

# BUSD Wellness Policy Table of Contents - DRAFT

It is suggested that the revised NEW Wellness Policy encompass what BUSD recognizes as critical to the whole student learning and growing: positive social, emotional, and physical health and the fundamental well-being of our students being college, career and personally ready as young adults.

## Introduction (Vision and Goals)

1. Nutrition
  - a. Food Program
  - b. ----
2. Cooking and Gardening
  - a. Beverage and Soda Policy
  - b. Water Policy
3. Physical Education and Physical Activity
4. Comprehensive Health Education
  - a. Sex Education
  - b. ----
5. Positive School Climate
  - a. PBIS
  - b. Welcoming Schools
  - c. Toolkit
  - d. ....
6. Physical School Environment
7. Access to and Coordination of Student Health Services
8. Staff Wellness
9. Assessment and Communication of Wellness Policy
  - i. Community and public involvement in Wellness Policy

- Each item above would have an introduction
- Each and all the components above would include compliance, regulations, standards specific curriculums adopted, guidelines, hyperlinks to practices and procedures etc. Brief and to the point.
- Each item above would identified the position and/or person that is responsible for ensuring district complies with policy
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