we serve free meals to all students enrolled in summer school and all children 18 years and younger from the community.

This summer we will be operating at:

- Castlemont Elementary
- Sherman Oaks Elementary
- Monroe Middle School

The Seamless Summer Program gives families who may be food insecure somewhere to go for nutritious meals during the summer months.