

**District Advisory Committee
Board of Education Annual End-of-Year Written Report
2018-19**

Health and Safety DISTRICT ADVISORY COMMITTEE

Administrator Co-chairperson: Tara Brown/Mark Kelly

Chairperson: Stephanie Lewis

2018-2019 Charges:

- Focus on anxiety and depression, including screening and treatment in school-aged children
- Focus on best practices for handling outbreaks of communicable diseases
- Focus on drug and alcohol treatment and addiction awareness
- Focus on the Wellness Policy
- Focus on site emergency response to crisis situations
- Focus on any other issues, if directed by the board

Accomplishments for the Year:

- *Focus on anxiety and depression, including screening and treatment in school-aged children*
 - Data from Youth Wellness Needs Assessment and California Healthy Kids surveyed analyzed and used to establish gap analysis of mental health services as well as recommendations to the Board (guided by Shuli Lotan and Liz Scharetg)
 - Shuli Lotan facilitated/coordinated mental health training and support regarding trauma responsiveness for Malibu post-fires in the Fall
 - Presentation from SAMO Wellness Advisory Group, a student advocacy group for social-emotional and physical well-being
 - Met with Olympic High Principal Anthony Fuller and Psychologist Shannon Brinkworth to learn of initiatives and hurdles/concerns with mental health issues on campus
 - Met with Malibu Boys and Girls Club for review of their established Wellness Center and delivery of services model
- *Focus on best practices for handling outbreaks of communicable diseases*
 - Lora Morn, with RN colleagues, completed handbook for best practices for handling communicable diseases
- *Focus on drug and alcohol treatment and addiction awareness*
 - Data from Youth Wellness Needs Assessment and California Healthy Kids surveyed analyzed and used to establish trends in drug and alcohol use as well as recommendations to the Board
- *Focus on the Wellness Policy*
 - New Wellness Policy Presented to PTA Councils and principals by Lora Morn
 - Met with Richard Marchini, Director Food and Nutrition Services to review specific aspects of Wellness Policy related to nutrition
- *Focus on any other issues, if directed by the board*
 - Presentation from Bertha Roman, Director of Technology regarding digital literacy and digital citizenship plan

Highlight(s) of Particular Note:

- The DAC completed an extensive review of data collected from the district's students, parents and teachers. This data was used for a special presentation to the Board, recommending proposed staffing and programmatic changes for a mental health master plan
- Discussion with Olympic High staff, Malibu Wellness Center and SAMO Wellness Advisory Group provided real-time evidence of the current students' needs, gaps in services and potential for creative models of delivering services

Possible Charges for 2019-20 (to be reviewed by co-chairs & board liaison(s) prior to coming to board for approval in the fall):

- (NEW) Focus on recommendations for development of mental health master plan, including screening and treatment of anxiety, depression, drug and alcohol use as well as educational components for these issues
- (AMENDED) Focus on identification of progress indicators for the Wellness Policy
- Focus on site emergency response to crisis situations
- (NEW) Focus on expansion and effectiveness of Restorative Justice program
- Focus on any other issues, if directed by the board

Budgetary Implications: review opportunities for additional teacher professional development regarding social emotional well-being and expansion of use of social work interns with the addition of 2 licensed mental health care professionals

Health and Safety DAC Members:

Stephanie Lewis, MA, CCC-SLP, Chair
Tara Brown, Mark Kelly, Admin Co-Chairs
Rita Kachru, MD
Lora Morn, RN
Pat Nolan, RN
Deborah Rothman
Cecilia Soto-Loftus, MPH
Laila Taslimi
Elizabeth Scharetg, MSW, MPH
Shuli Lotan, LCSW, PPSC
Deborah Novak, MS, RDN
Ralph Mechur, Board Liaison
Richard Tahvildaran-Jesswein, Boar Liaison

Community Service Representatives:

Ana Jarra, MPP, Youth and Family Services Coordinator, SMPD
Suzanne Post, MS, Fire Safety Coordinator, SMFD