

**LA CAÑADA UNIFIED SCHOOL DISTRICT
REQUEST FOR APPROVAL OF SCHOOL SPONSORED ACTIVITY**

TO: Superintendent
FROM: Jason Sarceda
DATE: March 12, 2018

Activity Name and Destination: Seal Fit
Address: UC Santa Barbara - Manzanita Village
Date(s) of Activity: July 24-27, 2018
School(s): La Canada High
Number of Students Attending and Grade Level or Group: 90
Supervising Certificated Employee(s): N/A
How many administrators attending? 0 How many teachers attending? 0
Adult to Student Ratio: 1:9 Employee to Student Ratio: 1:25
How many substitutes? 0 How many days? 0 Charge Substitute to: N/A

Rationale for activity:

- A) Explain the educational value and relate to the instructional program or sponsoring organization and Policy 1100.

The objective is to foster unity, commitment, and a winning mentality. This is a critical follow up to the SEALFIT event as the team prepares for their first games in August. We need to be strong out of the gate. Please see attached for more details and liability forms.

- B) Explain impact on instructional time and justification for any time lost.
N/A

- C) Complete Itinerary: Please be specific and include detailed activity time periods for each day. (Attach additional page(s) if necessary.)

REQUEST FOR APPROVAL OF SCHOOL SPONSORED ACTIVITY

Destination/Date(s): UCSB Manzanita Village July 24-27, 2018

COMPLETE COST BREAKDOWN

<u>Complete Cost Breakdown Per Student</u>	<u>Amount</u>	<u>Group Cost</u>	<u>Amount</u>
Registration:	\$ 252.83	Registration	\$ 22755
Housing:	\$ 0	Housing	\$ 0
Transportation Method:	\$ 22.22	Transportation	\$ 2000
Miscellaneous Expenses:	\$ 26	Miscellaneous Expenses	\$ 2340
Meals:	\$ 0	Meals	\$ 0
Total Student Cost	\$ 301.05	Total Group Cost	\$ 27095

Source of Funds


Funding for this retreat will be provided through a registration fee paid by parents and the balance will be paid by the Spartan Football Foundation as a contribution to LCUSD.

How is financial assistance provided to students in need?

Paid for by Spartan Football Foundation

If this activity is not planned for all your students, what learning activities will be planned for the students or classes that remain in session? Please attach lesson plans.

N/A



Approved: Principal

March 12, 2018

Date

Approved: Superintendent or Designee

Date

The retreat will focus on becoming "one" and will encompass the following:

- Group dorm accommodations on the UCSB campus
- Group meals in the on campus dorm cafeteria (all meals)
- Daily training drills on the beach
- Team mountain hiking
- Team building exercise via three hour instructor guided ropes course (two sessions of three hours each)
- Specialized training drills by team position at large on campus training field
- Intensive group weight training sessions on UCSB campus to focus on boosting the strength class of team categories
- Daily instruction by Coach Sarceda and assistant coaches to entire team via film highlights and other media in large on campus theater (including video of the SEALFIT training event to remind them that they are capable of 20X more than they realize)
- Specialized training/instruction between Coach Sarceda and seniors on how to own the team and lead the team to victory
- Additional benefit is to welcome new members to the team, especially those who were not able to attend SEALFIT

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