

## WELLNESS EVENTS — IN JULY —

### MONDAYS

Weaving & Beading  
1:00pm-2:30pm Youth  
(K-18 yrs old)  
3:00pm-4:30pm Adults Only

### TUESDAYS

Weekly Themes  
1:00pm-2:30pm  
Explore Camp (K-18 yrs old)  
3:00pm-4:30pm Adults  
What's Cooking?

### WEDNESDAYS

Weekly Themes  
1:00pm-2:30pm  
Explore Camp (K-18 yrs old)  
3:00pm-4:30pm Adults  
Games

### THURSDAYS

Weekly Themes  
1:00pm-2:30pm  
Explore Camp (K-18 yrs old)  
3:00pm-4:30pm Adults  
Words & Art

**Hung-A-Lel-Ti Firehouse Wellness Center**

#### TRANSPORTATION

Call 694-1816 to request transportation.  
Designated pick-up spots at Library and Sierra Pines.



## Explore CAMP

Come and explore Antarctica,  
Asia, Australia, and Africa

*You are invited!*

For students K-6th gr.

**1:00-2:30pm daily\***

**July 2 & 3** Antarctica  
**July 9,10,11** Asia  
**July 16 & 17** Australia  
**July 23, 24, 25** Africa / \*On July 24th we will go to see the Lion King at Ironwood Theaters in Minden .  
*Departure & Return TBD*

**HUNG A LEL TI Firehouse—96 Washoe Blvd**  
RSVP to 530-694-1816,  
transportation available with advance notice.

Student's 7th grade thru high school who would like to volunteer and be a camp leader please RSVP with your name and phone number and you will be contacted prior to the start of camp on how you may help.



While at Explore, your child will be learning about the animals, culture and life styles of youth living in different regions of the world and how they compare to your child's life. Through stories, crafts, games, and food, the children will reflect on their lives and the lives of youth from other continents. We will also focus on the beliefs, personal strengths, feelings, and dreams of the youth in a fun and creative way.



Marina Hedwall has been an educator in the Carson Valley for approximately 20 years. She has worked with youth and families in a variety of ways serving the community. She has recently become an employee of the Suicide Prevention Network in Douglas County and will be partnering this summer with Alpine County BHS to offer Explore.



## Behavioral Health Services Staff

75-C Diamond Valley Rd., Markleeville, CA 96120  
Ph: (530) 694-1816 Fax: (530) 694-2387

**24-Hour Crisis Line: 1-800-318-8212**

**Gail St. James**, Director/Clinical Coordinator, 694-1322

**Amy Broadhurst**, MHSA Coordinator, 694-1320

**Bear Valley Office** 209-753-6129  
**Ceecee McPherson**, Clinician

**Crystal Pitts**, Clinician, 694-1326

**Dawn Riddle**, MHSA Program Specialist 721-1261

**Deb Goerlich**, Administrative Assistant, 694-1323

**Janet Stevens**, Clinician, 694-1324

**Melanie Smokey**, Native Wellness Advocate, 721-0204

**Michelle Kaner**, Administrative Assistant, 694- 1816

**Misty Dee**, AOD Program Specialist, 694-1319

**Nani Ellis**, BHS Coordinator, 694-1328

**Ron Dobyns**, Driver by appointment, 694-1816

**Teri McAlpin**, Administrative Assistant, 694-1325

## Community Partners

Alpine Kids: 694-2934

Choices for Children: 694-2129

Dial a Ride -Monday– Thursday: 694-9301

Diamond Valley School: 694-2238

First 5 Alpine: 694-1149

Health & Human Services: 694-2235

Hung-A-Lel-Ti Community Council: 694-2170

Hung-A-Lel-Ti Recreation Gym: 694-1090

Live Violence Free: 694-1853

Markleeville Library: 694-2120

Suicide Prevention Network: 775-783.1510

Tahoe Youth & Family Services: 694-9459

TANF Alpine: 694-2555

Woodfords Indian Education Center: 694-2964