

California Healthy Kids Survey 2018-19

Preliminary Analysis** (High need areas and potential issues)
20 Respondents – approximately 27% of the student population
Survey grades 5 and 7

This is a preliminary list of standout statistics that may need further attention and may be used for potential amendments to our LCAP. There were 10 elementary survey respondents (5th grade = ELEM) and 10 secondary survey respondents (7th grade = SEC) ****This is not a comprehensive analysis****

Preliminary analysis of the 2018-19 California Healthy Kids Survey results indicate that DVES students experience high academic motivation (88% ELEM, 73% SEC), high expectations from adults in school (88% ELEM, 83% SEC), and high parent involvement (72% ELEM) or caring adult relationships (80% SEC).

There are encouraging findings in the Social-Emotional domain. Students report high or very high levels of belief in themselves (80% ELEM, 71% SEC), high levels of empathy (73% ELEM) and emotional competence (71% SEC), as well as high levels of growth mindset (80% ELEM, 88% SEC). There is more room for growth in their sense of engaged living (47% ELEM, 67% SEC) and their perceived problem solving skills (60% ELEM, 50% SEC).

Students in both surveys rated school connectedness at about the same level – approximately 55% rated connectedness as high or very high (54% ELEM, 56% SEC). However, the percentage that perceive school as a safe environment showed a wider divide, with elementary students feeling safer than middle school students (60% ELEM, 40% SEC). And, while the surveys do not ask the same questions about bullying and harassment, this clearly remains an area for concern and action:

Elementary:

- 50% report being hit or pushed at school
- 80% report having mean rumors spread about them
- 70% report being called bad names or the target of mean jokes
- 10% report having seen a weapon at school

Secondary:

- 40% report experiencing any harassment or bullying
- 50% report having mean rumors spread about them
- 50% report having been in a physical fight at school
- 30% report having seen a weapon at school

Regarding substance use and mental health, 10% of both groups reported current alcohol or drug use. While this percentage may not be representative due to the small sample size, there were significant percentage of secondary students who perceived high risk behaviors as having slight or no risk: 20% said five or more drinks once or twice a week carried slight or no risk, and 50% said daily marijuana use posed slight or no risk, and 50% said vaping several times a day (100 puffs or more) carried slight or no risk.

Possible action to enhance school climate may focus on enhanced implementation of PBIS, with particular focus on student engagement, input and leadership. Students' strengths around belief in themselves and empathy/emotional competence, and growth mindset may be leveraged to enhance prevention efforts around alcohol, tobacco, marijuana and other drugs.